Women’s Practical Defensive Handgun

Saturday, November 18, 2023
8:30 am – 12:00 pm

The “Women’s Practical Defensive Handgun” course is specifically designed for women who currently own or are considering the use of a handgun for practical defense. This is a live-fire training session with classroom discussion and range activities.

The purpose of this course is to share basic handgun skills and topics, knowledge and attitude necessary for enhancing the performance of the female shooter.

- Why a firearm
- Female physiology role in shooting
- Safety tips for handling, storage
- Shooting Fundamentals
- Critical defense skills
- Situational awareness exploration
- Target identification
- Close Quarters considerations
- Multiple threat concerns
- One-hand shooting techniques
- Safe deployment techniques
- What to do before and after
- Contact with police
- Protecting those you love
- And more

The course is limited to 12 participants. In order to attend, pre-registration is required. See below for registration request.

Student fee: $150 per person. Group rate: $130 per person for two or more.

Upon successful registration, you will be contacted by the training coordinator with additional course details and equipment recommendations.

Each applicant will be required to complete a CMP liability waiver. Anyone prohibited from owning or possessing a firearm is ineligible to participate. You must be a minimum of 18-yoa to attend the class.

Basic equipment requirement: handgun, 100-rds of training ammunition.

Please remember, this is a live fire course and ear & eye protection are required on the range. The course will include standing, walking, and other minimal physical activity.

To request registration or for questions, contact:

Course instructor: Greg Bettis – NRA, FBI & Law Enforcement Certified Instructor
   Email: Rustebadge@bellsouth.net   678.300.7853 - cell
   or
   CMP representative: Bret Lankford 256.474.4408 ext. 453.