

ON THE MARK

THE NEWSLETTER FOR COACHES AND JUNIOR MARKSMEN © MAY 2009



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7th National JROTC Air Rifle Championship

By Sommer Wood, CMP Program Manager

The 2009 JROTC marksmanship competition season concluded on 27-28 March with the 7th National JROTC Championship at Fort Benning, Georgia. 156 JROTC Cadets representing 61 JROTC units from 24 states qualified for the event. The National Championship was the culmination of a long season that began last fall for these Army, Marine Corps, Navy and Air Force JROTC Cadets. For many competitors, reaching the National Championship was also the culmination of many years of marksmanship training and goal setting to qualify for this event.

Typically each fall, the instructional phase of JROTC marksmanship programs begins with nearly 2,000 high school JROTC units and more than 50,000 cadets. In November and December, the competitive phase begins with Postal Competitions for the JROTC units that have marksmanship teams. This year a record 6,856 cadets from 1,246 JROTC units participated in those competitions that were administered by the CMP. From there, the top unit teams and at-large individual cadets advanced to separate Army, Marine Corps, Navy and Air Force



William (Trey) Eades III of C.E. Byrd HS in Shreveport, Louisiana was the sporter class JROTC National Air Rifle Champion with an 1194.75 aggregate. (Photo: Wood)

JROTC Service Championships that were conducted at the new Marksmanship Center at Camp Perry, Ohio. This year, 530 cadets and 136 unit teams participated in those shoulder-to-shoulder competitions. Ultimately qualifying for the National Championship was no easy

task. The 156 cadets who competed at Fort Benning represented the top three-tenths of one percent of all cadets participating in JROTC marksmanship programs.

The JROTC Nationals offer both team and individual events in both sporter and precision classes. This year's sporter qualifiers included four Army, four Marine Corps, four Navy and three Air Force teams. The Air Force has not yet ventured into precision class competition, but four unit teams each for the Army, Marine Corps and Navy JROTC programs competed for the precision class honors.

Cadets who had high individual scores, but whose teams did not qualify for the Nationals could advance as at-large individual qualifiers. 22 at-large qualifiers, six each from the Army, Marine Corps and Navy and four from the Air Force advanced to the Nationals in the sporter class. 18 at-large qualifiers, six each for the Army, Marine Corps and Navy advanced in the precision class.

For the competition, shooters fired two 3x20 matches over the course



April Dunn of East Coweta HS in Sharpsburg, Georgia was the precision class JROTC National Air Rifle Champion with an 1263.15 aggregate. (Photo: Wood)

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◎ Sighting Shots ◎

◎ **2009 Army Open Air Rifle Championship-** The Army Open Air Rifle National Championship will take place 14-16 May 2009 at Fort Benning, GA. Be sure to view results at <http://www.odcmp.com/3P/armyopenchamp.htm>.

◎ **CMP Eastern Games-** The CMP Eastern Games will be held 2-10 May at Camp Butner, NC. Results and photos will be posted at <http://clubs.odcmp.com/cgi-bin/matchInfo.cgi?matchID=4147>.

◎ **2009 CMP Three-Position Summer Camps-** Dates for the 2009 CMP Three-Position Air Rifle Summer Camps are posted in the CMP homepage and there are still a few slots left. Registrations will be accepted for commuter campers until each camp fills, the cut-off to register as a residential campers is two weeks prior to the start of the selected camp. More information can be found at <http://www.odcmp.com/Programs/camp.htm>.

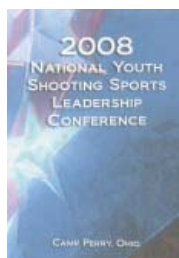
◎ **2009 National Rifle and Pistol Junior Olympic Championships-** More than 300 competitors gathered at the Olympic Training Center in Colorado Springs, CO 13-19 April to compete for Junior Olympic titles in Rifle and Pistol. Participants qualified for these events at State Junior Olympic Championships. Additional information and scores can be found at <http://www.usashooting.org/viewRelease.php?id=260>.

◎ **Creedmoor Sports and M1 for Vets-** Want to purchase new rifle equipment and help provide M1 Garands to wounded military veterans at the same time? Creedmoor Sports has pledged to donate \$5 to M1 for Vets for every internet order over \$100. M1 for Vets has donated over 200 rifles to wounded soldiers and has sponsored teams at the National Trophy Rifle Matches and CMP Games. To find out more about M1 for Vets visit

www.m1forvets.com, to find out more about the Creedmoor promotion visit www.creedmoorsports.com.

◎ **Bob Foth Named Paralympic Shooting Coach-** Olympic Silver Medalist Bob Foth has been appointed as the U.S. Paralympic Shooting Coach and Program Manager by USA Shooting. He has served as the Youth Programs and Coach Development Manager for USA Shooting since 2006. For more information visit <http://www.usashooting.org/viewRelease.php?id=249>.

◎ **2008 Youth Leadership Conference DVDs-** If you missed the 2008 Youth Leadership Conference or if you would like to see the presentations again, a DVD set is now available for sale through CMP. This 4-DVD set includes all 12 presenters from the conference and is available for purchase on the CMP website for \$14.95. This can make a great addition to your shooting library that will afford you many hours of advanced coach training. Visit <http://www.odcmp.com/Programs/publications.htm> and reserve your copy today.



Disc 1
2008 OLYMPIC SHOOTING - A PICTORIAL REPORT FROM BEIJING
By GARY ANDERSON
SIX SHOOTING MEDALS IN BEIJING - HOW WE WON THEM - WHAT WE LEARNED
By DAVID JOHNSON
THE PATH - HOW A COACH MENTORS A MOTIVATED YOUNG SHOOTER FROM THEIR BEGINNING TO THE OLYMPIC GAMES
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SPORT SHOOTING PROGRAMS IN GERMANY AND BAVARIA
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* SKILL SETS SUCCESSFUL COACHES MUST HAVE
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* SKILL SETS SUCCESSFUL PROGRAMS HAVE VOLUNTEERS PERFORM
By BOB FOTH
ORGANIZING A JUNIOR HIGH-POWER CAMP
By BOB HUGHES AND BRAD PALMER
WINTERFEST - A SUCCESS STORY IN INTRODUCING YOUTH TO THE SHOOTING SPORTS
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By RICHARD WHITING

ON THE MARK

www.odcmp.com/OTM.htm

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ON THE MARK is published bi-monthly by the Civilian Marksmanship Program. It is dedicated to disseminating news and information about junior shooting activities to leaders and coaches of junior shooting clubs, teams and camps. Its primary purpose is to help youth shooting leaders teach firearms safety and marksmanship more effectively.

Subscriptions: One free **ON THE MARK** subscription is provided to each junior club that is affiliated with the CMP, JROTC unit with a marksmanship program and 4-H Shooting Sports Club. Individual subscriptions to **ON THE MARK** are available at \$8.00 per year. To subscribe to **ON THE MARK**, contact: 419-635-2141, ext. 1107 or email lmadell@odcmp.com.

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ON THE MARK Wants Your Input: We want your letters, questions, comments and opinions. **ON THE MARK** will dedicate space to publish letters from readers. We may not be able to publish them all, but we do hope to include letters, and answers to the letters, that will be beneficial to the broadest audience. If we do something you like, let us know. If we say something you do not like, let us know. If there is a story you feel we should cover, then let us know. If you have questions or comments please address them to: Letters to the Editor, CMP Headquarters, P.O. Box 576, Port Clinton, OH 43452 or email your letters or comments to swood@odcmp.com.

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The **Civilian Marksmanship Program** is a non-profit organization chartered by the U. S. Congress to promote marksmanship training and firearm safety, with a primary emphasis on youth. The CMP is authorized to receive and sell surplus government rifles and ammunition that are suitable for marksmanship. Proceeds from these sales are dedicated to CMP programs. CMP enabling legislation requires that its highest priority must be given to "activities that benefit firearms safety, training and competition for youth." **ON THE MARK** is a vital part of CMP efforts to fulfill its mission to serve and develop junior shooting in the United States.

Information about the CMP may be viewed on the CMP web site, www.odcmp.com or on the CMP online newsletter, *The First Shot*, at www.odcmp.org.



Freshmen Dominate NCAA Championships

By Katie Harrington, CMP Program Manager

College Connection



West Virginia University claimed the 2009 NCAA Rifle Championship, the programs 14th National Title. (Photo: WVU Athletics)

Freshmen took top honors in both smallbore and air rifle at the 2009 NCAA Rifle Championships. In smallbore, Jacksonville State University freshman Brian Carstensen edged out veteran competitors for the win. In air rifle, University of Akron freshman Jenna Compton, a virtual newcomer to the sport, posted a surprising victory. West Virginia University won the overall team competition, its first win since 1998 but their fourteenth NCAA Rifle Championship.

The NCAA rifle season stretches from late September to mid-March. Throughout the year, teams compete in 10-12 matches. Eight teams go head to head for the championship. The 2009 NCAA Rifle Championships were held in rainy Fort Worth, Texas the weekend of 13-14 March. Teams field a squad of four shooters in both air rifle and smallbore and competitors shoot 60 shots in each event, for a team total of 4800 points.

This year's qualifying teams included defending champions, the University of Alaska, as well as the U. S. Military Academy, U. S. Naval Academy, Jacksonville State University, University of Kentucky, University of Nevada-Reno, West Virginia University, and host Texas Christian University. There were also individuals from other colleges who qualified to compete for individual national titles.

Smallbore was held at the TCU Rifle Range. Due to the rain and cold, the TCU team room filled to capacity with spectators. The match proved to be a close race that was exciting and nerve-racking for everyone watching. In the team competition, first and second were determined by a single point, with Jacksonville State edging out Kentucky for first, 2312 to 2311. Rounding out third place was the defending National Champions from Alaska-Fairbanks. With the rest of the field not far behind the leaders, the competition was heating up for a fight to the finish in the next day's air rifle portion of the championships.

Individually, Jacksonville State's rookie shooter Brian Carstensen took the top place with a 587 and a 95.2 in the final. His biggest competition in the match came from Kentucky's Ashley Jackson, whose 584 put her in only a three point

deficit going into the final. Jackson shot a 98.1 in the final but came up one tenth of a point shy of Carstensen's final score. Another freshman from host school TCU, Mattie Brogdon, came in third with a 581 in qualification and a 98.1 in the final.

The second day of competition was held in TCU's Daniel-Meyer coliseum. This venue had plenty of room for friends, family and spectators to watch the action, and see the scores projected on large screens during the competition. The biggest surprise of the weekend came when Jenna Compton from Akron advanced to the finals with a personal best score of 590. She came from behind to beat West Virginia's Bryant Wallizer in the final, 691.6 to 691.0. Wallizer was not alone in the final, as the entire four-person team from WVU qualified for the eight-slot final.

In the air rifle team competition, WVU shot an impressive 2353 to boost them to first place overall. This was a tremendous victory for the team. The program had been cut several years ago, and through fundraising and hard work from the team, was reinstated to NCAA status. After making NCAA championships last year for the first time since 2002, the WVU team is back in the forefront of NCAA shooting. Rounding out the top four was the University of Kentucky, followed by Jacksonville State University and the University of Alaska-Fairbanks.

The 2009 NCAA National Championships were a great competition with several surprises. Shooters who have participated in both arenas, say the NCAA Championships can be more nerve wracking than international championships, including the Olympics. Considering the success of the younger shooters this year, 2010's competition is sure to be an even more closely contested, exciting championship.

Overall Team Scores: West Virginia: 4643, Kentucky: 4638, Jacksonville State: 4636, Alaska-Fairbanks: 4624, TCU: 4614, Army: 4611, Navy: 4606, Nevada: 4586

Cinderella at the Big Dance

By Katie Harrington, CMP Program Manager

It was called a Cinderella story from the beginning. A virtually unknown shooter from the University of Akron stunned veteran competitors to become the 2009 NCAA Air Rifle National Champion.

Jenna Compton's personal best in a match had been 587/600. She shot this at the NCAA Qualifiers. The score had more meaning than just a personal best, as the mark put her in the top list of individual shooters in the country, and earned her a spot to compete with the best of the best at the NCAA National Championships. At the NAAs, Compton again broke her personal record with a 590. Compton then went on to compete in her first ever final round, with a qualifying score just one point behind West Virginia's Bryant Wallizer. The pair battled in the final, and in the end, Compton surpassed Wallizer by less than a point, 691.6 to 691.0.



Jenna Compton at the NCAA Rifle Championships. (Photo: Harrington)

Compton, a freshman, had only started shooting air rifle when she came to college in the fall. In high school, she had spent some time shooting smallbore (.22) prone, but really became serious about competitive shooting in August of 2008. It usually takes competitors years to get to the level that Compton was able to attain in only eight months of practice, and this makes her accomplishment all the more impressive. Compton says she loves the sport of shooting, enjoys competing and thinks of the sport as her "therapy."

As far as future plans in the sport, Compton's goals are to continue shooting at the NCAA level, and hopes to make the 2012 Olympic team, and go on to win gold. With her record of success so far, Compton is right on track to continue her fairytale story.

7th National JROTC Air Rifle Championship, continued



DCM Gary Anderson and Range Officers Larry Pendergrass and Bill Wayda examine a contested target. When a competitor challenges a shot on electronic targets, the black tape from that competitor's target frame is compared with the shot coordinates recorded in the central ranking computer. (Photo: Wood)

of two days. The top eight individuals in both the sporter and precision classes then shot a final on each day and their final average was added to their two-day aggregate score to determine the Individual National Champions in each class. Team scores consisted of the two-day aggregate scores of the four-person teams.

One of the most exciting matchups of the weekend came in the precision team competition between last year's JROTC National Champion, Union Grove HS of McDonough, Georgia and East Coweta HS of Sharpsburg, Georgia. The two schools are located within 40 miles of each other and compete shoulder-to-shoulder during their high school league rifle season. At Camp Perry in February, East Coweta won the 2009 Marine Corps Service Championship and Union Grove won the 2009 Navy Service Championship, so the stage was set for a showdown between these two intrastate rivals. On the last day of competition, East Coweta shot on the first relay leaving all the pressure on Union Grove to top their

strong team aggregate score of 4626. Going into kneeling Union Grove still had a chance to win, but in the end they dropped 3-points too many and finished with a team aggregate of 4623. Team members for the 2009 National JROTC Champion East Coweta HS were April Dunn, 1168, Courtney Duncan, 1166, Adam Grumblin, 1164, Tyler Dayton, 1128 and team coach MSgt John Skinner. Siegel HS of Murfreesboro, Tennessee rounded out the top three in the precision class with a 4570.

The team race for the sporter class was equally exciting with only five points separating the top four teams. 2009 Navy Service Champion, King George HS of King George, Virginia claimed the National Championship with a 4253. The team was led by coach CDR Fred Duckworth and firing team members Samuel Green, 1094, Kimberly Heitmeyer, 1058, Elizabeth Hampton, 1053 and Matthew Reed, 1048. King George was followed closely by Oviedo HS from Oviedo, Florida who finished with a team aggregate of 4249. The battle for third place ended in a tie

between LaCueva HS from Albuquerque, New Mexico and Ozark HS in Ozark, Missouri. LaCueva broke the tie to claim third place by having the most center tens in the competition, 112 to Ozark's 109.

East Coweta claimed a second title at the 2009 JROTC National Championships when April Dunn won the overall JROTC Individual National Championship in the precision class with an aggregate plus final average of 1263.15. The competition was very close as Dunn edged out Matthew Martin of Chugiak HS in Anchorage, Alaska who shot a 1261.3 to finish second. Alivia Yeager of Seneca HS in Louisville, Kentucky was not far behind, finishing in third place with a 1259.0.

William (Trey) Eades III from C.E. Byrd HS in Shreveport, Louisiana claimed the 2009 JROTC Individual Championship in the sporter class. Eades' aggregate plus final average of 1194.75 edged out Christopher Potts of Buckhorn HS in New Market, Alabama who shot an 1191.45 to finish second. Deckard Day of LaCueva HS in Albuquerque, New Mexico shot an impressive 97.0 final on day one of the competition and finished with an 1183.0 aggregate to place third. It is also worth mentioning that Zachary Lowe of Clearfield HS in Clearfield, Utah became the first Air Force cadet to make it into a final at the JROTC National Air Rifle Championship. This is only the third year since the Air Force incorporated marksmanship into its JROTC curriculum. Lowe finished 10th overall, also the highest finish for an Air Force cadet at the JROTC Nationals.

The overall winning precision and sporter teams received \$2,000 each, while the top sporter and precision teams representing each service received \$1,000 each. CMP provided the cash awards, and they also provided an Anschutz 8002 Air Rifle to the overall precision class individual winner. Daisy Air Guns provided a Daisy 887 to the overall individual winner of the sporter class.

The following are overall and service champions from the 2009 JROTC Air Rifle Championship:

Precision Class Overall Team Champion: East Coweta HS, Sharpsburg, Georgia, 4626

Precision Class Overall Individual Champions:

1st Place- April Dunn, East Coweta HS, Sharpsburg, Georgia, 1263.15

2nd Place- Matthew Martin, Chugiak HS, Anchorage, Alaska, 1261.3

3rd Place- Alivia Yeager, Seneca HS, Louisville, Kentucky, 1259.0

Sporter Class Overall Team Champion: King George HS, King George, Virginia, 4253

Sporter Class Overall Individual Champions:

1st Place- William (Trey) Eades III, C.E. Byrd HS, Shreveport, Louisiana, 1194.75

2nd Place- Christopher Potts, Buckhorn HS, New Market, Alabama, 1191.45

3rd Place- Deckard Day, LaCueva HS, Albuquerque, New Mexico, 1183.0

Army Final Rankings:

Precision Class Teams:

1st Place- Siegel HS, Murfreesboro, Tennessee

2nd Place- Del Valle HS, El Paso, Texas

3rd Place- Spanish Springs HS, Sparks, Nevada

4th Place- Marmion Academy, Aurora, Illinois

Precision Class Individuals:

1st Place- Kelly Audet, Burke HS, Omaha, NE

2nd Place- Bryan Zavala, Central Catholic HS, San Antonio, Texas

3rd Place- Meghan Asnes, Siegel HS, Murfreesboro, Tennessee

Sporter Class Teams:

1st Place- Ozark HS, Ozark, Missouri

2nd Place- Buckhorn HS, New Market, Alabama

3rd Place- Killeen HS, Killeen, Texas

4th Place- Bogalusa HS, Bogalusa, Louisiana

Sporter Class Individuals:

1st Place- Amanda Aguilera, R.L. Paschal HS, Fort Worth, Texas

2nd Place- Tyler Ferguson, Ozark HS, Ozark, Missouri

3rd Place- Robert Rousey, Killeen HS, Killeen, Texas

Marine Corps Final Rankings:

Precision Class Teams:

1st Place- Shelby County HS, Shelbyville, Kentucky

2nd Place- LaCueva HS, Albuquerque, New Mexico

3rd Place- Eldorado HS, Albuquerque, New Mexico

Precision Class Individuals:

1st Place- Courtney Duncan, East Coweta HS, Sharpsburg, Georgia

2nd Place- Adam Grumbling, East Coweta HS, Sharpsburg, Georgia

3rd Place- Sarah Abonyi, LaCueva HS, Albuquerque, New Mexico

Sporter Class Teams:

1st Place- LaCueva HS, Albuquerque, New Mexico

2nd Place- LaCueva HS, Albuquerque, New Mexico

3rd Place- Tuba City HS, Tuba City, Arizona

4th Place- R.S. Central HS, Rutherfordton, NC

Sporter Class Individuals:

1st Place- Adam Sloan, Sapulpa HS, Sapulpa, Oklahoma

2nd Place- Herman Trujillo, Albuquerque, New Mexico

3rd Place- Stephen Goldtooth, Tuba City HS, Tuba City, Arizona

Navy Final Ranking:

Precision Class Teams:

1st Place- Union Grove HS, McDonough, Georgia

2nd Place- Manzano HS, Albuquerque, New Mexico

3rd Place- Henry County HS, McDonough, Georgia

4th Place- Luella HS, Griffin, Georgia

Precision Class Individuals:

1st Place- Abigail Casey, Union Grove HS, McDonough, Georgia

2nd Place- Vanessa Montoya, Manzano HS, Albuquerque, New Mexico

3rd Place- Wesley White, Luella HS, Griffin, Georgia

Sporter Class Teams:

1st Place- Oviedo HS, Oviedo, Florida

2nd Place- West Ashley HS, Charleston, South Carolina

3rd Place- Zion Benton HS, Zion, Illinois

Sporter Class Individuals:

1st Place- Samuel Green, King George HS, King George, VA

2nd Place- Courtney Bates, Oviedo HS, Oviedo, Florida

3rd Place- Yvonne Swiontek, Zion Benton HS, Zion, Illinois

Air Force Final Ranking:

Sporter Class Teams:

1st Place- Clearfield HS, Clearfield, UT

2nd Place- Western Hills HS, Fort Worth, TX

Sporter Class Individuals:

1st Place- Zachary Lowe, Clearfield HS, Clearfield, Utah

2nd Place- Austin Maughan, Clearfield HS, Clearfield, Utah

3rd Place- Johann Diedericks, Monroe Area HS, Monroe, Georgia

Complete scores and rankings from the 2009 JROTC Air Rifle Championship can be found on the CMP website at, http://clubs.odcmp.com/cgi-bin/report_matchResult.cgi?matchID=4559. Photos from the event can be found at, <http://www.odcmp.com/Photos.htm>. Congratulations to all the JROTC unit teams and at-large individuals who competed in the JROTC Nationals at Fort Benning!

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2009 Eastern U.S. Junior Highpower Clinic and Championship Enrollment Open

The Eastern U.S. Junior Highpower Clinic and Championship will take place on 20-26 June at Camp Butner, North Carolina. The Clinic and Championship offers a full week of clinics, coaching and competition for junior service rifle competitors. Juniors attending the clinic will have the opportunity to expand their current level of experience and expertise as well as build friendships and camaraderie with other shooters.

Experienced coaches and instructors from the United States Marine Corps Rifle Team and military personnel will conduct the clinics for both new and experienced junior shooters. Instruction in both shooting individual matches and shooting as a member of a coached team will also be provided.

The event is open to all juniors who want to improve their highpower

service rifle scores. All matches are governed by current **CMP Competition Rules** and **NRA High Power Rifle Rules**. Juniors under the age of 14 must have an adult sponsor attend the clinic as well. The entry fee for the Junior Highpower Clinic is \$100.00 for juniors and \$50.00 for Adult coaches/leaders. To help offset costs, the CMP will provide financial assistance for juniors attending the clinic. The funding is intended to be partial support to help offset some travel expenses. Juniors that wish to apply for support for the **2009 Eastern Junior Highpower Clinic** must complete a **CMP Junior Highpower Clinic Support Program Application Form** at <http://www.odcmp.com/Competitions/EJHPClinicSupportApp.pdf>. The **Application Form** must be received at CMP Headquarters by 20 June 2009 or it may be turned in during check-in at

Camp Butner (forms due no later than 20 June 2009). Participants are urged to register early. Entries can be made online at <http://clubs.odcmp.com/cgi-bin/matchInfo.cgi?matchID=4473>.

The Civilian Marksmanship Program and the Junior Marksmanship Support Group organize this event in cooperation with the North Carolina National Guard, North Carolina Rifle and Pistol Association and the USMC Rifle Team. Visit <http://www.odcmp.com/Competitions/EasternJrHPClinic.htm> for more information.



CMP Welcomes New Program Manager

CMP Summer Camp veteran Katie Harrington has joined the CMP staff as a Program Manager. Her primary duties at Camp Perry will focus on training and competition events at the CMP Marksmanship Center. Katie graduates from the University of Nebraska in May with a degree in Elementary Education, then she will then join the CMP Summer Camp program for a fifth year in her new role as Assistant Director.

While at Nebraska Katie lettered all four years on the Huskers Rifle Team and received numerous academic awards. These included the Great American Rifle Conference (GARC) Scholar-Athlete from Nebraska, eight-time member of the Big 12 Commissioner's Honor Roll and four-time Collegiate Rifle Coaches Association (CRCA) Academic All-American. In her sophomore year, the Husker team placed second at the NCAA Rifle Championships and Katie earned Nebraska's Most Improved Shooter Award.

Katie started shooting sporter air rifle with the Newport Rifle Club in Rhode Island when she was 11-years-old. By the age of 13 she had advanced to precision air rifle and eventually smallbore. In 2003-04 she was the Florida Junior Olympic State Smallbore Champion and American Legion Air Rifle State Champion. Over her junior career she qualified for the Junior Olympics five times. Katie also holds Junior Distinguished Badge #63.

We are excited to have Katie on board full time and hope everyone joins us in welcoming her to Camp Perry.



Katie Harrington joins the CMP Staff at Camp Perry as a Program Manager after serving four summers as a CMP Summer Camp counselor. She was a four year letterman with the University of Nebraska Rifle Team. (Photo: Scott Bruhn/NU Media Relations)

Teaching with the Supported Position

By Gary Anderson, DCM

The supported position, whether it is prone supported or shooting from a table or bench with a support, can play a beneficial role in rifle marksmanship instruction. The primary reason for using a supported position in marksmanship instruction is to provide the most favorable conditions for beginning shooters to master the fundamentals of firing the shot, that is, sight alignment, breath control, sight picture and trigger control. When a supported position is used to teach basic rifle marksmanship, it also becomes the ideal setting for teaching sight adjustment.

The supported position is a teaching position, not a regular position that is used in junior rifle marksmanship competition. Hence the title for this article is "Teaching With..." not "Teaching the" Supported Position. A supported position is normally used in only two target competition disciplines, bench rest shooting and F-Class prone shooting. Both are primarily tests of rifle and ammunition accuracy and wind estimation; neither are parts of

organized junior programs.

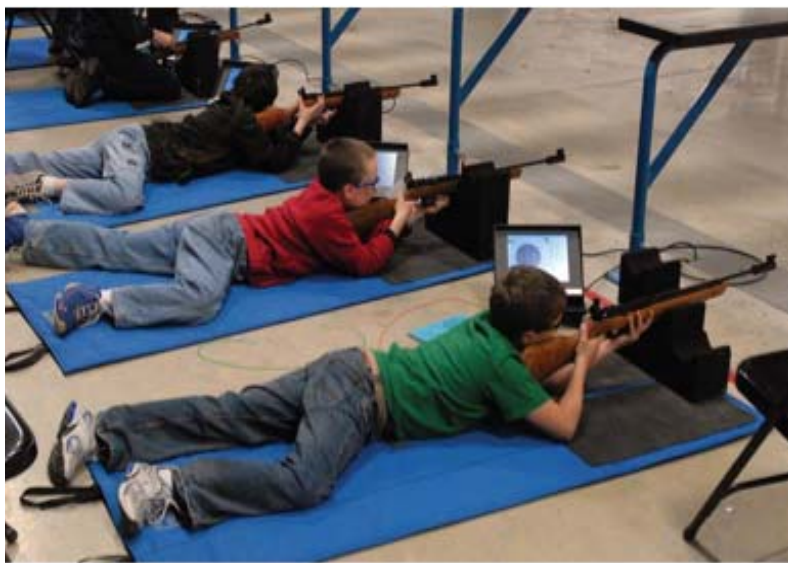
The supported position also serves as the only rifle position taught in many junior programs where just a short period of time is available to teach marksmanship.

The CMP works with many summer

youth camps where a typical camper has five days of rifle marksmanship lasting perhaps an hour each day. In situations like this, there simply is not enough time for instructors to advance their students beyond the supported position. We should also note that Boy Scout rifle marksmanship merit badge requirements have Scouts do all their firing in supported positions.

The supported position is

intended to be an instructional position for young, new and beginning shooters. It should be used long enough to teach the fundamentals of firing the shot and to advance students to a stage



Supported prone positions. A regular prone shooting mat is used. The support that is placed under the rifle forearm allows the shooter to select a rifle height that facilitates a good head position.



A supported position fired from a table. In this case, an adjustable support is placed under the forearm to steady the rifle. Note that both arms are placed on the table.

where they are safe and comfortable handling the rifle and are firing small shot groups that confirm their first level mastery of shot technique. It is possible for a good instructor to start new shooters in the standing position if the students are sufficiently mature (high school age or older) and the instructor can provide enough one-on-one coaching to get them started right. In most settings, however, and especially when there are larger numbers of new shooters, doing initial range firing in the supported position is the recommended way to start.

A key to effectively using the supported position is to know when it is time to "graduate" new shooters to standing, the recommended first firing position for most junior programs. If new juniors are consistently firing five shot groups in a supported position at either 10 meters or 50 feet that are in the ten-ring or nine and ten rings on the BMC target, they are ready to move on. A reasonable guide is to require new shooters to be shooting groups that can be covered with a

Teaching with the Supported Position

By Gary Anderson, DCM

quarter. Allowing new shooters to spend too much time firing in supported positions, especially after they are firing good groups, is likely to make the transition to the regular rifle positions more difficult.

There are two supported position options, supported prone or firing from a table with a support. Either can be used successfully. The choice depends upon what is easiest to do in your range setting. The prone supported position requires a shooting mat, a support and targets that can be hung at regulation prone height. The table or bench option requires a table or bench of sufficient size to allow for the placement of both elbows and a support.

The instruction necessary to get brand new shooters into an acceptable supported position should be quite short. The steps to follow in getting new shooters into supported positions are simple:

Step 1: Select a Supported Position Option and Set Up Firing Points.

The instructor must decide whether to use supported prone or to have new shooters shoot from tables or benches. The instructor also needs to decide what to use for rests. The support height for the rifle should, if at all possible, be individually adjustable. The MTM Shooting Rest that is shown in the first photo sells for \$25.00 to \$30.00. A simple rest can be made by using one or two wood blocks or bricks and a kneeling roll. The 3-step molded rests used at the Camp Perry Marksmanship Training Center were originally made for use by National Guard Soldiers to zero their M16s. With a little ingenuity, any junior program can acquire a set of affordable, effective rifle supports to be used by their new shooters. With prone mats or tables and rests set up, you are ready to start.



Low-cost, readily adjustable commercial supports can be purchased for \$30.00 or less.



Conduct a dominant eye test as part of preliminary instruction. If a new shooter decides to shoot from the shoulder opposite his/her dominant eye, be sure to attach a blinder to the rear sight to ensure that aiming is done through the rear sight.

Step 2: Preliminary Instruction. Before any new shooter can start dry or live firing activities, certain preliminary instruction must be given. This instruction must cover gun safety, range procedures, the fundamentals of firing the shot and how to clear and load the rifle. It is also strongly recommended that a dominant eye test be done to help new shooters determine which shoulder to use. This also allows instructors to identify any cross-dominant shooters so that blinders can be attached to their rear sights.

Step 3: Demonstrate the Supported Position. The quickest way to get new shooters to understand how to get into the

correct position is to demonstrate it. The supported position recommended for rifle marksmanship programs where new shooters will soon be taught the standing, prone and kneeling positions is one where the rifle is held with the right hand on the pistol grip and the left hand on the forearm (reverse for left-handed shooters). Some new shooters may want to place the right hand under the butt-stock to steady the rifle in bench rest style, but that should not be permitted here. The reason is clear. This is an instructional position intended to best prepare new shooters for firing in regular positions.



When the supported position is used for instructional purposes, students should hold the rifle with both hands, one on the pistol grip and one on the forend.

Teaching with the Supported Position

By Gary Anderson, DCM

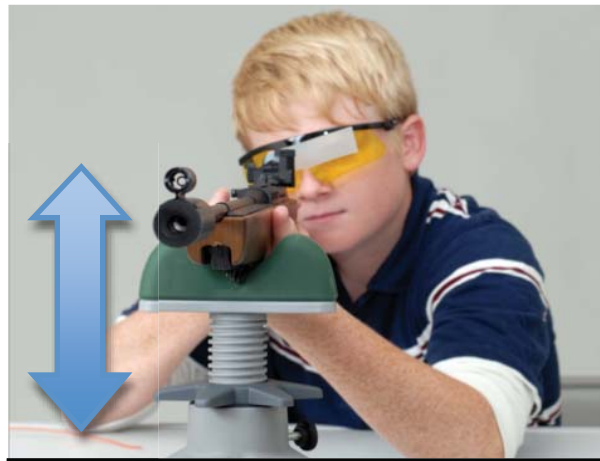
Step 4: Instruction Points. The key instructional points for the supported position to be taught and checked by instructors are:



1) Sit or lie behind the support. In prone the body should lie at a five to ten degree angle to the line of fire.



2) Shoulder the rifle with the butt well up in the shoulder so that the eye can look comfortably through the sights. Hold the rifle with one hand on the pistol grip and one on the forearm. Rest both elbows on the table or shooting mat.



3) Rest the rifle forearm on the support. Adjust the support height so that the rifle sights point at the target height. Be sure to keep the butt up in the shoulder and head reasonably erect while doing this.



4) After the sights are resting at the target height, shift the whole body right or left to align the sights with the correct target.

Experience has shown that new and beginning shooters readily master the supported position and that formal instruction in this position can be kept very brief. If your new shooters have had their preliminary instruction (See Step 2 above), they will be ready to start shooting groups just as soon as their positions are built.

Remember that the supported position is a teaching position and that when new shooters are firing satisfactory shot groups with sights adjusted so their groups are in the middle of the target, they should be ready for instruction and shooting in the regular firing positions. The one significant exception to automatically advancing new shooters to standing or prone positions concerns the youngest junior shooters. Juniors who are not big enough and whose motor skills are not sufficiently developed so they can comfortably handle a rifle in those positions may be best served by allowing them to continue to practice in the supported position until they are ready.

Summer Shooting Opportunities for Juniors

School will soon dismiss for the summer. For many junior shooters this means a busy summer shooting season lies ahead of them. In addition to the extra time for training that the school break allows, there are also many major competitions and camps for juniors that are only available during the summer. We will outline some of these opportunities to help you plan your summer break.

NATIONAL CHAMPIONSHIPS

Many top athletes focus their training on a long range goal like shooting in a national championship. Many shooting national championships that attract the best junior and open (adult) shooters take place in the summer. These events typically have a long history and prestigious awards for winners and almost every national championship offers national junior titles as well. Some championships require qualification in state championships or postal competitions, some require membership in the host organization like USA Shooting and some are totally open for anyone to shoot. Several also offer reduced entry

fees for juniors as a way to encourage more juniors to attend. Some juniors attend these events hoping to win a title, while others attend for the learning opportunities they gain by shooting against the best shooters in the country. Regardless of the outcome, shooting in a national championship is always a great experience. For juniors who dream of making a college or even an Olympic team, national championships are a must attend event. Championships taking place this summer that are of particular interest to junior shooters are:

USAShootingNational Championship (Rifle and Pistol): 13-21 June, Fort Benning, GA

This is the national championship for Olympic and world championship shooting events in rifle and pistol. Every event offers both open and junior titles. Events include prone and three-position smallbore rifle shot at 50M, standing air rifle, air pistol, free pistol and rapid-fire pistol. More information can be found on the USAS website at <http://www.usashooting.com/matchInfo.php>. Open registration, requires USAS membership.

Remington-Bushmaster Open Highpower Championship: 18-21 June, Fort Benning, GA

This is a service rifle event with an EIC match, so it is an excellent opportunity for shooters who are trying to earn their Distinguished Rifleman Badge. With most top military shooters planning to attend, this will also be an excellent warm-up for shooters who plan to shoot in the National Trophy Rifle Matches at Camp Perry in August. Team and individual titles are awarded. Additional information and registration can be found at <http://www.odcmp.com/>

<http://www.odcmp.com/Competitions/Rem-BushmasterOpen.htm>. Open registration.

Eastern Junior Highpower Clinic and Championship: 20-26 June, Camp Butner, NC

This is a service rifle event specifically for juniors. It is a great opportunity for shooters to sharpen their skills and prepare for the National Trophy Rifle Matches at Camp Perry in August because the program offers both instruction and several competition events. More details can be found on page 8 of this edition of *On the Mark* or online at <http://www.odcmp.com/Competitions/EasternJrHPClinic.htm>. Open registration. Travel grants from the CMP are available.

National 4-H Invitational Shooting Championship: 24-28 June, Grand Island, NE

This is a great national festival of competitions in 4-H Shooting Sports disciplines. Individual State 4-H Program Leaders determine how teams are selected to represent their state. Individual and team competitions are held in archery, air pistol, air rifle, hunting, muzzle-loading, shotgun and smallbore pistol and smallbore rifle events. To find out more information, contact your state's 4-H Program Leader or visit <http://shootingports.unl.edu/index.html>. Competition requires qualification.

NRA Junior Air Rifle Championship: 1-3 July, Camp Perry, OH

The NRA offers a major national air rifle championship in three-position air rifle. Teams that enter this event may be all-star teams where members are selected from different clubs or schools within a state. Team and individual titles are awarded. More information can be found at <http://www.nra.org>



The USA Shooting National Championships held at Fort Benning, GA are an excellent opportunity for juniors with college aspirations to be noticed by a college coach. Many NCAA programs send athletes to this event, which draws the top Olympic discipline shooters in the country each year. (Photo: Wood)

www.nrahq.org/compete/nm_jr-airgun-champ.asp. Open registration, requires NRA membership.

Daisy BB and Air Gun Invitational: 3-7 July, Bowling Green, KY

The Daisy BB and Air Gun Championship is the oldest continuous youth air gun championship in the country. The BB Gun competition is open to 4-H and other junior programs that offer BB gun shooting. Teams must qualify in state competitions. The age range for BB gun competitors is 8-15. The Air Gun match is a three-position event open to all school age juniors. It has both individual and team events, and offers precision and sporter categories. More information can be found at <http://ibbgcm.home.att.net/>. Register on-line at <http://clubs.odcmp.com/cgi-bin/matchInfo.cgi?matchID=4749>. BB Gun competition requires qualification, Air Gun open registration.

National Junior Olympic Three-Position Air Rifle Championship: 3-10 July, Camp Perry, OH

USA Shooting, the CMP and the National Three-Position Air Rifle Council sponsor this competition. It is regarded as the major national championship in three-position air rifle. To participate, teams and individuals must qualify in Junior

Olympic state championships. These events usually take place in the winter and early spring. Competition is broken into sporter and precision divisions and individual and team titles are awarded in each division. A complete program for the 2009 National Junior Olympic Three-Position Air Rifle Championship can be found at <http://www.usashooting.com/matchInfo.php>. Competition requires qualification.

USA Shooting National Championship (Shotgun): 11-18 July, Colorado Springs, CO

These events are the national championships for Olympic and world championship shooting events in shotgun. The National Championship offers both open and junior titles. Events include skeet, trap and double trap. More information can be found on the USAS website at <http://www.usashooting.com/matchInfo.php>. Open registration, requires USAS membership.

USA Shooting and NRA National Junior Olympic Progressive Position Air Pistol Championship: 10-12 July, Camp Perry, OH

Like the Junior Olympic Three-Position Air Rifle Championship held at Camp Perry in July, the Progressive Position Air Pistol Championship requires shooters to qualify for the nationals from state championship events held in the winter months. Team and individual titles are awarded and competitors are divided into supported and un-supported categories. A complete program for the 2009 National Junior Olympic Progressive Position Air Pistol Championship and registration can be found at <http://www.odcmp.com/3P/ProgressivePistol.htm>. For a complete program for the 2009 National Junior Olympic Air Rifle Program and registration go to <http://www.odcmp.com/3P/>



Juniors competing at Camp Perry for the USAS and NRA National JO Progressive Air Pistol Championship are encouraged to attend the Pistol Small Arms Firing School. The school will take place at Camp Perry on 13 July and .22 pistols are provided. (Photo: Steve Cooper)

[JO.htm](#). Competition requires qualification.

CMP & NRA National Trophy Pistol Matches and Small Arms Firing School, 13-19 July, Camp Perry, OH

Juniors who plan to attend the Junior Olympic Progressive Position Air Pistol Championships should strongly consider staying at Camp Perry for a few extra days to participate in the National Pistol Matches and Small Arms Firing School. The Small Arms Firing School is on 13 July and pistols are provided for this event. Junior pistol shooters who have their own .22 cal. pistols can shoot in the 40-shot CMP Service Pistol Warm-Up Match on the morning of 14 July. The NRA Pistol Championships on 15-18 July have junior categories. Junior pistol shooters can also shoot .22 cal. pistols in the National Trophy Pistol Matches on 19 July, which feature the 40-shot President's Pistol, 30-shot NTI and 2x30 NT Team event. More information on these matches can be found at <http://www.odcmp.com/NationalMatches.htm>. Open registration.



Several junior championships will take place this summer at the CMP Marksmanship Center at Camp Perry, OH. This 80-point range offers state-of-the-art electronic targets. (Photo: Wood)

Summer Shooting Opportunities for Juniors, continued

NRA National Smallbore Rifle Championships: 22-30 July, Camp Perry, OH

The NRA Rifle Position and Prone Championships are always popular competitions for juniors. NRA smallbore championships offer juniors several daily events with junior competitors divided into classifications from Marksman for newer shooters to Master for advanced shooters. This is a great opportunity for juniors to participate in the historic National Matches at Camp Perry. For more information, please visit http://www.nrahq.org/compete/nm_camperry.asp. Open registration, requires NRA membership.

CMP National Rimfire Sporter Match: 25-26 July, Camp Perry, OH

This competition offers juniors and adults an opportunity to compete with sporter-class smallbore rifles like those used in many 4-H Shooting Sports and junior club programs. Rimfire Sporter rifles can weigh no more than 7 ½ pounds and categories are offered

for both open sights and scopes. Many shooters compete in both categories with different rifles. This event offers a fun-filled competition in a less formal atmosphere. More information can be found at <http://www.odcmp.com/NationalMatches.htm>. Open registration.

USA Shooting National Junior Olympics (Shotgun): 25 July-1 August, Colorado Springs, CO

USA Shooting sponsors this junior event that features competition in skeet, trap and double trap. Juniors must qualify in State Junior Olympic Events to advance to the national competition. More information can be found on the USAS website at <http://www.usashooting.com/matchInfo.php>. Competition requires qualification.

CMP National Trophy Rifle/CMP Games Matches, Small Arms Firing School and USMC Clinic: 31 July-8 August, Camp Perry, OH

The National Trophy Rifle Matches are the premier event each year for service rifle competitors. The best shooters from across the country make their way to Camp Perry each summer for these matches, so it is an excellent opportunity for juniors to improve their shooting and gain experience. The first step for juniors who want to participate in these events is to find out if your state has a State Junior Highpower Team. Competing at Camp Perry as part of a team can add to your experience and opens up the number of awards that you will be eligible for in the competitions. Next, register for the Rifle Small Arms Firing School (SAFS) or USMC Junior Highpower Clinic at Camp Perry, which take place 31 July-2 August. The USMC clinic will include a 50-shot special 4-point EIC match. Also take the time to determine if you are eligible to apply for support from

the CMP National Matches Junior Support Program. This is available to juniors in their first two years of competition in the National Matches. Finally, shoot in the National Trophy Rifle Matches and be sure to consider the new National Trophy Junior Team Match where 2-person junior teams will compete for the new Freedom's Fire Trophy. More information on these events can be found at <http://www.odcmp.com/NationalMatches.htm>. Open registration.

OTHER COMPETITION OPPORTUNITIES

In addition to the numerous national championships that take place in the summer, there are also smaller competitions that juniors can take advantage of over their break.

CMP Monthly Air Gun Matches: 27 June at Anniston, AL

These competitions are part of a series of matches that take place at the CMP North and South Marksmanship Centers. They are open to both juniors and adults and feature three-position air rifle, standing air rifle and air pistol competition. The Camp Perry matches also offer events in the new National Match Air Rifle and Novice Supported Prone events. Awards are given in each event. More information can be found at <http://www.odcmp.com/MarksmanshipCenters.htm>. Open registration.

National Matches Air Gun Events: 13 July-13 August, Camp Perry, OH

These unique competitions give National Matches competitors as well as many other competitors who come to Camp Perry just for these matches a unique opportunity to fire in the new Camp Perry Marksmanship Training Center air gun range during the National Matches. The Center



The new Freedom's Fire Trophy will be contested for the first time this summer in the new National Trophy Junior Team Match designed for 2-person junior teams. (Photo: Anderson)

has 80 firing points all equipped with electronic targets. Two events, a 20-shot standing National Match Air Rifle reentry and center-shot prize shoot and a 20-shot Novice Prone re-entry match for juniors 12 and under are open throughout the Matches from 13 July through 13 August. Air pistol daily re-entry, best center-shot and championship events are offered from 13 July through 19 July. Standing air rifle daily re-entry, center-shot and championship events are open from 22 to 29 July. National Match Air Rifle full course (3x20) re-entry and championship events will be fired during the highpower phase from 1 to 13 August. Several junior clubs are expected to plan trips to Camp Perry to be able to shoot these matches and be part of the National Matches. Detailed information can be found at <http://www.odcmp.com/NM/AirEvents.htm>. Open registration at the range.

JUNIOR SHOOTING CAMPS

One of the best ways for juniors to improve their competition scores is to attend a junior shooting camp. The CMP, NRA, USA Shooting and Army Marksmanship Unit all sponsor outstanding shooting camps lead by instructors with impressive teaching and shooting credentials. In addition, there are many regional and local camps that offer opportunities to learn and improve skills. Camps typically have counselors or coaches who are accomplished competitors and who provide lots of hands-on coaching during range firing sessions. Almost all juniors who attend camps report significant improvements in their shooting scores. We will list a few national level camps, but we encourage you to contact your state's CMP State Junior Director to see if they know of any local camps in your area. CMP SJD contact information is found at <http://www.odcmp.com/Programs/SJD.htm>.

CMP Three-Position Summer Camps: All Summer, Various Locations

This very popular camp series consist of seven one-week three-position air rifle camps and one advanced standing camp. Camps are held at different locations across the country, with several new locations each summer. Counselors and Staff for these camps are NCAA athletes from some of the top college rifle programs in the country. The camps also feature Olympians and National team members as guest speakers. These camps fill quickly and registration opens each January. More information can be found at <http://www.odcmp.com/Programs/camp.htm>.

NRA Camps

The NRA conducts or sanctions a wide variety of camps that are organized or sanctioned by the NRA Education and Training Division. Camps are offered in rifle, pistol and shotgun. There is also a NRA Junior Smallbore Camp held during the National Matches at Camp Perry. To find out more information, please visit <http://www.nrahq.org/education/shootingcamp.asp>.

USAMU Junior Smallbore Rifle Camp: 22-26 June, Fort Benning, GA

The Army Marksmanship is offering an intermediate to advanced junior smallbore camp for shooters in ages 14 to 20 with at least two years of competitive experience. Instructors will be members of the Army International Rifle Team. More information can be found at <http://www.usaac.army.mil/amu/InternationalRifle/internationalrifle.html>.

OTHER SUMMER ACTIVITIES

Summer is a Time for Extra Practice

During the school year, when schoolwork and school activities take precedence and the time available for shooting practice is often limited, it is difficult to do enough training to

accomplish especially challenging shooting goals. Even juniors who work in a full or part-time job typically have more time available to train during the summer. Some JROTC units and club teams make their ranges available for team members to train even after school is out. Juniors who own their own air rifles can easily set up a 10-meter range in a basement, garage or utility room. All that is required is a minimum clear distance of 40-45 feet in a location where outside entrance can be restricted. With a range at home, young shooters can train as much as they want. Devoting two to five hours a day to improving firing positions and techniques can pay huge dividends when the school-year shooting season starts again in the fall.

Sometimes Summer is a Time for Taking a Break from Shooting.

Anyone familiar with the principles of athletic training knows that rest is part of a sound sports training program. For most junior shooters, the shooting season begins in the fall shortly after school starts. If the fall, winter or spring was filled with lots of competitions and regular practice, a break might be beneficial. The best way to decide whether juniors are ready for more shooting during the summer is to evaluate their motivation to shoot. Are they eager to get back to the range and do more shooting? Are they excited about going to a big match? The answers to those questions will tell you whether your junior shooters are ready for a break this summer or are ready to take advantage of the many summer shooting opportunities available to them.

Also make sure to watch the CMP website, www.odcmp.com for additional event postings.

Three-Position Air Rifle Rule Interpretations

These rule interpretations are based on questions received by the National Three-Position Air Rifle Council Rules Hotline and are answered based on the *National Standard Three-Position Air Rifle Rules*.



Q: Can items such as padding or a shooting glove be placed under a shooters knee in the kneeling position?

A: Placing a shooting glove under the knee in kneeling is permitted if the shooting glove is the only item placed under any part of the body (the glove cannot be used in conjunction with a shooting mat) and if the shooting glove does not exceed thickness limits for shooting mats given in Rule 4.7.5.

Rule 4.7.5 does not define what a shooting mat is other than to say that “a” (one item only) mat may be used and that it may not exceed the stated thickness limits. In this case, the glove becomes the shooting mat as long as it is the only item placed under any kneeling position support point. Conversely, a glove placed on top of a shooting mat so that two items are under the knee would not be legal. Rule 5.1.3 states, “if the competitor uses a shooting mat, he may kneel completely on the shooting mat or may have one or two or three points of contact.” In this case a glove/shooting mat under the knee constitutes one point of contact. Using the glove in this way is legal.

Now let us add a note of caution from a coaching point of view. A good kneeling position should end up with little, if any downward pressure on the knee that touches the ground. The weight of the body-rifle system should be balanced over the right and left heels. If so much pressure is placed on the knee that touches the ground that shooters feel the need for a pad there, it may be an indication that their positions are not properly balanced. If you have shooters using a knee pad, make sure they do not let the presence of this pad encourage them to shift their balances to the right (right-handed shooter) to place weight onto that knee.



CMP State Junior Director News

Two New State Junior Directors Named in Georgia

The State Junior Director position has recently been filled in Georgia by newly appointed Co-Directors Roy McClain of Griffin, Georgia and Connie Cooper of Columbus, GA. Please join CMP in welcoming these additions to the SJD program. If you are involved with a junior program in the state of Georgia please take the time to send a note and become acquainted with these new co-directors. McClain can be reached at EODTNT1@aol.com and Cooper can be reached at Sorcha51@aol.com.

CMP State Junior Director Recognized by Georgia 4-H

CMP State Junior Director Roy McClain was recently selected as the 2009 recipient of the 4-H Outstanding Individual Professional Volunteer Leader Award for the state of Georgia. He was selected from over 100 4-H agents in the state.

McClain is heavily involved with the Ole Mill Range Complex in Griffin, Georgia. In his ten years with the complex he has watched the youth program grow from a few BB guns to a 52-point air rifle range and a 10-point smallbore range. He is the Volunteer Lead Coordinator for Project S.A.F.E. (Shooting Awareness, Fun and Education) at Ole Mill, which serves over 90 4-H members and teaches youth firearm safety, proper shooting techniques, good sportsmanship and teamwork. Project S.A.F.E. offers shooting opportunities in BB Gun, Air Rifle, Air Pistol, Rimfire Sporter and Smallbore disciplines to juniors several nights a week. Teams in various disciplines practice at the Ole Mill Range Complex. Congratulations to Roy McClain for this recognition. If you would like to reach McClain regarding junior events at the Ole Mill Range Complex, or with questions about youth shooting opportunities in the state of Georgia please send at email to EODTNT1@aol.com.

To find more information on the CMP State Junior Director program go to <http://www.odcmp.com/Programs/SJD.htm>. You can also contact the SJD Manager, Vicki Donoho, at vdonoho@odcmp.com with questions.

CALENDAR OF EVENTS

The Calendar of Events is featured in every issue of *On The Mark*. If you would like your match or clinic listed, please contact the CMP at onthemark@odcmp.com, or call 419-635-2141, ext. 1111. Please include the name of the event, date, whom the event is open to and contact information and web site (if available). The CMP will do its best to accommodate each request to be included in the Calendar of Events.

14-16 May 2009

U.S. Army Junior Championship, GA

16 May 2009

Camp Perry Monthly Air Gun Matches, OH

1-5 June 2009

CMP Three-Position Air Rifle Summer Camp, NM

8-12 June 2009

CMP Three-Position Air Rifle Summer Camp, OH

13-21 June 2009

USA Shooting National Championship, GA

18-21 June 2009

Bushmaster Open Highpower Championship, GA

20-26 June 2009

Eastern Junior Highpower Championship, NC

22-26 June 2009

CMP Three-Position Air Rifle Summer Camp, AL

22-27 June 2009

National 4-H Invitational Shooting Championship, NE

27 June 2009

Anniston Competition Center Monthly Match, AL

29 June-3 July 2009

CMP Three-Position Air Rifle Summer Camp, AL

1-3 July 2009

NRA Junior Air Rifle Championship, OH

4-6 July 2009

National Junior Olympic 3PAR Precision Championship, OH

5-7 July 2009

Daisy Air Rifle Invitational, Bowling Green, KY

6-10 July 2009

CMP Three-Position Air Rifle Summer Camp, GA

7-9 July 2009

National Junior Olympic 3PAR Sporter Championship, OH

10-12 July 2009

National Progressive Pistol Championship, OH

13 July 2009

National Match First Shot Ceremony, Camp Perry, OH

13-14 July 2009

Pistol Small Arms Firing School, OH

13-15 July 2009

CMP Standing Air Rifle Summer Camp, GA

13 July-9 Aug 2009

National Matches Air Gun Events, OH

19 July 2009

NM National Trophy Pistol Matches, OH

20-24 July 2009

CMP Three-Position Air Rifle Summer Camp, OR

25-26 July 2009

NM Rimfire Sporter Clinic & Match, OH

27-31 July 2009

CMP Three-Position Air Rifle Summer Camp, MO

31 July-2 August 2009

Rifle SAFS/USMC Junior Highpower Clinic, OH

3-8 August 2009

NM National Trophy Rifle/CMP Games Matches, OH

Program Sales:

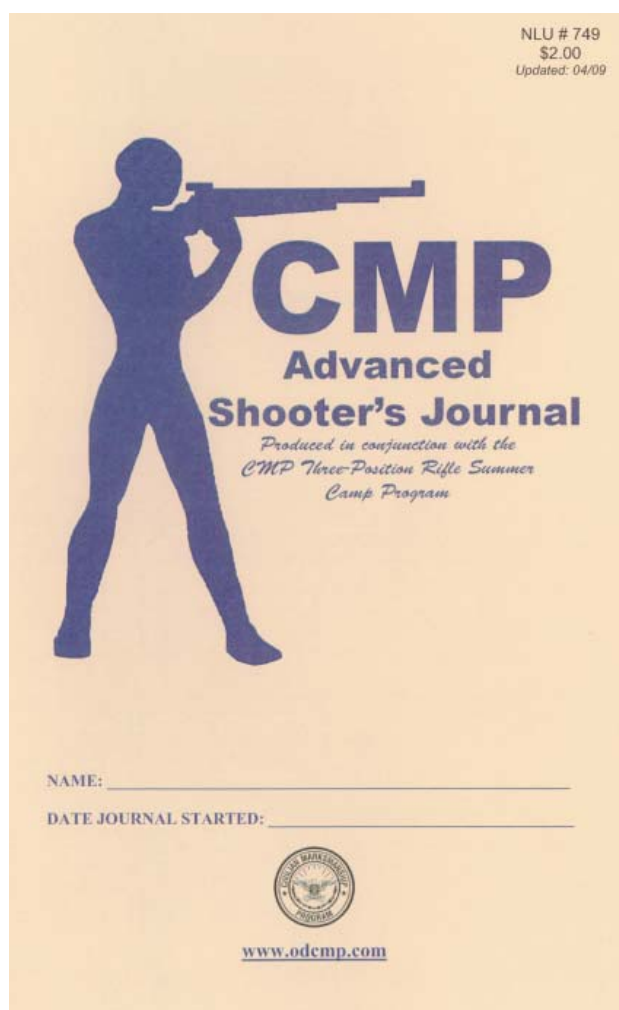
New Advanced Shooter's Journal

For many years the CMP has offered a basic *Shooter's Journal*, designed to help juniors establish the habit of recording information from practices and matches. This journal is very good for young shooters and beginners who are just entering basic data like daily scores.

As an athlete progresses in their shooting, the need arises for more detailed recordings in an advanced journal. For this purpose, CMP has created the *Advanced Shooter's Journal* in conjunction with the CMP Three-Position Rifle Summer Camp program. The material in this journal has been designed to address the needs of athletes who want to take their shooting beyond the beginner level, with a focus on daily and long-term goal setting.

This 94-page journal will make a great addition to any junior's toolbox and can be purchased for only \$2.00 or can be downloaded from the CMP website. Both the *Shooter's Journal* and the *Advanced Shooter's Journal* can be found on the CMP website at <http://www.odcmp.com/Programs/publications.htm>.

*CMP publishes a variety of training materials and coaching reference guides for junior shooting. Many of these publications can be downloaded from the CMP website. In addition to the publication listed above, we encourage readers to go online and browse through our various training materials. Also, make sure to sign-up for our email publication, **The First Shot**, which provides articles on recent CMP news, shooting competitions, coaching articles and sales program announcements. You can sign-up for the **The First Shot** on the CMP homepage, www.odcmp.com.*



Junior Distinguished Badge Program

The National Three-Position Air Rifle Council established the Junior Excellence-In-Competition Award Program to provide incentives for junior three-position air rifle competitors to improve and excel. This program awards prestigious badges of distinction to the most outstanding junior shooters.

Junior shooters earn EIC credit points by placing in designated competitions in accordance with the requirements of this program. The Junior Distinguished Badge is awarded to school-age junior three-position air rifle shooters who attain a series of high rankings in designated major junior air rifle championships that include the State Junior Olympic Qualifiers, CMP Cup Matches, National Junior Olympic Championships and other National Council Three-Position Air Rifle Championships.

Congratulations to the juniors listed here who recently earned their Junior Distinguished Badges. **ON THE MARK** will recognize all juniors who achieve this outstanding goal in each upcoming issue. A complete list of juniors who have earned their Junior Distinguished Badge is at www.odcmp.com/3P/EIC.pdf. If you would like more information on this program, visit the CMP website at www.odcmp.com/3P/EICProgram.pdf or email CMP Competitions at 3PAR@odcmp.com.



Badge #	Name	Hometown
249	Elizabeth Hampton	King George, VA
250	Jonathan Jones	Prince Frederick, MD
251	Dustyn Ruble	Phoenix, AZ
252	William (Trey) Eades III	Shreveport, LA
253	Meghan Asnes	Murfreesboro, TN
254	Yvonne Swiontek	Beach Park, IL
255	Daniel Sojka	Prospect Heights, IL
256	Melissa Quartarone	Stone Mountain, GA
257	Stephen Goldtooth	Tuba City, AZ
258	Matthew Reed	King George, VA
259	Kang Hoyoung	Silver Spring, MD
260	Juli Yoder	McDonough, GA
261	Lorenzo Hernandez Jr	El Paso, TX
262	Austin Maughan	Syracuse, UT

7th National JROTC Air Rifle Championship Photos



King George HS of King George, Virginia claimed the sporter class JROTC National Championship with an 4253 aggregate. (Photo: Wood)



East Coweta HS of Sharpsburg, Georgia claimed the precision class JROTC National Championship with an 4626 aggregate. (Photo: Wood)



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The 7th National JROTC Air Rifle Championship took place at Fort Benning, GA on 27-28 March. Complete coverage of this event can be found on page 2.

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The National Rimfire Sporter Match is one of many shooting opportunities for juniors over the summer, find more on page 12.