# ON THE MARK



THE NEWSLETTER FOR COACHES AND JUNIOR SHOOTERS  $\, \circledcirc \,$  SUMMER 2015



#### ON THE MARK

http://thecmp.org/communications/on-the-mark/

#### ON THE MARK Staff:

**DCM** Emeritus Gary Anderson Christine Elder Communications Manager Steve Cooper Marketing/Advertising Manager Ashley Brugnone CMP Writer/Editor

ON THE MARK is published quarterly by the Civilian Marksmanship Program. It is dedicated to disseminating news and information about junior shooting activities to leaders and coaches of junior shooting clubs, teams and camps. Its primary purpose is to help youth shooting leaders teach firearms safety and marksmanship more effectively.

Subscriptions: One free ON THE MARK subscription is provided to each junior club that is affiliated with the CMP, JROTC unit with a marksmanship program and 4-H Shooting Sports Club. Individual subscriptions to ON THE MARK are available at \$8.00 per year. To subscribe to ON THE MARK, contact: 419-635-2141, ext. 729 or email onthemark@TheCMP.org

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Editorial Submissions: To submit articles, editorial material or photographs for possible inclusion in ON THE MARK, contact: Ashley Brugnone, ON THE MARK Editor, P. O. Box 576, Port Clinton, OH 43452; fax 419-635-2573 or email abrugnone@TheCMP.org.

Junior Program Resources: To request information about CMP junior shooting programs, contact: CMP Programs, P. O. Box 576, Port Clinton, OH 43452; 419-635-2141 ext. 701 or email programs@TheCMP.org.

ON THE MARK Wants Your Input: We want your correspondence and opinions. ON THE MARK will dedicate space to publish letters from readers. Though we may not be able to publish them all, we will make every effort to provide comments that will be beneficial to the broadest audience. If there is a story you feel we should cover, notify us. Send your comments or questions to: Letters to the Editor, CMP Headquarters, P.O. Box 576, Port Clinton, OH 43452 or email your letters or comments to abrugnone@TheCMP.org.

The Civilian Marksmanship Program is a non-profit organization chartered by the U.S. Congress to promote marksmanship training and firearm safety, with a primary emphasis on youth. The CMP is authorized to receive and sell surplus government rifles and ammunition that are suitable for marksmanship. Proceeds from these sales are dedicated to CMP programs. CMP enabling legislation requires that its highest priority must be given to "activities that benefit firearms safety, training and competition for youth." ON THE MARK is a vital part of CMP efforts to fulfill its mission to serve and develop junior shooting in the United States.

Information about the CMP may be viewed on the CMP web site, www.thecmp.org or on the CMP online newsletter, The First Shot, at

http://thecmp.org/communications/the-first-shot/.

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## **Sighting Shots**



- CMP Monthly Matches. The Civilian Marksmanship Program invites you and your team to participate in the CMP's Monthly Matches. The matches will take place September, October and November at the CMP's North and South Competition Centers. The competitions will feature a Junior Air Rifle 3x20 and 3x10, a 60 Shots Air Rifle and Air Pistol match, and a 20 shot Novice Prone match. Rental equipment is available for the monthly matches for a small fee. For more information, visit http:// thecmp.org/air/cmp-competition-centerevent-matches/monthly-air-rifle-and-airpistol-matches/.
- 2015 CMP "Aces" Postal Competition. The CMP "Aces" Postal satellite match offers all junior and adult air rifle and air pistol shooters a program designed to encourage participation in the sport and test marksmanship skills nationally with their peers. The program consists of Air Rifle, Air Pistol, and Para-Air Rifle/Air Pistol events. For more information, please visit http://thecmp.org/air/cmp-aces-postal/.



Open Public Shooting. Shooters, including aspiring new shooters, adult and youth, who live in the Anniston, Alabama, and Port Clinton, Ohio, areas are invited to take advantage of the opportunity to do practice shooting at the CMP air gun ranges. Both 80-point, 10-meter air gun ranges are fully equipped with electronic targets that accommodate air rifle, air pistol or National Match Air Rifle shooting. Rental equipment is available for a small



- fee. Visit http://thecmp.org/air/cmpmarksmanship-centers/open-publicshooting/ for more info.
- CMP Paver Project. Become a permanent part of the CMP Talladega Marksmanship Park. Leave your legacy on one or more than three firing lines throughout the park with a personalized engraved granite paver.



**CMP Garand-Springfield-Military Master Instructor Training** Workshop. Experienced rifle marksmanship instructors and shooters who would like to receive advanced training and be certified as "Master Instructors" to teach CMPsanctioned Garand, Springfield and Vintage Military Rifle or Rimfire Sporter Clinics are invited to apply to attend a 2015 CMP Master Instructor Training Workshop. 2015 dates and locations is 26-27 September 2015, Camp Perry, OH. For more information or to register, please visit http://thecmp.org/trainingtech/gsm-rifle-master-clinics/ or contact Kim Filipiak at kfilipiak@thecmp.org or by phone 419-635-2141 ext 706.



On the Cover: High junior of the President's Rifle Match was Matthew Lovre of Jeannete, PA, with an exceptional aggregate score of 391-14x - a new National Record. He finished in eighth place overall.

# Monthly Match League Returns for 2015 Session, Cash Prizes Awarded

CAMP PERRY, OH;
ANNISTON, AL – The Civilian
Marksmanship Program
(CMP) will be holding the final
three Monthly Matches during
Fall 2015. There, shooters
will have the chance to be
ranked among Monthly Match
participants from across
the country for a chance
at monetary rewards and
bragging rights during the new
Monthly Match League.

The six Monthly
Matches are held at our
South Competition Center
in Anniston, AL, as well as
our newly renovated Gary
Anderson CMP Competition

Center in Camp Perry, OH. Staple events fired include a Junior 3x20, Junior 3x10, Novice Prone, 60 Shot Air Rifle Standing and 60 Shot Air Pistol.

During the League, all six matches will be combined and prizes will be awarded to the overall winners from both North and South, based on aggregate scores.

The last three Monthly Matches will be held: September 19 October 10 November 14

A running total of qualification scores will be recorded for shooters at both locations, with the top four scores for each participant used to determine the overall winners. Lowest scores will be dropped. Because the winners must have fired in four or more matches to be eligible, shooters are encouraged to sign up for as many Monthly Matches as possible for better odds at cash and donated prizes.

Eligible events for the Monthly Match League include:
Pistol 60 Shots (No PPP)
Rifle 60 Shots

Sporter 3x20
Precision 3x20



A money pool will be filled after each Monthly Match from \$2 of each shooter's entry fee. Consequentially, the more shooters who sign up for the matches, the larger the prize pool will be when prizes are awarded.

Along with cash prizes, the first three places in each category will receive a CMP plaque. Additional prizes will be given to fourth and fifth place overall winners.

Prizes include:

First Place – 30% of prize money Second Place – 25% of prize money Third Place – 20% of prize money Fourth Place – 15% of prize money Fifth – 10% of prize money

Awards will also be presented to the High Junior in Pistol and Rifle and the Most Improved competitor. These shooters will receive plaques by mail.

The CMP Competition Centers are equipped with 80 firing points with Megalink electronic targets. The Megalink targets allow for scores to be instantly displayed on small monitors for each shooter, as well as on large television screens for spectators to observe. Scores will be automatically uploaded to CMP's Competition Tracker website at http://ct.thecmp.org/app/v1/index.php for viewing.

For more on the Monthly Matches and registration info, visit http://thecmp.org/air/cmp-competition-center-event-matches/monthly-air-rifle-and-air-pistol-matches/.

# Juniors Prove Future of Marksmanship is Bright During 2015 National Matches

By Ashley Brugnone, CMP Writer

As part of our mission, the CMP is dedicated to teaching youth the fundamentals of marksmanship and gun safety. With growing participation in our numerous clinics and matches designed towards advancing their knowledge and celebrating their talents, juniors across the country have proven the future of marksmanship in the United States is undoubtedly progressing.

The following is a list of some of the exceptional juniors of the 2015 National Trophy Pistol and Rifle Matches who certainly deserve special recognition and praise.

High junior of the President's Rifle Match was Matthew Lovre, 18, of Jeannete, PA, with an exceptional aggregate score of 391-14x – a new National Record. After missing the President's Hundred last year by one point, Lovre did more than make up for that point lost by finishing this year in eighth place overall.

Lisa Emmert, 19, of Houghton, Mich., was the overall winner in the Junior President's Pistol Match and set a new record with her score of 374-8x.

Sam Kwon, 15, of New York, N.Y., was the overall winner of the Junior Individual Pistol Match with a score of 270-4x.



New Jersey State Jr. Gold team, consisting of Michael Soklaski and Nick Bova, was the National Junior Pistol Team Match leader.



Lisa Emmert was the overall winner in the Junior President's Pistol Match and set a new record with her score of 374-8x.

Winning the National Junior Pistol Team competition was New Jersey State Jr. Gold with a score of 523-7x. The two-member team consisted of Michael Soklaski, 18, of Ringoes, NJ (captain); and Nick Bova, 17, of Edison, NJ. The team was coached by Richard Bogath.

Gabe Rampy, 17, of Bremen, GA, was the high junior of the Garand Match with a score of 287-8x.

High junior of the Springfield Match was Joseph Albany, 20, of High Point, NC, who fired a score of 282-2x.

Sean Stuckey, 16, of Van Wert, OH, was the high junior of the Vintage Military Match, firing a score of 271-2x with his K31.

High junior of the Carbine Match was Mark Stout II, 17, of Waterford, MI, with a score of 362-5x. Stout set a new National Record with his performance.

Claiming the Golden Eagle Trophy as the highest ranking junior in the rifle National Trophy Individual Match was Forrest Greenwood, 19, of Ceres, CA, with a score of 484-16x. The talented young competitor finished in 33<sup>rd</sup> place out of 1,017 competitors.

Winning the National Junior Rifle Team match was the Pennsylvania Skragglies with a score of 954-25x. The team consisted of Matthew Lovre, 18, of Jeannette, PA, and Joseph Hendricks, 19, of Wexford, PA. Hendricks also fired the highest individual score during the match – 480-12x. Captain of the team is Dwight Briggs, and the team is coached by Ken Roxburgh.

Earning the Minuteman Trophy, for the highest ranking junior team in the National Trophy Team Match, was PRPA (Pennsylvania Rifle & Pistol Association) Junior #1, with a score of 2821-56x. Team members are Matthew Lovre (captain), Joseph Hendricks, Alexander Thomas, Kevin Kerin, Jack Graw and Wyatt Thomas. The team is coached by Ken Roxburgh.

The highest ranking junior team in the National Trophy Infantry Team

Match was Arizona Juniors with a score of 870 – leading over the second place team by nearly 70 points. Team members Zachery Clark, Jessica Fallenbeck, Kade Jackovich (captain), Morgan Langdon, Sarah Nguyen and Donnie Smith performed for the win. The team is coached by Thomas Kirby.

Jaren Nofzinger, 11, of Fremont, OH, won the Novice Prone Sporter Match – cleaning the phase with a score of 200-5x. The event is designed for young shooters aged 8-12 who are just beginning their shooting careers. Novice Prone introduces them to the exciting world of competitive shooting in a safe and fun way.

Robert Yarrito, 18, of Phoenix, AZ, shot a 520-6x to earn the spot as high junior during the 60 Shot Air Pistol Match.

The following individuals also received their
Distinguished Rifle Badges at the National Match awards ceremony: Ryan Hayes, 15, of Glendale, AZ (Badge #2225); Joseph Albany, Jr., 19, High Point, NC (Badge #2228); Luke Rettmer, 16, Ferndale, WA (Badge #2238); Robert McClain, 17, Walkersville, WV (Badge #2241);



Samuel Payne of Kingston, GA, was the match winner of the T-Class with an exceptional score of 599-46x. He was also the high junior, the high 4-H junior and set a new National Record.

Kade Jackovich, 16, Mesa, AZ (Badge #2245); Josh Hanrahan, 17, Green Bay, WI (Badge #2250).

Samuel Payne, 16, of Kingston, GA, was the match winner of the T-Class during the Rimfire Sporter Match, with an exceptional score of 599-46x. He was also the high junior, the high 4-H junior and set a new National Record with his score. Additionally, Payne was the second place finisher in the O-Class and the high 4-H junior, with a score of 583-23x.

High junior of the Tactical Class in the Rimfire Sporter Match was Brianna Toikkanen, 17, of Conneaut, OH. with a score of 563-24x.



The highest ranking junior team in the National Trophy Infantry Team Match was Arizona Juniors with a score of 870 – leading over the second place team by nearly 70 points.

## Pistol Opportunities for Juniors II

## **Pistol Opportunities for Juniors II**

By Gary Anderson, DCM Emeritus

Part I of this two-part article (On the Mark, Spring 2015) reviewed junior pistol opportunities in the USA and explained how classical bulls-eye pistol shooting best supports the development of junior pistol shooting and the young pistol shooters who want to follow the Olympic Path. That article made a strong appeal for more shooting clubs and teams to support junior pistol.

This
Part II article
examines what
new shooters
must learn and
the skills and
techniques they
must master to



Lydia Paterson, 18, of Kansas City, Missouri, is shown here competing in the 2015 Munich World Cup 10m Air Pistol Women Final where she won a 2016 Olympic Quota for the USA.

become successful pistol competitors. The questions to answer for beginning pistol shooters are which pistols are most appropriate, how to safely handle pistols on the shooting range, how pistols operate and, most certainly, what are the best and most effective pistol shooting techniques.

#### The Best Pistols for New Shooters

Juniors should start with air pistols, if possible, or with .22 rimfire pistols. Center-fire pistols are not appropriate for junior pistol instruction. Getting

interested juniors to try pistol shooting is greatly facilitated if clubs have loaner pistols for new shooters. The best pistols for beginning juniors have these features:

- Caliber. 4.5 mm compressed air pistols are best, although single stroke pneumatic pistols can also be used. .22 rimfire pistols can be semi-autos (recommended) or revolvers.
- **Sights.** Junior pistols must have metallic squarenotch rear sights and square-top post front sights. Rear sights must be adjustable for elevation and windage.
- **Weight.** The ideal weight is 800-850 grams (28-30 ounces).
- **Trigger.** Air pistols must have a minimum trigger weight of 500 grams (1.1 pounds). .22 rimfire pistols should have a minimum trigger weight of 2.0 pounds.
- **Grips.** Pistols used to instruct new shooters typically have symetrical grips without thumb and heel rests so they can be used by right or left-handed shooters. Pistols brought by individual juniors may have asymetrical grips with thumb and heel rests. These grips will need to be adjusted or fitted to the shooter's hand.

The Alpha Proj Competition PCP air pistol that weighs 880 g and has adjustable sights and trigger is ideal for beginning juniors. USA Shooting has a special discount agreement with Pyramid Air where this pistol may be purchased for around \$700. USAS also offers an extended payment plan that can be used to purchase pistols and other equipment needed for junior shooting programs. Check the USAS website at http://www.usashooting.org/membership/youth-programs/youthpistol for details on both programs.



The Walther LP400 Compact is one of the lighter weight high precision air pistols available from European manufacturers.

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Another excellent junior starter pistol is the Hämmerli AP20. This precision compressed air pistol comes with an excellent 500 g trigger and retails for around \$950. Its 870 g (31 oz.) weight makes it ideal for young shooters. Juniors or clubs with generous budgets may also consider the "compact" versions of Steyr, Walther or Feinwerkbau high performance air pistols that weigh 800 g to 900 g and are designed especially for juniors and women.

There are many .22 rimfire target pistols available both used and new, although most are on the heavy side for young shooters. The selection includes Ruger, Smith & Wesson and High Standard target pistols made in the USA plus a full array of imports from Pardini, Walther, Feinwerkbau and other manufacturers.

One of the great things about pistol shooting is that besides a suitable target pistol, additional special clothing and equipment are not required. The only additional items to take to the range are ammunition (training grade 4.5mm pellets or 22 rimfire standard velocity ammunition), a small screwdriver to adjust sights, hearing protection (ear plugs or ear muffs) and a small gun case or box for transporting the pistol to and from the range.

#### Right or Left Handed Shooting?

Every new shooter must decide whether to shoot right or left handed. Comparative arm strength and eye dominance are the deciding factors. Individuals who are naturally right or left handed usually develop greater arm and shoulder strength in their leading arm and in most cases should use that hand to hold the pistol. For a new shooter who cannot decide, doing an eye dominance check may help because aiming should, if possible, be done with the same eye as the arm that holds the pistol. A cross-dominant situation can also be solved by placing a strip of cardboard or translucent plastic in the headband or cap to block the non-aiming eye's view of the sights.

### **Gun and Range Safety**

Every new shooter experience must begin with safety training. Safety instruction does not need to be long or complicated, but it must emphasize the basic rules of gun safety and the mandatory use of safety flags. Safety rules to stress are:

1. **Muzzle Control.** When handling a pistol, the muzzle must always be pointed in a safe direction. If a pistol is carried outside of a case or pistol box, the



When handling a pistol on a target range, it is especially important to keep the pistol muzzle pointed downrange at all times.

muzzle should be pointed up or down. On the range, muzzles must always remain pointed downrange towards the targets. Developing muzzle awareness is especially important for new pistol shooters because short pistol barrels make them easier to unintentionally misdirect.

- 2. **Actions Open.** A second fundamental safety rule is that pistol actions must remain open at all times when pistols are present on shooting ranges. Pistol actions can be closed for dry firing or loading and firing only on an assigned firing point during preparation and shooting times or in a designated dry fire area. Pistols can only be loaded after the Range Officer gives the commands to LOAD and START for a sighting or match firing period. A pellet or cartridge may not contact the pistol until the LOAD command is given. When pistols are returned to secure storage in an armory or home, actions may be closed and firing pins released.
- 3. **Mandatory Use of Safety Flags.** To confirm and demonstrate that pistols are unloaded, safety flags must



Safety lines or CBIs (clear barrel indicators) that extend out of both ends of the barrel must be used as safety flags in air pistols. The pistol is a Hämmerli AP 20.

## Pistol Opportunities for Juniors II



Cleared semi-auto pistol with slide back, magazine removed, chamber empty and safety flag inserted.

remain inserted in pistols at all times when they are on a range. Safety flags may only be removed when a pistol is on an assigned firing point and the Range Officer has started a sighting or match firing time. A pistol cannot be removed from a firing point until a Range Officer confirms that its action is open, magazine removed (.22 rimfire) and safety flag inserted. Many clubs and ranges require that pistols be brought to the firing line in cases or pistol boxes that can only be opened after a Range Officer gives instructions to do so. Similarly, pistols must be returned to their cases or boxes in a cleared condition before they may be removed from the firing line.

4. Fingers Off of Triggers Until Aiming Starts. As an additional precaution against firing an unintended shot, pistol shooters should develop the habit of keeping their index fingers outside of the trigger guard and off of the trigger until the lift of the loaded pistol up to the target begins.

#### How to Clear, Load and Unload the Pistol

Before a new shooter can get started, he/she needs to know how to clear, load and unload the particular pistol that will be used. The basics for clearing, loading and unloading pistols are:

1. **Clearing the Pistol.** Pistols must be kept in a cleared condition anytime they are on a shooting range, except during authorized preparation and firing times. The first step in clearing or loading a pistol is to open its action. Air pistols typically have a lever or bolt that opens and closes the action. Lift or pull this device to open the

action. To open a .22 rimfire semi-auto pistol, pull the slide to the rear and lock it open. Clearing or unloading .22 rimfire semi-auto pistols also requires removing their magazines. The final step in clearing a pistol is to visually check the chamber or breech end of the barrel to be sure it is unloaded and then insert a safety flag to confirm its unloaded condition.

- 2. Loading the Pistol. Loading an air pistol is done by placing a pellet on the loading port or inserting it in the breech end of the barrel and closing the action. When .22 rimfire semi-auto pistols are first used by beginners, they should be fired by loading only one shot at a time (single-loading). In some pistols, the breech end of the barrel is exposed so that single loading can be done by inserting a cartridge in the chamber and releasing the bolt catch. For pistols where the chamber is not readily accessible, loading must be done from a magazine. Do this by placing one round only in the magazine, insert the magazine in the pistol and cycle or release the bolt to chamber the round. Semi-auto pistols are normally loaded from magazines containing five rounds, but this should not be attempted until the new shooter demonstrates a consistent ability to handle the pistol safely.
- 3. **Unloading the Pistol.** Unloading an air pistol presents a unique challenge because after a pellet is inserted in the barrel, it can only be removed by firing or pushing it out with a cleaning rod inserted in the muzzle. The proper method of unloading a pistol on a target range is to inform a Range Officer that there is an unloaded air pistol. The Range Officer should then bring a PDC (pellet discharge container) to the firing point and have the shooter fire the pistol into the PDC. Then the action can be opened and a safety flag inserted. Unload a rimfire semi-auto pistol by first removing the magazine, then opening the action and locking it open and lastly inserting a safety flag.

#### Pistol Stance and Grip

When shooters step to the firing line for dry or live firing, they must begin by preparing their stance and grip. The stance or body position and how the pistol is gripped provide the foundation upon which to perform proper shot technique.

The Pistol Stance. The body position must be balanced and relaxed and structured so that the body and arms provide optimal stability for the pistol and the strength endurance needed to fire a long series of accurate shots. An ideal pistol stance should feature

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## THE STANCE



A model pistol stance. The Athlete is GUO Wenjun, China, 2008 and 2010 Olympic gold medalist in 10m Air Pistol Women

these points (Each point corresponds to a number in the photo on the right.):

- 1. The feet and body are turned 85-90 degrees from the target.
- 2. The feet are spread shoulder width apart or slightly less.
- 3. The body is erect with a moderate bend to the left to counter-balance the weight of the outstretched arm with the pistol.
- 4. The left hand is anchored in a pocket or belt so that

the left hand, arm and shoulder can relax as much as possible.

- 5. The shoulders are turned slightly towards the target, but should remain level as the arm lifts the pistol up to the target.
- 6. The head is erect and relaxed as it turns to see the sights and target.

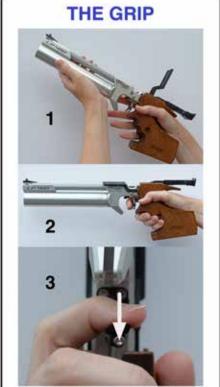
The Grip. The grip must facilitate pistol stability, free index finger interaction with the trigger and consistent recoil control. The features of an ideal grip are:

- 1. The pistol is seated in the V between the thumb and fingers. This is normally done by using the left hand to grasp the pistol and seat it in the right hand.
- 2. The wrist remains straight as the hand holds the pistol. The thumb is a straight-forward extension of the arm.
- 3. The weight of the pistol rests primarily on the middle finger. Grip pressure or tension between the three fingers on the grip and base of the thumb may be light or firm, but must always be the same.
- 4. The position of the index finger is especially critical. The first and second sections of the finger must

be able to move freely without contacting the grip. The point where the finger tip contacts the trigger must be selected so that trigger pressure is directly to the rear and not to the side.

### **Preparing** to Fire the **Pistol Shot**

The preparatory phase for firing a pistol shot starts with a coordinated arm lift and breathing cycle and culminates in aligning the sights. The diagram (to the right) shows

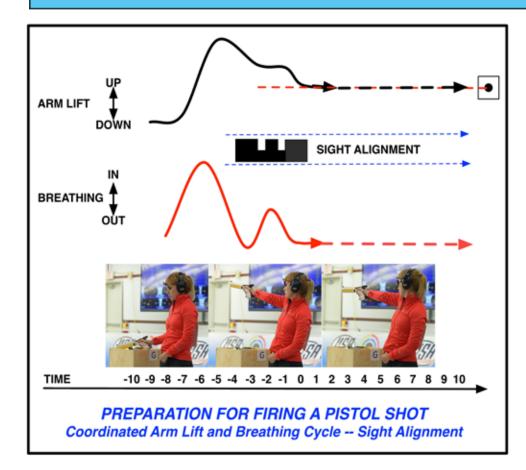


1. Seating the pistol in the hand. 2. The grip. 3. Finger position.

how these actions fit together. The diagram (page 10) shows the steps in the pistol arm lift. It should be noted that the shooting technique described in this article is a basic technique for firing precision or slow-fire shots. Pistol competitors who advance to events with rapid-fire stages will need to learn a quick arm lift directly to the aiming point. Here is a description of the actions involved in preparing to fire a precision pistol shot.

- 1. Cocking or Loading—Preparation. The pistol normally remains in the hand (grip) while resting on the bench or table between shots. Cocking for dry firing or loading is done with the left hand, which is then returned to its anchor position in or on a pocket or belt. This is followed by a short pause to relax and refocus (See Arm Lift, Step 1 on page 10.).
- 2. Pistol Lift and Breathing Cycle. Lifting the arm and pistol to the target and initiating the breathing cycle must be done simultaneously and in coordination with each other. This step begins by extending or straightening the arm and elbow (See Arm Lift, Step 2 on page 10). Then the athlete lifts the pistol up to a point above the target while simultaneously taking a deep breath by inhaling and exhaling (See Arm Lift, Step 3).

## Pistol Opportunities for Juniors II



The height of the arm lift may be quite high, as shown in the illustration, or it may lower, to a point only slightly above the target, but it must be the same for every shot.

- 3. Second Breath and Approach to Target. After exhaling the first deep breath, the athlete takes a second normal breath and lowers the pistol to the target (See Arm Lift, Step 4). While doing this, visual attention concentrates on the sights to align them. When the pistol is lowered and the sights are aligned, the athlete's index finger must also make contact with the trigger and begin to add pressure to it. The pistol with its aligned sights is then lowered to the aiming point to complete the sight picture (See Arm Lift, Step 5).
- 4. **Sight Alignment.** The sight alignment concept is simple; the front sight must be in the center of the rear sight notch with the top of the front sight aligned with the top of the rear sight. Maintaining precise sight



Pistol Sight Alignment

alignment during the firing of the shot is especially critical in pistol shooting. Pistol shooters must focus on the sights and not

**PISTOL ARM LIFT STEPS** Preparation, Focus, Relax Arm Extension Arm Lift with Deep Breath Lower Pistol to 2nd Level with 2nd Breath, Align Sights Exhale & Lower to Sight Picture

on the target because pistol accuracy depends more on maintaining precise alignment of the front and rear sights and not as much on maintaining a precise relationship between the front sight and bulls-eye.

### Firing the Pistol Shot

When the aligned sights are brought down onto the target, the third phase of firing a pistol shot that includes sight picture, holding and trigger control begins. In this phase, breathing has stopped, sight alignment transits into sight picture, pressure is added to the trigger and finally, the pistol's sight picture movements are stabilized within an arc of movement or hold area while additional pressure is applied to fire the shot. The diagram (on page 11) shows how these actions fit together.

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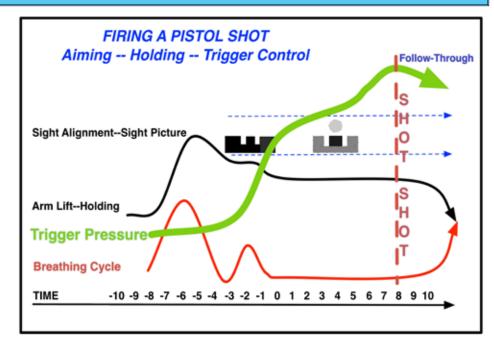
Here are descriptions of the actions involved in firing a pistol shot:

- 1. **Sight Picture.** The recommended sight picture for precision pistol shooting is to hold the aligned sights in the six o'clock position below the aiming black with a gap of white between the top of the front sight and the bottom of the bull (See Sight Picture Concept diagram below). The size of the gap between the front sight and bull depends upon how steady the pistol is held.
- 2. **Hold Area.** As soon as the new pistol athlete brings the aligned sights onto the target, one of the realities of pistol marksmanship becomes clear. The sights move over a large area in an arc of movement or hold. The

recommended sight picture is to hold this entire arc of movement below the bottom edge of the aiming bull. The aiming point for a perfect sight picture is the center point of this arc of movement. Especially for beginners, this hold area will be quite large, often larger than the white area between the bottom of the bull and the bottom of the target. The best sight picture for new pistol shooters is to try hold the aligned sights in the middle of that white area. Training, of course, will substantially reduce the size of the arc of movement. The illustration (bottom right) compares a beginner's hold area with that of a trained shooter and how the beginner's aiming point must be lower than that of the more experienced shooter.

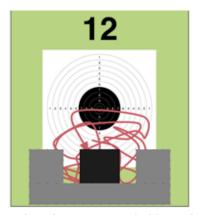
3. **Trigger Control.** The application of pressure on a pistol trigger must be absolutely smooth and gradual.

Pistol Sight Picture Concept: Primary focus is on front and rear sights; target will be slightly blurred Trigger pressure begins when the second breath is taken and the pistol's aligned sights are lowered to the target. Many pistol triggers have a first stage that must



be taken up when initial pressure is applied. Pressure continues to increase while the sight picture is stabilized over the aiming point. When the hold is stabilized and centered over the aiming point, final pressure is applied to the trigger to fire the shot. The "Firing a Pistol Shot" illustration (above) shows how trigger pressure must be applied during the firing of the shot.

4. **Follow-Through.** After the shot breaks, the athlete must perform two additional actions. Even beginning pistol shooters should attempt to call their shots by making mental snapshots of where the sights were when the shots broke. The athlete should try to say whether the sights were aligned and whether they were high, low, left or right. Calling the shot also ensures afterthe-shot follow-through where the athlete continues to focus on the sights until recoil begins.





Arc of movement or hold area for a beginning pistol shooter (left) and a more experienced shooter (right). Correct sight picture for each shooter is with the aiming point in the center of the hold area.

## Pistol Opportunities for Juniors II



### WHAT WAS YOUR GREATEST SUCCESS?

Ralf Schumann, Germany, three-time Olympic gold medalist in Rapid Fire Pistol and one of the world's all-time great pistol shooters, was asked this question. His answer can guide new pistol shooters in setting progressively more challenging goals for their shooting:

I can name many different successes. When I started, it was great just to hit somewhere on the target. Then success was shooting all my shots in the black. Later, success was keeping more and more shots in the middle of the target. Beginning to win matches was a great success. The most rewarding successes came in the most difficult competitions.

Then came the first medals in our national championships, then the European Championship, the World Championship and for sure my first Olympic gold medal.

### continued...

#### **Pistol Training Drills**

Firing accurate pistol shots requires 1) concentrating on sight alignment to minimize sight picture tremors, 2) centering the arc of movement over the aiming point and 3) smoothly pressing the trigger to fire the shot. Becoming a good pistol shot requires lots of practice to 1) reduce sight picture tremors and develop the ability to keep the sights precisely aligned, 2) developing the strength and strength endurance necessary to reduce hold movements and 3) perfecting the ability to coordinate the application of smooth pressure on the trigger while stabilizing the sight picture movements over the aiming point. Here are some basic training drills for doing this:

- 1. **Progressive Skill Development.** The developmental stages of the Progressive Position Pistol Program (PPP) offer alternatives for starting younger shooters who don't have the strength to hold the pistol on the target while standing with one arm. This program takes youthful beginners through three stages of development:
- a. **Basic Supported.** The athlete sits at a table or bench and rests the pistol on a sandbag support or the butt of the pistol on the table.
- b. **Standing Supported.** The athlete stands and fires the pistol while supporting it with a counterbalanced support stand.
- c. **International Standing.** In the most advanced stage in the PPP program, the athlete fires with the classical one-armed pistol stance. The objective of this program is to advance young athletes to this stage.
- 2. **Strength Building Exercises.** "Pistol Strength Training" exercises are described in Part I of this series. Strength building exercises are essential to build the hand, wrist, arm and shoulder strength needed for successful pistol marksmanship.
- 3. **Sight Alignment Drill.** This drill should be done while standing next to a plain, light colored wall or with a blank (reversed) target. Assume the stance and grip and go through the preparatory phase of lifting the pistol and aligning the sights. The objective is to try to hold the sights precisely aligned for 10-12 second repetitions.
- 4. **Holding Drill.** Holding drills are similar to sight alignment drills except that a target or aiming dot is used. Hold the aligned sights over the aiming point as steady as possible for 10-12 second repetitions.

- 5. **Dry Firing.** Dry firing is one of the most convenient and efficient ways to improve pistol skills because it can be done almost anywhere. Place an aiming bull on a wall and correctly repeat all of the steps involved in firing a shot. Most air pistols now have special dry fire mechanisms.
- 6. Live Fire Practice. No pistol training regimen can omit live fire training with either the air pistol or the .22 cal. rimfire pistol. During live firing drills, the athlete will initially fire groups of five or ten shots on a target and begin to adjust the sights in order to place further shot groups in the center of the target. After a few months of dedicated practice the new shooter will be able to advance to shooting 20, 30, 40 or even 60 shot courses of fire in training and ultimately in competitions.

Juniors who want to become active target pistol competitors must be motivated to work hard and persevere through the slow process of developing the skill and strength necessary to become a successful pistol shooter, but great opportunities abound for the young people.

#### About the Author

Gary Anderson, Director of Civilian Marksmanship Emeritus, retired as the full-time CMP Director at the close of 2009. He continues to work with CMP as the senior marksmanship instructor. During his remarkable career, he won two Olympic gold medals, seven World Championships and 16 National Championships. He is a Vice President of the International Shooting Sports Federation, the President of USA Shooting, a former Nebraska State Senator and was one of the two Olympic Games Technical Delegates for Shooting during the 2012 Olympic Games in London.

In June, 2012, the International Olympic Committee awarded Gary Anderson the IOC's highest honor, the Olympic Order, "for

outstanding services to the Olympic Movement."

In 2014, the CMP expanded their world-class air gun center at Camp Perry and renamed the facility the Gary Anderson CMP Competition Center, in honor of Anderson's contribution to the organization and the marksmanship community.



# Peterson, Palermo Lead at 2015 CMP 3P Air Rifle Championships

By Ashley Brugnone, CMP Writer



Gabriel Palermo of Freeport High School in Illinois earned the gold in the sporter competition.

ANNISTON, AL – The 3rd Annual CMP National Air Rifle Championship for sporter and precision three position air rifle was held June 23 and 26 at the Civilian Marksmanship Program's (CMP) South Competition Center in Anniston, AL. The event was conducted along with the National Junior Olympic 3PAR Championships and drew some of the most talented young marksmen in the country.

Samantha Peterson, 17, of the Minnesota Centershots, received the gold medal after jumping from third place to first in the final – finishing with an aggregate score of 695.6.

After her gun had malfunctioned earlier in the day and illness had set her back, she knew she had ground to cover if she wanted a place at the top of the podium.

"I wanted to go out there and shoot and do what I know how to do. I wanted to make my family happy back home," she said. "I just wanted to make them proud."

And she did. After her win, she called home to a crying and excited support team who shared in the joy of the moment.

"This is what I've been training for – this is what I've



Samantha Peterson of the Minnesota Centershots earned the gold medal during the CMP Three Position Air Rifle National Championship.

been working for, and it finally happened. I was on cloud nine," she said.

Meike Drewell, 16, of Buckhorn Shooting Club in Texas, also made a leap in the finals after going from fifth place to earn the silver medal with a score of 694.2. Coming in third for the bronze medal was Junior Olympic champion Sarah Sutton, 17, of the Black Swamp Jr. Rifle Club in Ohio, with her score of 694.

Winning the precision team competition was Hardcore 4 of Georgia, with a score of 2344-158x. The day before, the team set a new National Team Record of 2352-161x for junior club and overall at the Junior Olympic event. Members of the talented team are Mary Pratt, Rachel Kimbell, Dana Bowen and Dakota Spivey. The juniors are coached by Al Bowen.

#### **Top Three Precision Teams:**

- 1. Hardcore 4, GA 2344-158x
- 2. GCS Precision, GA 2341-166x
- 3. Black Swamp Jr. Rifle, OH 2339-156x

In sporter action, last year's champion Gabriel

Palermo, 18, of Freeport High School Black in Illinois, fired an aggregate score of 654.9 to earn the gold medal. A graduated senior, the match served as his last on the air rifle line. In the future, he plans to move on to the highpower range – trying his hand at largebore long range.

"This definitely isn't my last rodeo," he said. "Next time you'll be seeing me out on the Camp Perry thousand-yard range."

Colton Baumgardner, 18, of the S-Cubed from Washington, jumped from third to second place in the finals to claim the silver medal, with a score of 650.9. The impressive score was a continuation of an outstanding performance throughout the week, after setting a new junior club National Record in prone of 199-16x the day before.

Junior Olympic Champion Brian Hampton, 17, of Charlotte Rifle & Pistol Club in South Carolina, collected the third place position with his score of 648.8. Hampton went head-to-head with Palermo at last year's matches – receiving the same fate this year as he did then.

Team S-Cubed of Washington set a new junior club four member team 3x20 National Record with their score

of 2212-76x. Team members are Colon Baumgardner, Hailey Hahn, Austin McBride and Abigail Holt. The team is coached by LCDR David Goodman.

#### **Top Three Sporter Teams:**

- 1. S-Cubed, WA 2212-76x
- 2. Lebanon High School Team 1, OR 2194-86x
- 3. Zion Benton High School Gold, IL 2184-65x

Junior JROTC, 4-H and club team precision and sporter marksmen involved in the competition began their journey with the CMP Postal Competition in November, where CMP-issued targets were mailed into Headquarters in Ohio for official scoring. Top shooters in the Postal Competition were invited to compete in the Regional Championships in March and April, with the overall high individuals and teams from that match qualifying for the National Championship.

Larry and Brenda Potterfield donated a total of \$23,000 through generous MidwayUSA Foundation endowments to winning teams of the CMP National Championships – offering over \$270,000 in total throughout the three phases of the Air Rifle



Hardcore 4 of Georgia won the overall precision team competition. They also set a new National Team Record of 2352-161x for junior club and overall at the Junior Olympic Championships.

Championships. The MidwayUSA Foundation is a public charity that helps communities and organizations raise funds into their MidwayUSA Foundation account to support youth shooting teams and activities.

The CMP also provided additional monetary awards to winning teams and individuals as well as three \$1,000 Scholarship awarded to the Top Three graduating seniors of the match.

Congratulations to all winning teams and individuals! We hope to see you next year!

For a complete list of results, visit http://ct.thecmp. org/2015Nat3PAR.

Event photos can be found by logging on to http://cmp1.zenfolio.com/.



Nathan Brewer of Walla Walla High School in Washington and Sarah Sutton of the Black Swamp Jr. Rifle Club in Ohio earned USA Shooting jackets after tallying the high combined junior male and female scores from the Junior Olympic and CMP competitions.

## **Junior Olympic Recap:**

ANNISTON, AL – Sarah Sutton, 17, of Black Swamp Jr. Rifle Club in Ohio, gave an outstanding finals performance – jumping from seventh place to first for the win in the precision class.

Her combined score of 694.2 from her Junior Olympic Championship success and her third place finish in the CMP 3P air rifle event earned her a USA Shooting jacket – granting her a spot on the National Junior team for one year.

Coming in second was Nathan Brewer, 18, of Walla Walla High School JROTC in Washington, with a score of 693.9 He also earned a USA Shooting jacket of his own.

Kayla Gadeken, 17, of the 10X 4-H Club in Nebraska, took the third place position with a score of 693-44x.

Abigail Gordon, 15, of Granbury, TX, landed in fourth place and tied the National Record in kneeling with a score of 200-19x.

The top precision team overall, Hardcore 4 of Georgia, set a new National Team record of 2352-161x for junior club and overall. Team members are Mary Pratt, Rachel Kimbell, Dana Bowen and Dakota Spivey.

**Top Three Precision Teams:** 

- 1. Hardcore 4, GA 2352-161x
- 2. Young Guns, GA 2339-156x
- 3. Ashland Eagles, OH 2338-153x

Brian Hampton, 17, of Charlotte Rifle & Pistol Club in South Carolina, fired a devilishly outstanding score of 666.6 to become the sporter Junior Olympic Champion. He also set two new junior club National Records – one for his exceptional 3x20 score of 572-24x and his 3x20 plus final score of 666.6.

Gabriel Palermo, 18, of Freeport High School in Illinois earned the second place spot with his score of 656.6. Isaac Velez, 18, of Fountain Fort Carson High School in Colorado rounded out the top three with a score of 653 for bronze.

Additionally, Colton Baumgardner, 18, of the S-Cubed from Washington, set a new junior club National Record in prone with a score of 199-16x.

**Top Three Sporter Teams:** 

- 1. Zion Benton High School Gold, IL 2193-72x
- 2. Fountain Fort Carson High School, CO 2182-67x
- 3. Freeport High School, IL 2178-78x

## Junior Receives Warm Gift from Grandma to Always Remember Camp Perry

By Ashley Brugnone, CMP Writer

Year after year, competitors flock to the ranges of Camp Perry to take part in the National Trophy Rifle Matches & National CMP Games Events. After rolling pound upon pound of gear to the firing line, roasting in the sweltering July sun of Ohio, withstanding the blustering winds over Lake Erie and giving every ounce of effort to compete at the highest level of their potential, competitors receive the reward they had fought hard to earn - their National Match t-shirts.

Anyone who has ever attended the National Matches or

any CMP event knows just how popular and important the t-shirts are to competitors – it's the one souvenir that everyone can take with them to prove they were there.

Eric McDaniels, 20, of Grand Prairie, TX, and the Texas State Rifle Association Junior Team, also loves his t-shirts. He loves them so much that he still wears them on his back to this day – sometimes to bed, sometimes just laying on the couch and always more than one at a time.

No, he's not wearing layer upon layer of National Match shirts. He's just enjoying the extremely thoughtful gift his grandmother made to help him always remember his times at Camp Perry.

On Christmas morning in 2014, his grandma gave him a gift to open – one she had made herself. When Eric opened the box, within it was a blanket patched with pieces of his National Match t-shirts he had acquired over the years.

"Apparently some of my shirts had disappeared, but I didn't know they had disappeared until I got them put together on here," he said with a laugh.



Eric McDaniels (right) holds a blanket covered with patches of old t-shirts he's acquired during his many trips to the National Matches. The blanket was a gift from his very talented and thoughtful grandmother. Teammate James Chesley (left) assists.

This year was his 10<sup>th</sup> year at the National Matches – giving Grandma a lot of shirts to go through.

"I thought it was awesome," he said. "I've never seen a blanket like this. It reminds me of all of the times I've been up here."

The first few years, it was just Eric and his dad coming up to the Matches to shoot for fun – starting with Carbines, then growing to Garands and Springfields. After about five years of shooting, he and his family discovered Texas had a Service Rifle team, and he began shooting with them on top of the other events he already participated in.

Now, bringing his blanket along to National Matches, he can carry with him all of the matches he's shot in the past, while also keeping warm and talking with his teammates about the matches of the day.

As for his favorite patch, Eric can't really choose – each one is special to him in its own way.

But, with all of his favorite memories stitched together in one place, why choose when you can have them all?

## CMP Officially Dedicates Most Advanced Facility in the Country

By Ashley Brugnone, CMP Writer



TALLADEGA, AL – On June 5, 2015, a crowd of over 400 invited guests made the trek to the Civilian Marksmanship Program's (CMP) latest, \$20 million installment – the Talladega Marksmanship Park – to help officially mark its opening. With the park's variety of rifle, pistol and shotgun ranges containing state-of-the-art electronic targets and scoring systems, the invitees were able to explore the facility that has all of the components of being branded the most advanced marksmanship park in the country.

The Dedication Ceremony of the long anticipated 500-acre CMP Talladega Marksmanship Park took place on a breathtaking Alabama morning in front of the massive Park Club House entryway. CMP board members and local dignitaries were present for the occasion.

Chairman of the Board Ms. Judy Legerski served as emcee of the event. While at the podium, she described the history of the Civilian Marksmanship Program as well as why building Talladega was a necessary step for the



Left: Alabama's governor, Robert Bentley, flew in by helicopter to attend the ceremony and address the crowd. Right: Alabama congressman Mike Rogers also attended the ceremony and even fired a few shots downrange.



Guests to the Dedication were given the opportunity to fire in a One Shot Dedication Match. The winner of the event was the person who fired a shot closest to the "secret point" determined before the beginning of the match.

CMP and the future of marksmanship.

"An NCAA competitor working for us one summer said to me, 'Mrs. Legerski, where is the CMP's range?' I responded that we didn't have our own range. That young woman looked straight at me and said, 'You're the CMP and you don't have a range?'" Ms. Legerski explained. "I'd like to let her know now that we are the CMP and we do have a range."

Alabama Governor Robert Bentley literally flew in to the park for the ceremony – landing by helicopter on the 600-yard range. Gov. Bentley spoke of the importance of not only the facility's ability to offer a place where citizens can exercise their Constitutional right, but also its ability to serve as a venue to learn how to properly use it.

"It's such a beautiful facility out here. It really will attract a lot of visitors," he said. "Alabama is a state that loves the second amendment. We love firearms, and I think it's important not only to have the right to bear arms but the responsibility to bear arms . . . we need to train, especially our youth."

The governor is no stranger to firearms himself, earning marksmanship medals during his days in the Air Force in both rifle and pistol and personally owning a .223 rifle, as well as .380 and 9mm pistols – among others. He plans to come back and fire at the facility when he finally finds a free day.

Congressman Mike Rogers of the House of Representatives was also present during the event. Now representing Alabama's third district, he grew up in nearby Calhoun County – his family currently living only 20 minutes from the new park – and is familiar with all that the area has to offer. With the addition of the new Marksmanship Park, Rep. Rogers is excited to share the splendor of the area with those who will be visiting in the future.

"This is a great place. My son is already planning to come back," he said. "You won't find anything like this anywhere else. This really is a world-class facility. I think that people, not only from around the country, but from around the world, will make this place a destination.



Henry Donaldson, 58, of Gainesville, AL, was the winner of the one shot match. For his win, he received a M1 Special, presented by CMP's chief operating officer, Mark Johnson. Congratulations, Henry!

With all of these lush hills – it's really a beautiful place to come."

Once the range was officially dedicated, the spectators moved inside to the reception area of the Club House for a toast, given by CMP's chief operating officer Mark Johnson. Those within the large group were

treated to glasses of champagne and delicious mini cupcakes during the toast.

Afterwards, guests were free to snag a golf cart or walk on the many paved pathways to tour the grounds and were spoiled with fantastic hors d'oeuvres of shrimp, mini quiches, cheese, fruit and more.

A One Shot Dedication Match was also held on the 600-yard range, where participants were given the chance to fire one round at 200 yards on the modern electronic targets. A printout on specially designed CMP Talladega Dedication Day paper of the single shot was given to each individual so that he or she may always remember the first time shooting at the world-class facility at Talladega. Henry M. Donaldson from Gainesville, FL, was the shooter closest to the secret coordinates and won a Special M1 Garand.

On Saturday, a D-Day 71st Anniversary John C. Garand Match was fired as the commemorative event. To appeal to other marksmen, EIC Rifle, Pistol and .22 Rimfire Pistol Matches will be held on June 7, with shotgun opportunities available throughout the weekend.

For more information on the Talladega Marksmanship Park, visit http://thecmp.org/competitions/talladega-marksmanship-park/.

To view photos of the Dedication, visit http://cmp1.zenfolio.com.



#### **CALENDAR OF EVENTS**

The Calendar of Events is featured in every issue of On The Mark. If you would like your match or clinic listed, please contact the CMP at <a href="https://one.pub.com/one.co

#### 2015

#### September

5 Sept M1 Carbine Match Talladega, AL

12 Sept
Ohio Day at the Range and
Outdoor Adventures
Camp Perry, OH

18-20 Sept Advanced Maintenance Clinic Anniston, AL

19 Sept CMP Monthly Match Camp Perry, OH Anniston, AL

22-24 Sept Advanced Maintenance Clinic Anniston, AL

24-26 Sept
Midway USA Foundation's "Youth
Shooting Partners Conference"
Columbia, MO

25-26 Sept CMP-GCA Clinic Talladega, AL

26-27 Sept GSM Master Instructor Clinic Camp Perry, OH

#### October

2 Oct 2015 Ottawa County Career Showcase Camp Perry, OH

9-13 Oct CMP Western Games Phoenix, AZ

10 Oct CMP Monthly Match Camp Perry, OH CMP Monthly Match Anniston, AL



17 Oct
Alabama State Highpower Championship
Talladega, AL

14-18 Oct Western Creedmoor Cup Matches Phoenix, AZ

16-17 Oct 2015 Montgomery Bell Classic

#### November

6-7 Nov Area 3 Match Camp Perry, OH

14 Nov CMP Monthly Match Camp Perry, OH Anniston, AL

20-22 Nov **Dixie Double** Anniston, AL

#### December

4-5 Dec Gary Anderson Invitational Anniston, AL 5 Dec Gary Anderson Invitational Camp Perry, OH

4-6 Dec Advanced Maintenance Clinic Anniston, AL

8-13 Dec Talladega 600 Talladega, AL

8-10 Dec Advanced Maintenance Clinic Anniston, AL

#### 2016

#### January

9 Jan Alabama State Pistol JO Qualifier Anniston, AL

15-17 Jan Camp Perry Open Camp Perry, OH

# Dad and His Six Kids Fire First Competitive Event at 2015 Rimfire Sporter Match

By Ashley Brugnone, CMP Writer



The McChesney – Family Front, left to right: Judi, Julia, Heidi, Bria; Back, left to right: Sarah, Will, Cheri, Jimmy

The National Rimfire Sporter Match has always been a destination for families. Its challenging yet simple design is perfect for introducing kids and adults of all ages to the world of competitive shooting in a safe and fun environment, while also providing them with lasting memories they can share for a lifetime.

Enjoying their time together as a family, the McChesney girls (three of five shown here) were full of smiles. Left to right: Heidi, Judi and Bria

Will McChesney, 45, of Beaver Falls, PA, had never been involved in a real competitive shooting match before – and neither had any member of his whopping family of six kids he brought along with him to fire in the 2015 National Rimfire Sporter Match on Aug. 1 at Camp Perry.

Growing up,
Will used to shoot
groundhogs, birds
and other critters on
the farm he lived on
as a child. Pulverizing
vermin was about the
extent of his firearm
experience until he and
his wife, Sarah, bought
a handgun during the
Y2K scare and took it
out to his dad's farm in

New Galilee, PA. From there, shooting became a new hobby for the couple.

"At that point, my wife really began to enjoy shooting guns, so it started to be something we'd do for fun," he said.

Later on, when the Beaver Valley Rifle and Pistol Club in Pennsylvania was looking to expand its youth program, it recruited one of the McChesney daughters. As the club soon found out, the family does absolutely everything together, and recruiting one McChesney meant recruiting all.

Now, having been members of the club for almost two years and only competing in the CMP air rifle postal match, the McChesney bunch chose the 2015 National Rimfire Sporter Match as their first real travel match and their first taste of competitive shooting.

The days leading up to the match, the entire family, including Sarah, practiced

together to prepare themselves. But, with only a few weeks of training in, Sarah didn't feel she could shoot well enough to compete quite yet – despite Will's attempts to convince her. However, she still came along as their supporter and plans on hopefully competing next year.

As for the rest of the family (which took up two-thirds of the Beaver Valley junior team during the event), they each had a variety of experiences firing in their very first Rimfire Match.

"I think the nerves got me," Will said.

"Just the idea that this is an actual competition. Just wondering, 'Am I going to shoot the next person's target?' That kind of thing," he added with a smile. "But I enjoyed it."

Cheri, 17, the oldest of the group, said it was definitely different from the volleyball she's used to, but overall she had a good time and even managed to surprise herself.

"I liked it. It was worth doing," she said. "It was fun . . . I did better than I thought I would."  $\label{eq:liked} % \begin{center} \beg$ 

Jimmy, 14, the one and only son, normally likes to shoot animals more than targets, but he still enjoyed himself during the Rimfire Match.

"It was fun. It was nice that it was shady," said



Jimmy, the lone boy of the bunch, helped his sisters on the firing line and thoroughly enjoyed shade from the awning above.

James, speaking of the awning set up for the Rimfire competitors on the firing line.

Being the male figure of the siblings, he did what he could to help his sisters during the match –adjusting their slings and loading their magazines. But, he said they mostly know what they're doing on their own.

In fact, he was even beaten by his older sister, Judi – not only on the Rimfire line, but also at the air rifle range where James challenged her to a match using their non-dominant side, off the table.

"She squashed me," James said with a laugh.

"But not because he's bad," explained Will as he smiled. "She's just really good."



All of the six McChesney children fired side-by-side on the firing line during the Rimfire Sporter Match. From bottom right corner: Julia, Cheri, Bria, Judi, Heidi, Jimmy

Judi, 15, earned a bronze medal during the Rimfire Match and cleaned slow fire prone, despite admitting to being nervous. She managed to finish within the Top 100 out of over 200 competitors and in the Top 20 of the junior marksmen – not bad for her first Rimfire competition.

One of her younger sisters, Heidi, explained how Judi did so well by simply saying, "She doesn't need practice. She gets it in the bull's eye every time."

Heidi, 10, was also nervous about coming to the match – even having a few scary dreams about shooting before she arrived. Luckily, nothing from her dreams happened in real life.

"I did pretty bad, but I had a good time," she said.

Though her shooting experience wasn't everything she had hoped, there was one redeeming quality to making the trip to Camp Perry.

"I really liked the beach part of it," she said with a grin, talking about the public beach access on base.

Bria, 12, was one of the kids that took a little more persuading than the others to compete in the event. She admits that she's never really been a fan of shooting, partly from being discouraged with herself on the first day.

"It just doesn't suit me," she said with honesty.

But, the great sister that she is, she still found the courage to stand on the firing line next to the rest of her family. And, for her efforts, she was rewarded with some peanut buttery, caramelly ice cream for being a good sport.

"A few of the kids needed a little coaxing to come here," said Will.

"They got a lot of ice cream," he added as he laughed.

The youngest of the McChesney brood is Julia, 8, who shot tactical because it was the only gun they could make small enough for her to hold. Though the tiniest of the bunch, she was the mightiest coming into the match.

"I wasn't nervous," she said confidently.

She went on to say that her favorite position of the event was standing rapid fire – usually one of the most challenging for competitors. But, for Julia, her practice paid off during the match.

"It used to be pretty hard, but today I got two bull's eyes on fast standing," she said.

With all nine of the Beaver Valley Junior Rifle team members beside each other on the firing line, they had the opportunity to cheer on one another during the event. As for Will, he was excited to be able to watch his whole family at once.

"My one daughter was here, another one right there, another one right there – to be able to see the whole group and see how they're doing . . . being able to go up to them to see how they did, it was a lot of fun," he said.

"I think it's a great thing to be promoting this to the youth, because if you don't, then they're going to grow up being scared of guns . . . This is a very valuable thing, to do this for the youth," he added. "I really enjoyed it. I'd like to come back."

With a lifetime of memories from their first trip to Nationals, the kids also showed interest in coming back to Camp Perry to make even more – that is, as long as they have permission from their mom and ice cream is involved.



Representing the age spectrum of the McChesney family: oldest, Cheri (left), and youngest, Julia (right)

## **Junior Distinguished Badge Program**

The National Three-Position Air Rifle Council established the Junior Excellence-In-Competition Award Program to provide incentives for junior three-position air rifle competitors to improve and excel.

This program awards prestigious badges of distinction to the most outstanding junior shooters. Junior shooters earn EIC credit points by placing in designated competitions in accordance with the requirements of this program.

The Junior Distinguished Badge is awarded to school-age junior three-position air rifle shooters who attain a series of high rankings in designated major junior air rifle championships that include the State Junior Olympic Qualifiers, CMP Cup Matches, National Junior Olympic Championships and other National Council Three-Position Air Rifle Championships.

Congratulations to the juniors listed here who recently earned their badges. ON THE MARK will recognize all juniors who achieve this outstanding goal in each issue.

For more program info, log onto http://thecmp.org/air/junior-distinguished-badge/ or email CMP Competitions at 3PAR@TheCMP.org.



Badge #	Name	Hometown
#866	Jose Arres	East Aurora, IL
#867	Jesse Bradley	Rutherfordton, NC
#868	Danielle Louie	Selma, CA
#869	Nathan Brewer	Walla Walla, WA
#870	Haley Castillo	Albuquerque, NM
#871	Daniel Enger	Walla Walla, WA
#872	Jonathan Satterfield	Dallastown, PA
#873	Cierra Terrizzi	San Diego, CA
#874	Melissa Espinoza	El Paso, TX
#875	Marcus Stallings	Fort Mill, SC
#876	Macey Tucker	Madison, NC
#877	Christian George	Charlotte, NC
#878	Annabelle Stanec	Wadsworth, OH
#879	Jason Migliori	Middletown, NY
#880	Hunter Ferguson	Fort Mill, SC
#881	Jose Garza	Lubbock, TX
#882	Kaya Hauser	Ozark, MO
#883	Caelyn Miller	APO, AP
#884	Crystal Barrera	El Paso, TX
#885	Josiah Custer	Ozark, MO
#886	Mystique Roux	New Albany, IN
#887	Jimmy Ellefson	Des Moin, ÍA
#888	Jesse Harris	Stockbridge, GA
#889	Kade Jackovich	Mesa, AZ
#890	Michael Langdon	Lebanon, OR
#891	Chelsea Larsen	Newnan, GA
#892	Lauren Phillips	Lincoln, AR
#893	Sabrina Keenan	Walla Walla, WA

Badge #	Name
#894	Colton Baumgardn
#895	Hunter Burnett
#896	Jacob Gue
#897	Caleb Lloyd
#898	Molly McGhin
#899	Jonáh Nabinger
#900	Brandon Oerman

Hometown er Oak Harbor, WA Gulfport, MS Aiken, SC Seven Valley, PA Griffin, GA Daleville, AL Graniteville, SC



### Want to Earn YOUR Junior **Distinguished Air Rifle Badge?**

Visit http://thecmp.org/air/junior-distinguished-badge/ or contact the CMP by calling (419) 635-2141, ext. 702.



Throughout its history, the CMP has prepared an ever-growing number of shooters with firearm safety and marksmanship skills through its programs, clinics and other events. With the hope to spread the promotion of marksmanship and shooting sports, other organizations have joined CMP in its efforts by creating their own hometown clubs. Whenever possible, we recognize these clubs and their achievements in our publications. If you would like your club recognized, please email photos, captions and a short article to abrugnone@thecmp.org.

# TSRA Gold Makes Texans Proud With Exceptional Performances at 2015 National Matches

CAMP PERRY, Ohio – The Texas State Rifle Association (TSRA) Team Gold earned the prestigious civilian honors of the National Trophy Infantry Team (NTIT) match and the National Trophy Team (NTT) match during the 2015 National Trophy Rifle Matches at historic Camp Perry, Ohio, after impressive performances from each gifted individual.

A feat of this magnitude hasn't been repeated by a team from the state of Texas since 1964 – making this year's trip to the World Series of Shooting even more memorable. For leading the civilians in the NTIT, the team received the coveted Leatherneck Trophy. TSRA Gold also won the Soldier of Marathon Trophy for the second consecutive year after winning the NTT.

In the NTIT, the team overtook the Leatherneck Trophy by firing a score of 1191 – a total of 170 points more than the next leading civilian team. With their outstanding score, the team also placed second overall behind the winning U.S. Marine Corps team and one place above the extremely talented U.S. Army Marksmanship Unit.

Members of the TSRA team were John Hefner, Kyle Hoelscher, Tony Miller, Hugh Reich, Randall Scheibel and Keith Stephens. The team was coached by David Wilson, and Justin Utley served as captain.

During the NTT, the TSRA team of Lee Eldridge, Reich, Hoelscher, Stephens, Utley and Scheibel also claimed second place after firing an aggregate score of 2900-76x. Again sandwiched between two military teams, TSRA came just shy of beating the overall U.S. Army Marksmanship Unit and narrowly defeated the All Guard team (by two points). Miller served as captain, while Wilson led as coach.

Congratulations to the TSRA Gold on a fantastic showing at Nationals.



## CMP Welcomes Our Newly-Affiliated Clubs

The CMP welcomes clubs and associations to affiliate with us to help develop firearm safety and marksmanship skills. See our clubs page on the Web for more information about the benefits of club affiliation at <a href="http://thecmp.org/clubs/">http://thecmp.org/clubs/</a>.

Osceola County Veterans Council, Kissimmee, FL LaCrosse Rifle Club, LaCrosse, WI Dunnellon High School AFJROTC, Dunnellon, FL X Shots Shooting Club, Honolulu, HI Hereford Gun Club, Hereford, PA BSA Troop 392, Indianapolis, IN Buffalo/Pepin Co 4-H Shooting Sports, Durand, WI

Lake Worth AFJROTC, Lake Worth, FL Extreme Military Challenge Summer Camp, Rockville, MD

Robert Vela HS Army JROTC, Edinburg, TX Venture Crew 039, Louisville, KY

Bridge II Sports, Durham, NC

WA National Guard Biathlon, Fairfield, WA

The Campfire Club of America, Chappaqua, NY Mecklenburg County Council BSA, Charlotte, NC

Marshall County 4-H Shooting Sports, Moundsville, WV

Walker County Council BSA, Huntsville, TX

Richmond 4-H Shooting Sports, Janesville, CA



Venture Crew 308, Paris, TN
Camp Kilowan, Dallas, OR
South Port Gun CLub Inc, Kenosha, WI
The Hartford Gun Club Inc, East Granby, CT



Michigan Technological University, Houghton, MI Triple S&E 4-H Club, Corona, AZ Breaux Bridge HS Army JROTC, Breaux Bridge, LA McMullen 4-H Shooting Sports, Tilden, TX Coffee County 4-H Club, Douglas, GA **Vigo County 4-H Shooting Sports,** Terre Haute, IN **Great Smoky Mountain Council** #557 Boy Scouts of America, Knoxville, TN **Richmond 4-H Shooting Sports**, Janesville, CA Venture Crew 308, Paris, TN



## 2015 Western CMP Games

PHOENIX, Ariz. - The 12th Annual Western Civilian Marksmanship Program (CMP) Games and Creedmoor Cup Matches will return to the Ben Avery Shooting Facility Oct. 9-18, 2015, to a growing crowd of enthusiastic competitors. New and experienced marksmen alike are welcome to participate in these recreation-oriented, national-level competitions.

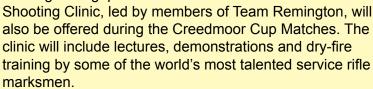
Popular CMP Games events being featured during the Western Games include the Garand, Springfield, Vintage Military, Modern Military, Rimfire Sporter, Carbine and Vintage Sniper matches. A CMP Games Match Clinic will also be held to give competitors a more in-depth look at these challenging events.

A rifle Small Arms Firing School will also be making a return for the third consecutive year. The school is designed to help beginners learn the fundamentals of marksmanship and competition shooting, as well as to further the knowledge of experienced marksmen. Participants are teamed up with experienced CMP Rifle Master Instructors for on-the-line training and instruction, with rifles and ammunition provided.

For those interested in purchasing a few CMP items before hitting the firing line, a sales tent will be on hand all four days of the Western Games. Each day will end with a casual reception and an opportunity for fellowship with other competitors and CMP staff members.

The Creedmoor Cup Matches will include a 4-Man Team Match, High Power Rifle Clinic, Creedmoor EIC Match and the Creedmoor Cup Match. The Creedmoor Cup Matches will begin on Oct. 14 and conclude on Oct. 18.

A special two-day Remington Highpower



For registration and other information on the Creedmoor Cup Matches, visit www.CreedmoorSports.

Join us for a week of competition, new experiences and fun! More information about the Western CMP Games and Creedmoor Cup Matches and registration forms can be found by visiting http://thecmp.org/ competitions/cmp-travel-games/western-games/.



The 2015-2016 JROTC Postal Competition will officially open on Oct. 1, 2015, for young cadets in the Army, Navy, Marine Corps and Air Force JROTC programs. A month later, the CMP Three Position National Postal Championship will open on Nov. 1, 2015, for any junior shooter involved in 4-H, Scouts, American Legion, club or JROTC air rifle programs.

These competitions are designed for those juniors interested in testing their three-position skills against some of the top shooters in the country – from the convenience of their home ranges.

Registered shooters in each competition will receive official CMP targets by mail to fire record shots upon at each of the three positions: prone, standing and kneeling. Targets will then be mailed back to CMP for scoring. The top shooters of the Postal competition will qualify for the Regional Championships, to be held in Camp Perry, OH; Anniston, AL; and a Western location. A National Championship will conclude each event.

As in years past, CMP staff members will verify scores using the Orion Visual Image Scoring system.

Results will

be posted within Competition Tracker for teams and individuals to check during the postal season.

To reward the hard work of dedicated junior athletes and coaches, the CMP administers monetary prizes towards teams who qualify for the Regional events. Additionally, Larry and Brenda Potterfield of MidwayUSA generously provide incredible donations to our gifted young marksmen.



# MP EVENTS

## Inaugural Talladega 600 Matches



TALLADEGA, Ala. – The Civilian Marksmanship Program (CMP) is thrilled to announce the completion of plans on the next big southern event – the Talladega 600. The match is set to begin Tuesday, Dec. 8, 2015, and concludes Sunday, Dec. 13, at CMP's new Talladega Marksmanship Park. The event schedule has been designed to appeal to rifle, pistol and shotgun enthusiasts alike in order to provide an even wider variety of marksmanship opportunities to competitors from around the country.

Events to be fired at the Talladega 600 include popular CMP Games Matches, such as the Garand, Springfield and Vintage Military Matches, as well as the Vintage Sniper, Carbine and Rimfire Matches. Additionally, versions of prestigious National Trophy Matches, like the Congressional 30 (with the same Course of Fire as the President's 100 Match) and the Dixie Double Highpower Match (mirrored off of the Hearst Doubles Match), will also be held to challenge talented individuals of all ages.

Informational clinics, including the GSM Master Instructor Course and a Small Arms Firing School (which features an M16 EIC Match) will be conducted in the opening days of the Talladega 600 – offering an educational experience for new and advanced marksmen.

Favored pistol events, such as the .22 Rimfire EIC, As-Issued 1911 and Military & Police Matches, will

also be fired in Talladega. For those wanting to indulge in the shotgun world, a Sporting Clays Shoot and a 5 Stand Shoot is scheduled as well.

The new CMP Talladega Marksmanship Park is one of the most advanced outdoor facilities in the world – unlike any other. Boasting the latest technological advances in the realm of marksmanship, it is a must-see destination for firearm supporters across the country. The park is open to the public, year round, offering many opportunities to marksmen of all ages.

Each firing point of the 500-acre facility is equipped with a state-of-the-art, KTS electronic target and scoring monitor. Located beside the shooter on the firing line, each monitor allows the competitor to see what he or she fired in a matter of seconds.

For those not competing but wanting to stay in the action, monitors within the 13,000 square feet of the Garand Clubhouse will display scores from the matches held outside, as they are being fired – creating a more spectator-friendly atmosphere for all visitors. Scores will also be viewable online through the CMP's Competition Tracker.

Join us for the inaugural Talladega 600 at the country's most advanced marksmanship park!

For more information on the event, including Registration and a complete match schedule, visit http://thecmp.org/competitions/talladega-marksmanship-park/.

# CMP Awards \$173,000 in Scholarships for 2015-2016 Year

By Ashley Brugnone, CMP Writer

CAMP PERRY, OH – The Civilian Marksmanship Program (CMP) has donated over \$170,000 towards outstanding junior marksmen through its CMP Scholarship Program to be used for the 2015-2016 term. A total of 256 applications were received, with 173 awarded – even more than last year's record-breaking interest.

"The Scholarship Committee had a hard job this year. We had more applications than ever, and the applicants were outstanding this year," said Dana Lynd, assistant programs chief. "I personally loved seeing so many applicants continuing their shooting careers in college and setting huge shooting goals to achieve."

In April, CMP board members and staff carefully sorted through boxes upon boxes of CMP scholarship applications to determine which young scholar marksmen would receive CMP support for the coming academic year. After considerate review, well over half of its scholarship applicants proved to be remarkable individuals.

The \$1,000 CMP Scholarships are available to graduating high school JROTC, 4-H and other junior shooting club members. Scholarship applications are

only accepted if the applicant is a U.S. citizen, shows good moral character, is a contributing member to society and is a scholar marksman.

Besides submitting fully completed applications, which are essential in the process, the CMP also looks for juniors who are not only successful marksmen, but also overall outstanding citizens.

The CMP is dedicated to its commitment to youth programs and furthering the education of the successful young adults involved within them. Through these scholarships, the CMP is able to uphold one its missions of awarding those who present exceptional talent, motivation and determination within the field of marksmanship.

All junior marksmen are encouraged to stay focused on their academic careers as well as in becoming involved with their communities and other positive extra curricular activities. The CMP is proud to provide support to junior marksmen in their continuing education and helping to shape their fulfilling futures.

To review all of the selected applicants, click on the 2015 Scholarship Winners link at http://thecmp.org/communications/cmp-scholarship-program/.



# Parting Shots: Photos from Recent CMP Events & Competitions

Junior shooters left their mark on several recent CMP events including CMP 3P Air Rifle Nationals and the National Pistol & Rifle Matches.







A mix of emotions and facial expressions can be found on the firing line during the CMP Three Position and Junior Olympic National Championships.



Air rifle and pistol matches held during National Matches hosted a total of 440 entries in the world-class air gun range.



The Pistol Small Arms Firing School saw nearly 280 competitors in the M9 EIC Match held during the course.



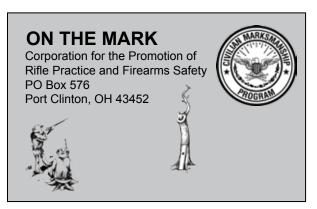
The National Matches offers a variety of air gun opportunities for all ages, including Open Public Nights.







Over 300 competitors took the firing line during the 2015 Rimfire Sporter Match. Junior boys and girls of all ages brought their .22 rifles to the event to get a taste of the competitive shooting world while also having some fun along the way.



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National Match Junior Achievements......4



CMP 3P Air Rifle Nationals Results......14



## IN THIS ISSUE

Sighting Shots	2
Monthly Match League	3
National Match Junior Achievements	4
Pistol Opportunities for Juniors II	6
CMP 3P/JO National Results	14
National Match Blanket Story	17
Talladega Dedication Weekend	18
Calendar of Events	21
Rimfire Family Story	22
Junior Distinguished Badges	25
Clubs Corner	26
Newly-Affiliated CMP Clubs	27
Upcoming CMP Events Details	28
CMP Scholarship Winners	30
Parting Shots	31



Talladega Dedication Weekend......18



Rimfire Family Story.....22