LEADING THE WAY

Junior Katrina Demerle Earns CMP's Distinguished Air Rifle Badge #1

*Restricted 18+ in CA in compliance with CA State Assembly Bill 2571 prohibiting the marketing of firearms to minors in the State of CA.
ON THE MARK
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ON THE MARK Staff:
Gary Anderson  DCM Emeritus
Christine Elder  Communications Manager
Ashley Brugnone  CMP Writer/Editor

ON THE MARK is published quarterly by the Civilian Marksmanship Program. It is dedicated to disseminating news and information about junior shooting activities to leaders and coaches of junior shooting clubs, teams and camps. Its primary purpose is to help youth shooting leaders teach firearms safety and marksmanship more effectively.

Subscriptions: One free ON THE MARK subscription is provided to each junior club that is affiliated with the CMP, JROTC unit with a marksmanship program and 4-H Shooting Sports Club. Individual subscriptions to ON THE MARK are available at $8.00 per year. To subscribe to ON THE MARK, contact: 419-635-2141, ext. 724 or email onthemark@TheCMP.org.

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Editorial Submissions: To submit articles, editorial material or photographs for possible inclusion in ON THE MARK, contact: Ashley Brugnone, ON THE MARK Editor, P. O. Box 576, Port Clinton, OH 43452; fax 419-635-2573 or email abrugnone@TheCMP.org.

Junior Program Resources: To request information about CMP junior shooting programs, contact: CMP Programs, P. O. Box 576, Port Clinton, OH 43452; 419-635-2141 ext. 724 or email info@thecmp.org.

ON THE MARK Wants Your Input: We want your correspondence and opinions. ON THE MARK will dedicate space to publish letters from readers. Though we may not be able to publish them all, we will make every effort to provide comments that will be beneficial to the broadest audience. If there is a story you feel we should cover, notify us. Send your comments or questions to: Letters to the Editor, CMP Headquarters, P.O. Box 576, Port Clinton, OH 43452 or email your letters or comments to abrugnone@TheCMP.org.

The Civilian Marksmanship Program is a non-profit organization chartered by the U. S. Congress to promote marksmanship training and firearm safety, with a primary emphasis on youth. The CMP is authorized to receive and sell surplus government rifles and ammunition that are suitable for marksmanship. Proceeds from these sales are dedicated to CMP programs. CMP enabling legislation requires that its highest priority must be given to “activities that benefit firearms safety, training and competition for youth.” ON THE MARK is a vital part of CMP efforts to fulfill its mission to serve and develop junior shooting in the United States.


Sighting Shots

Open Marksmanship in Ohio and Alabama. Looking for something fun to do during the week? Look to CMP’s Open Marksmanship time slots at our indoor air gun ranges! Available to ages 8 and up, Open Marksmanship offers the opportunity to experience the sport in a safe, controlled space. The lightweight air rifles or air pistols are easy to use, and our electronic target line makes competing a breeze. Open Marksmanship is held every Tuesday and Thursday from 5-8 p.m. in Ohio and 4-7 p.m. in Alabama. The ranges are also open during the day, by appointment, Monday through Thursday. Learn more at https://thecmp.org/ranges/cmp-competition-centers/

2022-2023 Three-Position Postal Shot. There’s still time to sign up for the 2022-2023 CMP Three-Position Air Rifle Postal Championship! The competition is designed for junior athletes interested in three-position sporter or precision air rifle and is fired from the convenience of their home ranges. Junior air rifle marksmen involved in 4-H, Scouts, American Legion, club or JROTC air rifle programs are welcome to sign up for the CMP Postal event. Register today at https://thecmp.org/youth/three-position-national-postal-competition/

Intro Classes at Talladega Marksmanship Park. The CMP invites you to participate in Talladega Marksmanship Park’s weekly firearms safe handling and basic fundamentals courses, taught by CMP certified instructors. New and experienced are welcome. These classes will include both classroom training and live firing. Materials will cover safety and firearms handling and hands-on practical application. Learn more at https://thecmp.org/ranges/talladega-marksmanship-park/

New Rhode Island State Director: The CMP would like to welcome new Rhode Island State Director, COL David Wood. The CMP appoints State Directors to oversee marksmanship programs in each of the 50 states. The mission of the State Directors is to provide leadership, resource and program information, coordination, networking, motivation and publicity for marksmanship within his or her state. Read more about COL Wood at https://thecmp.org/104757/rhode-island-state-director/RI/

2022-2024 THREE-POSITION AIR RIFLE RULES RELEASED. Three-Position Air Rifle shooting is the most popular junior rifle program in the USA, with a base of 250,000 to 300,000 participating American youth. To stay current, the Three-Position Rulebooks are reviewed and updated bi-annually. The newest version, the 14th 2022-2024 edition, is now available on the CMP website. Learn more through CMP’s online publication, The First Shot, at https://thecmp.org/2022-2024-three-position-air-rifle-rules-released/

On the Cover: Katrina Demerle, 17, of Hamilton, Ohio, earned the CMP’s Distinguished Air Rifle Badge #1 after reaching her final EIC points in September. She received her badge from famed marksman and DCM Emeritus, Gary Anderson (pictured). See the full story on page 20.
The CMP is pleased to announce four new scholarships named in honor of distinguished members of its Board of Directors. These $20,000 scholarships, awarded over four years at $5,000 each year, are named for:

- Judith Legerski, former Chairman of the Board and Chief Executive Officer
- Maj. Gen. Harry Sieben, former board member and Vice Chairman
- Jon Bengtson, former board member and Treasurer
- Dr. Carolyn Hines, former board member and founder of the CMP Scholarship program

“CMP has long focused on youth programs and giving back to the community. These new scholarships allow us to support the very best youth in America and at the same time recognize the individuals who championed youth programs while guiding the success of the CMP,” said Jerry O’Keefe, the new CMP Chairman of the Board and Chief Executive Officer.

In addition to the new $20,000 scholarships, other changes include:

- A new online application process
- Scholarships for trade and technical schools
- No minimum Grade Point Average (GPA) to apply

Each year, high school student-athletes involved in marksmanship programs are encouraged to apply for CMP Scholarships – a program that lends economic support to young marksmen and women who have demonstrated excellence on and off the firing line.

Traditionally, these scholarships have been used to pursue post-secondary or vocational programs, community colleges or university educations. However, in 2023, the CMP will broaden its scholarship program even more by involving trade and technical schools in order to keep up with national trends and to provide opportunities for athletes with a variety of interests.

“Our scholarships are available to all graduating high school seniors who have distinguished marksmanship, academic and community service records. By eliminating a minimum GPA, we are including those late bloomers who may have had a slow start in one area but have shown great potential by the end of their high school career,” said Dan Durben, former National Rifle Team and U.S. Olympic Team Rifle Coach and chairman of the CMP Scholarship Committee.

Since 2005, the CMP Scholarship Program has presented $1,000 one-year scholarships to high school seniors based on merit, humanitarian efforts, extracurricular activities and marksmanship participation. In 2020, the CMP added one $5,000 scholarship, the Carolyn Hines Memorial Scholarship – awarded to the top applicant who best embodied the values of Dr. Hines, who was instrumental in shaping the program.

This year, CMP will continue to award $1,000, $3,000 and $5,000 scholarships for over 90 rising high school seniors. Applicants will compete based on their rifle, pistol and/or shotgun competition history, academic excellence, community service, leadership and potential.

As stated, the CMP no longer requires a minimum GPA, though academic performance is still a key component of the selection criteria. In addition, the new automated application replaces paper forms and mailing documents with an online application and the ability to upload documents.

CMP will award a total of $200,000 for the 2023-2024 school year. Additionally, the Garand Collectors Association has generously donated $30,000 in partnership with the CMP in its recognition of our nation’s best young marksmen and women.

The deadline to apply for a CMP Scholarship will be March 31, 2023. A link to the online application portal and other scholarship information can be found by visiting https://thecmp.org/youth/cmp-scholarship-program/.
Isabella Baldwin, 18, of Nashville, TN, was the 2022 precision air rifle champion during the Gary Anderson Invitational – fired Dec. 2-3 at the Civilian Marksmanship Program’s (CMP) indoor air gun ranges in Ohio and Alabama.

During her win, Baldwin recorded an incredible score of 699.8 to top Katrina Demerle, 18, of Hamilton, Ohio, who had claimed Gary Anderson Invitational wins in 2018, 2019, 2020 and 2021. This year, Demerle earned an aggregate score of 696.0 for second as Jack Ogoreuc, 15, of Grove City, PA, reached 693.3 for third.

A group of 285 athletes competed in the Gary Anderson Invitational, which is held annually within the 80-point electronic air gun ranges at both the Gary Anderson CMP Competition Center at Camp Perry, Ohio, and the Judith Legerski CMP Competition Center in Anniston, Ala. The junior sporter and precision air rifle competition includes prone, standing and kneeling positions for qualification scores as well as a 10-shot final fired by all athletes on the line. Winners are determined from scores at both locations.

In sporter, Nation Ford High School’s Jennifer (16) and Samantha Zermenó (18) of Fort Mill, SC, also claimed second and third, respectively, with scores of 642.7 and 641.1. Besting the Zermenós was Charles Bratton, 18, of Clover, SC, with 648.6.

Along with individual athletes, overall teams of the event were also recognized. Ohio’s American Legion Post 295 (Claudia Muzik, Hailey Singleton, Deitrich Bergman and Braden Michalak) reached a score of 2349-153X for first in the precision competition, while Nation Ford High School Team A from South Carolina (Samantha Zermenó, Jennifer Zermenó, Abril DeCastro and Kees Vandergriff) achieved 2191-61X for the top spot in sporter.

Find a complete list of results of the 2022 Gary Anderson Invitational on the CMP’s website at [https://ct.thecmp.org/GAI22results](https://ct.thecmp.org/GAI22results).
View and download free event photos from both locations at https://cmp1.zenfolio.com/f1046698735.

About Gary Anderson:
Mr. Anderson is a two-time Olympic gold medalist and also holds seven world championships, six world records and 16 national championships. He has won more Olympic and world championship three-position titles than any other American in history. In 1999, Anderson began a 10-year reign as Director of Civilian Marksmanship and retired in December 2009. Today, Anderson serves as DCM Emeritus and remains a mentor for new and experienced, old and young shooters around the country through his articles and classes. Anderson’s advice is regularly featured in CMP’s junior magazine, On The Mark, and throughout the year during the clinics he leads at CMP events. In 2014, the CMP North Competition Center was renamed the Gary Anderson CMP Competition Center, in honor of his years of dedication to the sport.
Competition rules in the sport of shooting are like the laws that govern so many aspects of our lives and determine how we must act to follow them. In shooting, competition rules define the events or courses of fire, how those events are conducted, the equipment and firing positions that can be used, and how Match Officials must resolve irregular occurrences. Rules standardize sports events so participants in one location can play by the same rules as competitors in other parts of the country. Rules also protect the integrity of a sport by ensuring that all participants in that sport perform its skills according to its traditions and objectives. Sports rules also guard against any competitor trying to cheat or gain an unfair advantage over other competitors.

An article like this cannot possibly cover the detailed rules for each shooting discipline that junior programs pursue, but it can give shooting participants, whether they are junior program leaders, athletes, parents, or volunteers, a starting point for learning about shooting competition rules.

SHOOTING RULES HISTORY

Sports competitions cannot be conducted without rules. From the time when even the first target competitions were conducted, contest organizers have had to define what projectile arms could be used, what the targets would be and how they were scored.

Homer’s Ancient Greek classic, *The Iliad* (see inset) was written 2,700 years ago (ca. 700 BCE). Its description of the funeral games Achilles staged to honor the fallen hero Patroclus included an archery competition. The rules for that contest may have been the marksmanship world’s first competition rules. They defined 1) the sport (*archery*), 2) the target and the event procedure (*shooting arrows at*...
Archery came next, and for this Achilles offered prizes of violet-colored iron in the form of ten double-headed and ten single-headed axes. He set up the mast of a blue-prowed ship a long way off on the sands; and for a target he had a fluttering pigeon tied to it by the foot with a light cord. “The man who hits the pigeon,” said Achilles, “can take the whole set of double-headed axes home with him. If anyone hits the string and not the bird, he won’t have done so well, but he can have the single axes.”

*Homer, THE ILIAD; trans. by E.V.Rieu; Penguin Classics, 1950, p. 435 (underlining added)

Today, every shooting sports governing body has rulebooks for the disciplines that it governs. The obvious first step in mastering shooting rules is to determine which rulebook to use. For U.S. Junior programs, those rulebooks typically include: 1) The National Standard Three Position Air Rifle Rules, 2) CMP Air Rifle and Air Pistol Rules, 3) CMP Smallbore Rifle Rules, 4) CMP Highpower Rifle Rules, 5) CMP Pistol Rules, 6) USA Shooting General Technical, Rifle and Pistol Rules, or 7) one of several NRA rulebooks. All of these rulebooks can be downloaded from governing body websites. There are a lot of rulebooks, so start by obtaining the right rulebook.

Every Match Official and coach should have a copy of the correct rulebook with them when they work on a range or instruct. The easiest way to do that is to download a copy of the rulebook into a cell phone or tablet. That’s more convenient than carrying printed rulebooks, plus, the PDF search feature (ctrl + F) is usually quicker and easier to use than an index.

**RULEBOOK TERMINOLOGY**

Understanding competition rules starts with having a common understanding of key rulebook terms. The CMP rule-making process strives to standardize how these key rulebook terms are defined and used:

**Archery**

- A person participating in archery.
- The use of a bow and arrow.

**Aims**

- The target at which the archer shoots.

**Distances**

- The distance between the archer and the aim.

**Measures**

- The distance between the archer and the aim in feet, yards, or meters.

**O/A**

- Offhand or standing position.

**Pineapple**

- A term used to describe a group of arrows clustered together in the center of the target.

**Quiver**

- A case or pouch used to carry arrows.

**Ranking**

- A method of determining the ranking of archers based on their performance.

**Set**

- A group of arrows shot in a single attempt.

**Target**

- The board or paper on which the arrows are shot.

**Test**

- A series of shots to determine the archer’s skill level.

**Tournament**

- A competition involving archery.

**Uniform**

- The attire worn by the archer during competition.

**Wind**

- A force that affects the movement of arrows.

**World Record**

- The highest score achieved by an archer in a given category.

**Yardage Chart**

- A chart used to calculate the correct distance for a given target size.

From THE Iliad, by Homer*

From THE Iliad, by Homer*
COMPETITION RULES

The rules for the 1885 President’s Rifle Match, were published in the NRA magazine, The Rifle.

- **Sport** – a distinct grouping of competitive sports events with common elements and skill tests. Archery, baseball, rowing, volleyball, and shooting are sports. Shooting is a “sport” where athletes fire rifles, pistols or shotguns at distant, difficult targets and are ranked according to scores determined by where on the targets their shots hit.

- **Discipline** – a sub-group of events within a sport that have common characteristics. Disciplines within the sport of shooting include 3-position air rifle, air rifle standing, air pistol, smallbore rifle, highpower rifle, and bulls-eye pistol.

- **Event** – a unique shooting contest with a specific course of fire and rules of conduct.

- **Stage** – a phase or part of an event. A 3-position rifle event has three stages, one for each position. A Highpower Rifle National Match Course has four stages, 200 yards standing, 200 yards rapid-fire sitting, 300 yards prone rapid-fire and 600 yards prone.

- **Series** – a sequence of shots fired within a stage or course of fire. Most shooting events have 10-shot series; 25m Pistol events have 5-shot series.

- **Competition/Match** – an organized contest in a sport with a program that includes one or more events for a discipline in that sport. The terms *competition* and *match* are often used interchangeably.

RULEBOOK TERMINOLOGY

Within the **SPORT** of SHOOTING Smallbore Rifle is a **DISCIPLINE** 3-Position Rifle 3x20 is an **EVENT** 20-shots Kneeling is a **STAGE** 10 shots kneeling is a **SERIES**

RULEBOOK PLAYERS

A next step in understanding competition rules is knowing who the players are. In shooting competitions, the players or participants are:

- **Athletes/Competitors**. These are the contestants in competitions. They may be called *athletes* or *competitors*. We avoid using the term shooter because of its negative

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*Technical rulebook terms that are defined and used in rulebooks and mentioned in this article will be shown in bold italics (i.e., *slow-fire*, *malfunction*).
connotations in public media. The rules define who is eligible to compete as well as the categories in which competitors may be divided (i.e., age groups, male/female, civilian/service, etc.) or their classifications (dividing competitors into groups according to their skill levels).

- Governing Body. The governing body is the organization that controls a shooting sports discipline, establishes the rules for that discipline, and sanctions or manages its competitions. The CMP and USA Shooting are two of the most active governing bodies that promote junior shooting competitions in the USA.

- Match Sponsor. This is the entity or group that organizes a competition. Match sponsors are typically shooting clubs, schools, or community organizations.

- Match Officials. These are persons who hold positions of responsibility and authority in the conduct of a competition. Match Officials are responsible for conducting competitions according to procedures defined by the rules. Match Officials usually include a Match Director, Range Officers, who supervise range firing, Statistical Officers, who supervise scoring and results operations, and 4) Technical Officers, who operate electronic targets or technology systems. Larger competitions include other Competition Staff, who serve as scorers, range assistants or staff who fulfill specific functions.

- Coaches. In some shooting disciplines, coaches who supervise and train the athletes play key roles in the conduct of competitions. Rules will say whether and under what circumstances coaches may interact directly with athletes during competitions.

- Spectators. Spectators are persons who come to watch a competition. They may be parents, friends, or fans. Shooting has a vital interest in making sure spectators are welcome and can actively observe the athletes and their scores.

- Media. Not many shooting competitions are blessed with media, but when media representatives come, rules will provide for them to be accommodated and facilitated in doing their work.

Today’s competition rules recognize that participants in shooting competitions include athletes or competitors, Range Officers and Match Officials, coaches, and spectators. Rules are concerned that all participants must be valued and treated with respect.
COMPETITION RULES

GUIDING PRINCIPLES IN SHOOTING RULES

For rules to effectively govern sports, participants in the sport must buy into guiding principles that the sport’s leaders identify. Guiding principles for shooting’s rules are:

1. **Participants must FOLLOW THE RULES for their discipline, AS THEY ARE WRITTEN.**

2. A fundamental purpose of competition rules is **EDUCATION**—the rules teach participants how to compete correctly and legally.

3. **SPORTSMANSHIP AND FAIR PLAY** are fundamental—a competitor’s ranking must be decided by the competitor’s sports performance and never by cheating or attempts to gain or give an unfair advantage.

4. No Match Sponsor, Match Official or Jury may make ANY DECISION, RULING OR REQUIREMENT THAT IS CONTRARY TO ESTABLISHED RULES.

5. **NON-DISCRIMINATION and RESPECT FOR ALL PARTICIPANTS:** No decision or action may be taken that discriminates against a participant because of their race, sex, age, sexual orientation, or disability.

When we apply these rules in shooting, they compel competitors and officials to treat each other with respect, follow strict codes of ethics and refrain from any practices where competitors seek to gain an unfair advantage over other competitors. Disavowed practices include falsifying scores, manipulating targets, making multiple scoring challenges in attempts to “buy points,” attempting to use **artificial support** in shooting positions, evading rules that control trigger pull weights, shooting clothing stiffness, etc.

It’s also important to understand how the rules in some disciplines are intended to support specific program objectives:

- **Three-Position Air Rifle rules** keep its Sporter Class affordable and accessible by limiting rifle costs and prohibiting special clothing, equipment, and after-market products.
- To foster the development of local or state organization teams, several rulebooks have rules to prevent the formation of all-star teams that “cherry-pick” the best competitors from other clubs or teams.
- **Rimfire Sporter rules** are designed to keep rifles and equipment affordable and affordable and keep this discipline from experiencing equipment races where more and more expensive guns and accessories drive many competitors away.

SAFETY AND SAFE RANGE PROCEDURE RULES

A fundamental purpose of the rules is to ensure the safety of everyone present at a competition. In shooting, there is no tolerance for any gun handling incidents that may cause injury or damage. The goal of shooting safety rules is zero injury-causing incidents involving the misuse of guns. Safety rules in shooting emphasize these requirements:

- **Safety Flags.** Safety flags, which may be called ECIs (empty chamber indicators), or CBIs (clear barrel indicators for air guns), demonstrate that rifles and pistols are unloaded. Safety flags are mandatory in virtually all rifle and pistol rulebooks. Safety flags must be brightly colored and configured so that they insert a probe in empty gun chambers or breeches to prove that guns are unloaded. Easily visible safety flags have made Range Officer work infinitely easier in determining when guns in their sectors are unloaded and clear.

- **Cleared Guns.** The concept of **cleared** guns is central to safety rules. A gun in a safe, cleared condition is: 1) unloaded, 2) magazine (if any) is removed, 3) action is open and 4) a safety flag is inserted.

- **Gun Handling Rules.** Safety rule training must make sure that a discipline’s gun handling rules are understood and followed. These rules will define how a gun can be brought to a range (**cased, cleared with safety flag, etc.**), how it may be **carried or handled** and what is considered a safe muzzle orientation (usually up or downrange).
GUNS AND EQUIPMENT RULES

Every shooting discipline has detailed rules describing the rifles or pistols, shooting clothing and accessories that may be used. Competitors need to be familiar with these rules to ensure that any equipment they acquire is legal. In some disciplines, pre- or post-competition equipment inspections are standard. Trigger pull weights are commonly tested. In international (ISSF) rifle competitions, the thickness and stiffness of shooting jackets and trousers are checked with precise instruments to ensure that no athlete gains an unfair advantage by using extra stiff rifle clothing.

FIREFI NG POSITIONS AND MODE OF FI REING

Every rulebook defines legal firing positions(s). An important step for new competitors to prepare for their entry in competitions is to make sure their firing positions are legal and will not attract Range Officer scrutiny.

Rules also define the modes of firing that are done in each discipline. Much competition shooting is slow-fire, typically with time limits that allow one minute for each shot in a series (i.e., 10 shots in 10 minutes). Some disciplines have rapid-fire stages where a series of five or 10 shots must be fired within a short time limit. In Highpower Rifle, competitors must fire 10-shot rapid-fire series with one reload in 60, 70 or 80 seconds.

RANGE PROCEDURES AND RANGE COMMANDS

An important rulebook function is to define exactly how a sport’s competition events must be conducted. The rules specify event courses of fire, as well as specific range procedures and range commands for conducting each event. Coaches need to know these details in order to teach them to their athletes to prepare them for competitions. Teams should practice those events in club record matches before they go to competitions. Details covered in this training should include the specific range commands and conditions that will be used to 1) call competitors to the line, 2) authorize preparation periods, 3) allow sighting shots, if any, and 4) conduct record fire stages.

A sample page from a Smallbore Rifle Range Officer Script. Scripts for conducting all CMP recognized events are published in CMP rulebooks.
COMPETITION RULES

Anyone who will serve as a Range Officer must know and comprehend the firing conditions, specific range commands and timing for each stage in a course of fire. To assist Range Officers in doing this, and to standardize how shooting events are conducted, all CMP rulebooks now include detailed Range Procedures and Range Officer Commands for each type of event governed by that rulebook. Anyone who will serve as a Range Officer who conducts range firing should print out a copy of the appropriate Range Officer Script and place it in a looseleaf notebook to keep with them on their Range Officer stand.

HANDLING COMPETITION IRREGULARITIES

Another key function of competition rules is to provide specific procedures for dealing with things that go wrong during competitions. Competition irregularities include irregular shots (crossfire shots, too many or too few shots, early or late shots, etc.), interruptions and gun or equipment malfunctions. Irregular shots are scoring issues where Statistical Officers must know how to score each type of shot or shots that don’t comply with the rules. Range Officers need to know how to evaluate interruptions and give competitors who were disadvantaged by them fair opportunities to complete their events. Malfunction rules depend upon the discipline. Competitors need to know that when a malfunction occurs, whether the rules give them the right to claim a refire or if their only option is trying to clear the malfunction and continue firing.

RULE VIOLATIONS AND ENFORCEMENT

Most rule violations during competitions occur because competitors don’t know the rules and not because they are trying to cheat. A key rules enforcement function is to determine when education is appropriate and when punishment is mandated. In principle, when violations are inadvertent, rules provide for warnings that give competitors opportunities to correct their faults. There are other cases where rule violations are clear and must be penalized. For example, a late shot fired after firing time expires must be scored as a miss. For the rare cases where competitors actually cheat or try to gain an unfair advantage, disqualification and removal from the competition is usually prescribed. In order to prevent one person from exercising arbitrary authority to disqualify someone, CMP rules require all disqualification decisions to be made by at least two Match Officials.

RULE ADJUDICATION/DECIDING DIFFICULT CASES

Match Officials will occasionally encounter situations where it is not clear how to interpret or apply a rule. Sometimes a coach or competitor raises an issue or protest where there is no easy answer. An initial guideline is to ALWAYS FOLLOW THE RULE AS IT IS WRITTEN, but what do you do when the rule is not clear? A first step is to make sure you APPLY THE CORRECT RULE. The next step is to READ THE RULE CAREFULLY; sometimes the answer is in the rule but it’s being overlooked. A third step is to try to understand the intent or objective of the rule; if its intent is clear, USE THE RULE’S INTENT TO DECIDE. A fourth step is to DECIDE BASED ON WHAT IS FAIR not just for the athletes who are directly concerned but for all athletes in the competition. A final step is to REPORT DOUBTFUL CASES TO THE GOVERNING BODY for that discipline. Governing bodies use these cases to clarify and improve their rules.
RULES TRAINING AND EDUCATION

People who function in positions of authority in competitions need to know the rules for their discipline exceptionally well. Gaining an advanced knowledge of the rules can be done by working a lot of matches and studying the rules as each new question or issue comes up. A more efficient way to gain an advanced knowledge of the rules is to attend a CMP Range Officer Training Course (https://thecmp.org/training-tech/range-officer-training-course/). Courses are now offered in Highpower Rifle, Bullseye Pistol, Rimfire Sporter Rifle, and Three-Position Air Rifle.

RULE CHANGE PROCESS

Many competition participants have valid experiences with rules that most governing bodies are eager to consider in developing future rules. For sure, if you don’t like a rule or think a different rule is better, DO NOT MAKE UP YOUR OWN RULE! Apply the rule as it is written (Rules Guideline No. 1), but also TRY TO CHANGE THE RULE. Document your concerns or recommendations and submit them to the governing body. Most rulebooks list a contact email address or phone number where rules comments are welcomed. In the CMP rule-making process, a remarkable number of these comments end up becoming rule changes in future editions of the rulebooks.

About the Author

Gary Anderson, Director of Civilian Marksmanship Emeritus, retired as the full-time CMP Director at the end of 2009. He continues to work with the CMP as the senior marksmanship instructor. During his remarkable career, he won two Olympic gold medals, seven World Championships and 16 National Championships. He served as a Vice President of the International Shooting Sports Federation (ISSF) from 1990 through 2018. He is a former Nebraska State Senator and Past President of USA Shooting. He served as a Technical Delegate for Shooting during the 2012 and 2016 Olympic Games as well as for the 2014 and 2018 World Shooting Championships.

In 2012, the International Olympic Committee awarded Gary Anderson with the Olympic Order, its highest honor “for outstanding services to the Olympic Movement.” In 2014, the CMP expanded its world-class air gun center at Camp Perry and renamed the facility the Gary Anderson CMP Competition Center, in honor of Anderson’s contributions to the organization and the marksmanship community.
ANNISTON, Ala. – Celebrating its 14th year, the Civilian Marksmanship Program’s (CMP) annual Dixie Double air rifle and air pistol match witnessed its largest turnout in competition history in 2022.

A group of 143 juniors and adults fired in the two-day air gun event, which was held Nov. 5-6, at the Judith Legerski CMP Competition Center in Anniston, Ala. Competitors in the annual event hailed from various areas of the country and even outside of it, with Canadian athletes making the trek southward to compete.

Each year, the Dixie Double attracts a wide array of experience levels, including individuals just beginning in the sport, military members, Olympians and everything in between. The match schedule features two days of 60 Shot international air rifle and air pistol matches for Open and Junior categories, with qualification scores and finals fired each day. Overall competitors are awarded at the conclusion of Day 1 and Day 2 as well as from the two-day aggregate scores.

Returning to the Dixie Double in 2022 after a brief hiatus was the Target Sprint, which welcomes individuals ages 10 and up. During the event, participants run along a marked path, occasionally stopping to fire air rifles at five 10-meter falling targets. All targets must be knocked over before participants continue on and repeat the route. The first to cross the finish line is declared the winner.

“The Target Sprint was a huge hit,” said Renay Woodruff, supervisor of the Competition Center. “We had to have at least five relays during the competition just to fit in everyone who wanted to compete.”

This year’s top Target Sprint athletes were:
**Junior:**
First Place – Leo Veatch, 7:36
Second Place – Theodore Clarke, 7:48
Third Place – Chris Strahs, 8:10

**Open:**
First Place – SSG Patrick Sunderman, 4:56
Second Place – Chance Cover, 5:30
Third Place – SGT Tim Sherry, 6:13

Back in the air gun range, SPC Jason Gregoire, 34, of Midland, Ga., fired a score of 1137-27X to overtake the two-day Open pistol aggregate by a 20-point margin. Maintaining a lead throughout the weekend, Gregoire led both the Day 1 and Day 2 Final.
Landing behind Gregoire was David Aglietti, 50, of Colorado Springs, Colo., with 1117-16X, as Stephanie Fryer, 38, also of Colorado Springs, finished one point behind Aglietti for third. Top juniors of the pistol event were Ethan Li (18, Acton, Mass.), Blaine Simpson (17, Sidney, Ohio) and Collin Haney (18, Metamora, Ill.). Li and Simpson earned fifth and sixth overall, respectively, while Haney took the eighth place position.

The Open rifle category saw Jeanne Haverhill, 22, of Coopersburg, Pa., reaching a score of 1262.6 to claim the win. Junior Braden Peiser, 17, of San Angelo, Texas, claimed second with a score of 1257.7, as SGT Tim Sherry, 28, of Fort Benning, Ga., finished in third just three-tenths behind Peiser. Haverhill led the Day 1 Final, with Sherry claiming Day 2.

Other juniors earning notable scores in rifle were Charlotte Mick, 18, Nunn, Colo., with 1244.7, and Bremen Butler, 18, of Fort Wayne, Ind., with 1241.5. Mick earned fifth in the overall Open match, while Butler earned eighth.

Coinciding with the Open and Junior competitions is the two-person team match that combines the scores of an adult and youth athlete in both air rifle and air pistol. Leading in rifle was Tim and Cam (Tim Sherry and Camryn Camp) with a score of 2489.4. In pistol, Red and Black (David Aglietti and Heija Wang) reached an aggregate score of 2188-31X to claim the top spot.

A complete list of results for the 2022 Dixie Double air gun match can be found on the CMP's Competition Tracker page at https://ct.thecmp.org/2022DDResults. Find free downloadable photos of the event at https://cmp1.zenfolio.com/f980746400.
Gerald O’Keefe, former Civilian Marksmanship Program (CMP) Board Vice Chairman, has recently assumed the role of Chairman and CEO – following the retirement of previous Chairman, Judy Legerski, this year. Legerski had been a member of the Board since the organization’s privatization in 1996 and led as Chairman/CEO for over a decade.

Mr. O’Keefe’s occupancy of the position officially began in September 2022. During his tenure, he plans to leverage the ideas and talent of both the workforce and the Board to build on the many successes of the organization. He is open to exploring modern, innovative approaches where it may benefit the organization, while staying true to the core mission and values that have defined CMP over its 26-year history.

“I’ve set a number of priorities for both my roles as the Chairman and CEO, but at a more strategic level, what I’d really like to do is simply to continue to further the CMP’s core mission of promoting marksmanship,” he said. “And with that, to set the standard for training, marksmanship safety and getting more youth into the sport – teaching them marksmanship fundamentals and safety.”

O’Keefe joined the CMP Board of Directors in September 2019 following a prominent government career. A West Point graduate, he served 27 years of active duty before transitioning into a Department of the Army Senior Executive. He culminated his government service as the Administrative Assistant to the Secretary of the Army, a historical position, as well as the Senior Career Civilian in the Army.

There, he was responsible for a wide array of strategic engagements and portfolios, to include liaison to the CMP. Close contact to the organization allowed him to learn more about its mission and the details of the legislation that connects the Army and the CMP. At the same time, he managed the Civilian Aide to the Secretary of the Army (CASA) program and saw the synergy between the CMP and the CASAs.

“It was an interesting intersection between two important programs,” O’Keefe said as he recognized the value of the mutual support.

Once he left government work in 2018, he served as a Director at Grant Thornton, a leading consulting firm. It gave him an opportunity to experience the standards and protocols of industry in profit structures and how to support government clients as an industry partner. However, he missed the closer connection to the Army and wanted to find a way to make more of a difference. O’Keefe thought back to his prior relationship with the CMP as well as the organization’s important objectives. He felt the time was right to join its cause by bringing his own knowledge and experience to the team.

“The CMP Board is comprised of great professionals who care about the mission of the organization and the staff that makes it all happen. It was a great opportunity,” he said of his decision to join the company.

O’Keefe’s other credentials include a Bachelor of Science in Nuclear Engineering from the United States Military Academy, a Master of Engineering in Operations Research and Industrial Engineering from Penn State University and a Master of Science in National Resource Strategy from the National Defense University, Industrial College of the Armed Forces. Moreover, Mr. O’Keefe maintains a professional engineer license from the state of Virginia, where he lives with his family. Outside of work, he enjoys shooting, golf, running, and spending time with family.

“I certainly hope that the very diverse set of leadership and business experiences over the years will translate well as I move into this position,” he said. “I’ve inherited a fantastic organization and thank the staff and the members of the Board who’ve put the CMP in such a great position.”
Former National Rifle Coach, Business Professional Join CMP Board in 2022

With the retirement of three long-time Board members (Judith Legerski, Maj. Gen. Harry Sieben and Jon Bengtson), the CMP is excited to announce two new members joining in 2022.

John Carson:
John Carson will serve as the Chair of the Compensation Committee. He is the former President and Vice Chairman of Raymond James Financial, having left the position in 2022. He was also on the firm’s Executive Committee and was head of the Fixed Income, Public Finance, Corporate Development and Strategic Accounts divisions. Before Raymond James, he was the CEO of Morgan Keegan & Company – an organization he joined in 1994. His career began at Chase Manhattan Bank in New York and in Caracas, Venezuela, where his focus was correspondent banking and currency arbitrage.

Carson holds a Bachelor of Arts degree from Dartmouth College, with a double major in International Economics and History, and an MBA from Harvard Business School. In his private life, Carson is married with four sons.

Dan Durben:
Dan Durben will serve as the Chair of the CMP Scholarship Committee. Durben has first-hand experience in smallbore rifle, air rifle, highpower and biathlon through a career spanning more than 40 years. As a coach with USA Shooting, he led teams to the 2000 Sydney and the 2021 Tokyo Olympic Games and the 2004 Athens and 2008 Beijing Paralympic Games, with his athletes winning two Gold and two Silver medals overall.

Durben’s own accolades as an athlete include National Champion (smallbore and air rifle), World Champion (air rifle) and Olympian (smallbore) – representing the USA in the 1988 Seoul Olympic Games.

He retired as a USA Shooting coach in 2021. He also recently completed his career as a Physics Professor at Black Hills State University with over 50 research publications and conference presentations. Additionally, he was the school’s Faculty Athletics Representative for over a decade. Dan is most well-known to the CMP community as the Director of the CMP 3-Position Air Rifle Summer Camp program for 15 years and played a critical role in the development of a generation of junior rifle shooters across the country.

The CMP Board: In addition to these new members, returning CMP Board members include: Jerry O’Keefe (Chairman), Carmen Allegra (Vice Chairman), Gary Cheek (Treasurer), Launi Meili (Secretary), Will Dantzler, Ed Newell and Regina Chavis. Learn more about all the CMP Board members at https://thecmp.org/about/board/.
CMP's Updated Mission and Vision Statements

To better reflect its Nationwide responsibility for marksmanship excellence, the CMP has updated its mission and vision.

While the previous mission and vision have served the CMP well, the recent change in corporate leadership led by new Board Chair and CEO Jerry O'Keefe, provided an opportunity to renew the direction of the organization through its core values.

“When there are significant changes to an organization, a Mission/Vision review is prudent,” said O’Keefe, who assumed the chair role in September 2022. “In CMP’s case, the organization has grown significantly since the previous mission and vision were determined, and CMP is poised for additional growth. These two things in combination made it the perfect time to conduct this review.”

“New leadership often brings new ideas and a new focus that might result in a change,” O'Keefe went on. “Especially to the Vision.”

**CMP’s Updated Vision – To lead the nation in marksmanship excellence providing safe, high quality and innovative programs with a focus on youth**

“A Vision Statement is a future or aspirational view of where an organization hopes to be,” O'Keefe said. “There are several key words or portions of the new CMP Vision Statement which are important.”

Essential principles the CMP aspires to express through its Vision:

**CMP as a national organization/leader** – The CMP is prominent in all corners of the country with the promotion of marksmanship through affiliated clubs, training programs and competitions. Furthermore, future plans to leverage technology, expand programs and add physical locations will cement the national presence, impact, and leadership of the CMP.

**Marksmanship excellence and safety** – As the CMP continues to grow, maintaining the high standard of marksmanship excellence and safety that has been the hallmark of the CMP since its inception 26 years ago is fundamental to the organization.

**Innovation** – Technology is changing fast in the firearms industry and marksmanship sports. To be a national leader, CMP must anticipate trends and provide new and exciting opportunities—especially with youth programs.

**Youth** – As directed in our enabling legislation, Youth Programs will remain a CMP priority as stated in our mission, and in the future, as reflected in our vision.

Equally as important as the vision, the new CMP mission directs the corporation to focus on the core tasks of the organization.

**CMP’s Updated Mission – Promote marksmanship through firearms training, safety, competitions and youth programs**

“The Mission drives everything the organization does by focusing on the essential tasks we must accomplish. It is the starting point of our strategic planning and the basis for any decisions,” explained Lieutenant General Gary Cheek, US Army (Retired), Chair of the CMP Strategic Planning Committee. “Our plan starts with the mission and vision and by assessing mission related strategic indicators, proposes long term goals and resourcing decisions to guide us toward our vision.”

Cheek and the CMP Board Strategic Planning Committee members were the ones initially tasked with revising the mission and vision. In addition, the committee is also charged with developing a strategic plan for the organization to guide future decisions through a holistic assessment of the organization mission and business areas.

“We assess these areas to understand our current strengths, weaknesses, and trends to make decisions on future programs, investments, capital improvements and technology,” said Cheek. “When considering the mission revision, the Strategic Planning Committee focused on the key CMP tasks. Central to this is our enabling legislation and what the U.S. Congress directed the CMP to do.”

“While the previous mission has served CMP well, the new mission integrates the critical aspects of how we promote marksmanship. We believe this continues the best parts of the previous mission with greater clarity of purpose,” he added.

Following staff input, the board voted on and approved the new mission and vision later the same month. The mission and vision will guide the day-to-day CMP dedication to marksmanship excellence and provide an aspirational goal for innovation in the future.
The National Three-Position Air Rifle Council established the Junior Excellence-In-Competition Award Program to provide incentives for junior three-position air rifle competitors to improve and excel.

This program awards prestigious badges of distinction to the most outstanding junior shooters. Junior shooters earn EIC credit points by placing in designated competitions in accordance with the requirements of this program.

The Junior Distinguished Badge is awarded to school-age junior three-position air rifle shooters who attain a series of high rankings in designated major junior air rifle championships that include the State Junior Olympic Qualifiers, CMP Cup Matches, National Junior Olympic Championships and other National Council Three-Position Air Rifle Championships.

Congratulations to the juniors listed here who recently earned their badges. ON THE MARK will recognize all juniors who achieve this outstanding goal in each issue.

For more program info, log onto https://thecmp.org/youth/junior-distinguished-badge/ or email CMP Competitions at 3PAR@TheCMP.org.

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Katrina Demerle, 17, of Hamilton, Ohio, has earned the Civilian Marksmanship Program’s (CMP) Distinguished Air Rifle Badge #1.

The latest addition to the CMP’s Distinguished Badge Program was introduced in early 2022. The Distinguished Badge Program awards marksmen and women who produce consistent scores at qualifying events where they may earn the Excellence-In-Competition (EIC) points needed to receive a badge. It’s a prominent honor in the marksmanship community and is now available in a variety of disciplines for adults and juniors, such as within 60 Shot Air Rifle.

“When I heard about it, I knew I wanted to earn that badge,” Demerle said, confidently.

She earned her initial Air Rifle EIC points in January and her final points in September. The first to reach at least 30 points in the new Air Rifle category, she received an engraved Badge #1 and a place in the history books.

“I wasn’t really focused on getting Badge #1 – I just wanted to earn the badge at some point,” she admitted. “But I feel very honored to have achieved Badge #1.”

Demerle’s first experience in marksmanship was when her dad, Butch, helped her use his rifle at his friend’s house when she was just six years old. Soon after, Butch signed her up for a local junior smallbore program – which also eventually led her to air rifle.

She’s been competing for the last seven years and currently uses a Pardini for air rifle and a Feinwerkbau 2700 for smallbore and practices two to three times per week. She tries to compete in three or more matches per month, including at CMP’s Monthly Air Gun Matches where she has won several awards. Her typical scores land around 596 in air rifle and over 580 in smallbore.

Demerle has been a member of the USA Shooting National Junior Team for international and three-position air rifle. Over her career, she has accrued multiple national records – currently holding over 10. She has competed in over 400 matches and has racked up several championship titles, including within CMP competitions and other matches.

In 2021 alone, she earned silver at the Junior Olympics in Women’s Air Rifle, the overall title at the CMP/Junior Olympic Three-Position National Championships, gold at the El Salvador Junior Grand Prix, leading International Air Rifle athlete at the Anschutz Open and finished 33rd in Women’s Air at the Junior World Championship in Lima, Peru – among other accolades.

Her talents have also led her to become the CMP’s Gary Anderson Invitational three-position air rifle match champion for the last four consecutive years as well as a five-time Ohio Junior Olympic Women’s Champion in Air Rifle and Smallbore. She had previously earned a Junior Distinguished Badge #1201 in Three-Position Air Rifle in 2017.

In the future, she’d like to compete on a NCAA Rifle Team and hopefully help lead its members to a national championship.

“I am looking forward to working with a college coach who can help me improve my shooting skills so I can become the best shooter I can possibly be,” she said.

About the Distinguished Badge Program:
To earn a Distinguished Badge, a competitor must earn 30 or more Excellence-In-Competition (EIC) points or more in a qualifying competition. Individuals earn the 6, 8 or 10 “leg” points based on score and a percentage of match participation, with at least one “hard” leg, worth 8 or 10 points. Those interested in learning more about the Distinguished Badge Program or how to earn one (or several!), may find more info on the CMP website at https://thecmp.org/competitions/distinguishedbadges/.

Demerle was presented her badge by DCM Emeritus, Gary Anderson.
MARENGO, Ohio – On Oct. 29, 2022, the Civilian Marksmanship Program (CMP) facilitated a youth Civil Air Patrol (CAP) outing at the Cardinal Shooting Facility – located just north of Columbus in Marengo, Ohio. The instructors for the event were CMP’s Dan Arnold and Dean Bates.

The training session at Cardinal Shooting Center began at 9 a.m., with a short briefing that included general firearms safety, range procedures and marksmanship fundamentals. A group of 48 cadets with varying firearm experience were in attendance as well as around 15 CAP senior members and a CAP Medical Officer.

During the day, cadets fired shots with .22 caliber rifles from the prone supported position at a distance of 50 yards on the range. After firing five shots, each cadet’s shot groups were evaluated. Instructors on the line helped the cadets make sight adjustments before an additional five sighting shots were taken.

Once the second groupings were evaluated and adjustments made, participants went on to fire 40 shots for record. Arnold and Bates carefully monitored the record firing, helping the cadets with additional sight adjustments, if needed. Most of the four targets used for record at each firing point showed improvement in shot groupings as the day went on.

The cadets firing in the event were vying for the accompanying NRA Pro-Marksman Badge by reaching a qualification score of 200 out of a possible 400 points (50 percent). Of those in attendance, 42 cadets achieved the minimum score and were awarded badges, with overall scores ranging from 180 to the mid-300’s.

“Overall, this year’s CAP/CMP training event went very well,” said Arnold. “What we have accomplished to date dovetails with the CMP’s Mission and Vision: Marksmanship, Firearms Training, Safety and Youth Programs. I’m looking forward to the possibility of expanding these training opportunities to other cadets around the nation.”

More About CAP:
Civil Air Patrol (CAP) is a civilian auxiliary of the U.S. Air Force that was established in 1948, beginning just before World War II. The core missions of CAP are emergency response services, such as search and rescue/disaster relief, aerospace education and youth cadet programs. CAP also conducts 90 percent of inland search and rescue in the U.S. – equipped with the largest fleet of single-engine planes in the world at over 550. The program is congressionally chartered and operates as a 501(c)(3) nonprofit corporation. Currently, there are over 23,000 youth members in cadet programs nationwide.

Covering all 50 states, District of Columbia, Puerto Rico and the U.S. Virgin Islands, CAP is composed of eight geographic regions consisting of 52 wings. Its cadet program attracts youth ages 12 through 20. Members of CAP also have the opportunity to earn college scholarships in several different disciplines and may even enter the Air Force at a higher pay grade. Learn even more by visiting CAP’s official website at https://www.gocivilairpatrol.com/.
In order to increase awareness of the sport and to provide insight to juniors looking to continue their marksmanship careers into college and beyond, the CMP highlights some of the nation’s current collegiate rifle programs. Read along as we feature the coach and athletes of the Wofford College Rifle Team!

Wofford College is a private liberal arts college located in Spartanburg, S.C. Rifle was a varsity sport at Wofford College during various points between 1930 to 1960. These teams primarily were part of the ROTC program and were at the strongest in the years immediately before and after World War II. Rifle resurfaced for a short time in the 1980s as well. In 2003, rifle began at Wofford as an NCAA Division I sport as the school was broadening sports offerings after moving to the NCAA after decades in the NAIA. The team was a member of the SEARC until the Southern Conference began sponsoring the sport in the 2016-17 season.

**Charlie Yang**

**Hometown/Junior Team:** Moore, Spartanburg

**What is your major?** Psychology and Sociology/Anthropology. I enjoy looking into the human mind and understanding an individual’s identity shaped by their experiences and background. In addition, I want to advocate for mental health equity for the BIPOC (Black, Indigenous, People Of Color) community as the BIPOC community is statistically less likely to ask for help or know of help relating to mental wellness. My favorite class this semester is Gender Identity in Society.

**How old were you when you got involved in rifle?** 19

**Outside of rifle, are you part of any other organizations or clubs?** Yes, I am involved with a variety of organizations: WAAPI, Bonners Scholars, Gateway Scholars, Mu Beta Psi, Black Student Alliance, Wofford Women of Color

**Favorite rifle and stage?** Air rifle, Standing

**What do you do outside of rifle to train?** Outside of rifle, I do digital art to better myself and express myself internally. In addition, I do meditation to help me reflect and relax at the end of the week. Both are very calming activities to let out my internalized energy.

**Future plans/goals for rifle and life?** Overall, I wish to continue growing and developing every day. I hope to improve my rifle skills and continue growing my knowledge of the sport. I want to be able to see my consistency and steady growth – but also my lows and highs. I wish to continue this sport until the end of college. Rifle has also grown to be an outlet for relaxation. It started off as a sport of interest and an activity I could dedicate my time to as it would be a change of pace in my daily life. My plan for the future is to complete my degree and go into certification programs before heading to graduate school. I want to be a Forensic Psychiatrist specializing in children, specifically BIPOC children.

**Additional comments?** No matter what happens in your life, day, or class – just look forward to the littlest thing to keep going.
Ansel y-Brooke Springer

Hometown/Junior Team: Batesburg-Leesville, S.C.

What is your major? I am a biology major on the pre-med track. I have always known that I wanted to go into the medical field, and I enjoy science, so biology was an easy choice for me. My favorite class so far has been Genetics.

How old were you when you got involved in rifle? I did not start competitive rifle until last year as a true freshman at Wofford. I have been shooting long range as a hobby since I was about eight.

Outside of rifle, are you part of any other organizations or clubs? Outside of rifle, I serve on the executive board for Wofford College SAAC (Student Athlete Advisory Committee). Also, I am Co-chief Photographer on the yearbook staff at Wofford, and I attend a couple Christian groups as well.

Favorite rifle and stage? My favorite rifle to shoot is the air rifle. It just comes more naturally to me, and it is more satisfying to shoot than stressful. As far as .22, my favorite smallbore position is standing because I feel like I have the most control in that position.

What do you do outside of rifle to train? The Wofford athletic training staff guides the team through our workouts each week for strength training. Personally, I must focus on balancing sleep and schoolwork every week because lack of sleep is detrimental to success in the range.

Future plans/goals for rifle and life? I plan to continue competing on the rifle team as I work on my biology degree. I really enjoy rifle and it has become a sport that I share with my family on the weekends when I go home.

Additional comments? The Wofford rifle team members and coach have become family to me. I was not on a formal rifle team before college, so to have been taken in and constantly backed and supported by the rifle community has been an incredible experience for me.

Isabella Timmons

Hometown/Junior Team: I started my rifle journey at Hartsville High School, S.C., as part of their JROTC program coached by LTC Darryl Tumbleson.

What is your major? I am a Mathematics major with minors in Philosophy and Studio Art. I chose to major in math because it has connections and applications to all other areas of study. Admittedly, though, my favorite classes at Wofford have been two philosophy classes: Feminist Philosophy and Gender, Race and Science.

STORY CONTINUED AHEAD...
How old were you when you got involved in rifle? I was about 16 when I got involved in Rifle.

Outside of rifle, are you part of any other organizations or clubs? Outside of rifle, I am part of Wofford Vegans and Vegetarians and Wofford Weightlifting Club.

Favorite rifle and stage? My favorite stage to shoot is prone with the smallbore .22 rifle.

What do you do outside of rifle to train? Since diet can determine mental and physical endurance, being aware of what I eat is the most important aspect of preparing my body for the sport. In addition to diet, the team also participates in regular physical training sessions created and instructed by Wofford’s Athletic Department. Personally, I have also found that meditation and yoga are beneficial in developing a calm mindset, creating awareness of the body and building balance in position.

Future plans/goals for rifle and life? I hope to continue my journey in academia by continuing my education after graduation.

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Hometown/Junior Team: Leavenworth High School JROTC Rifle Team and Wyandotte County 4-H Rifle Team

What is your major? My major is Biology; I am on the Pre-Med track. This is because I have a passion for biology, and I want to be a trauma surgeon in the Army.

How old were you when you got involved in rifle? I was 10 years old when I first started shooting rifle.

Outside of rifle, are you part of any other organizations or clubs? I am part of the ROTC program at Wofford College.

Favorite rifle and stage? My favorite discipline is smallbore rifle with kneeling being my favorite position.

What do you do outside of rifle to train? Outside of rifle I try to get a cardio workout in every other day, I stretch and meditate daily, and I read books to further extend my knowledge of the sport.
Q&A with Athletes and Coaches

**Garett Dall**

**Future plans/goals for rifle and life?** Depending on how rifle goes in college, I would like to try out for the U.S. Army Marksmanship Unit or Team USA. If that doesn’t work out, I will still compete regularly whenever I get the chance in 3-P smallbore, air and other types of shooting.

**Jessy Delgado**

**Hometown/Junior Team:** Passaic, New Jersey (hometown) Broome High School shooting team

**What is your major?** My major is Spanish and Studio art, with a minor in economics. My favorite class is sculpture because I can positively express myself. I choose those majors because I am part of a design team at the restaurant where I work and also help with the business side, where economics comes into play.

**How old were you when you got involved in rifle?** I was 15 when I started but took a few years off when our coach left. I started again when I was 18.

**Outside of rifle, are you part of any other organizations or clubs?** I play soccer on two club teams, participate in CrossFit and Religious youth organizations.

**Favorite rifle and stage?** I love air rifle because all your focus is on one position. I also love .22 standing because it takes a different level of knowledge and patience to understand.

**What do you do outside of rifle to train?** I do CrossFit four times a week and calisthenics because it helps keep me in shape.

**Future plans/goals for rifle and life?** I hope one day to coach rifle and help others in any way I can. I hope to teach people that rifle isn’t a sport to be feared but rather is just like any other sport that requires strength, patience, willpower and practice.

**Coach Seth Flanagan**

**Hometown:** Washington, D.C.

**Were you an athlete before coaching?** My first experience shooting was with my grandfather at the local trap and skeet club. From there, I was introduced to precision shooting in high school. I didn’t plan on playing any sports in college, and I was accepted to Wofford and paid my deposit before I learned about the rifle program.

Story continued ahead...
Wofford College Rifle
Q&A with athletes and coaches

Coach Seth Flanagan

Were you an athlete before coaching (continued)?
I accidentally met the rifle coach, Randy Hall, when I stopped and asked for directions. As a competitor, I was the team captain for two years and worked hard to advocate for our team and shooting sports. I was on the college and Southern Conference honor roll.

Favorite reason for coaching: I enjoy coaching the most because it allows me to teach people the sport I love so much. I love the “aha moments.” Nothing is more rewarding than seeing something “click” for an athlete.

What is a day as your athlete like? My athletes work hard. None of them choose the easy way out. They challenge themselves academically, outside the classroom, and on the range. They are leaders on our campus and in the community.

In the range, we do drills, position work, inter-team competitions, etc. Additionally, our team has a regular workout regimen they do with our strength and conditioning department. They also work with our counseling staff to help with their mental health. So much of our sport relies on a healthy mindset, so this part of our training is essential.

What is your biggest challenge as a coach? One thing they never tell you as a coach is how many hats you wear. It's all in good fun, though. On a more serious note, rifle is a relatively small sport within collegiate athletics, and consequently, it is not as widely known as football or basketball. Ensuring that people know that your institution has a rifle team is essential. I cannot tell you how many times a week I hear, "I had no clue Wofford had a rifle team..."

Advice for college athletes and graduating college seniors? For competitors just getting into the sport, I encourage you to work hard and keep your head up. Don’t let low scores get you down. This sport is not easy, and anyone who suggests otherwise has never done this before. Scores will follow if you, as a competitor, do the work.

For college athletes, focus on mastering your shot process versus chasing a perfect score. In a sport where a "perfect score" is technically possible and the level of competition is so high, it is hard not to let scores become your primary focus. Good scores are important, but you must do your part to attain them.

For graduating seniors, take the world by storm. Know your worth, and never let anyone treat you any differently.

Final thoughts? In the gun community, there are not many people of color, and that number gets much smaller in the world of precision shooting. I want the world to see that someone who looks like me can do this sport.

I still compete, although not as much as I would like. It's incredible how much time I spend on a shooting range yet shoot so little myself. My goal this year is to get back into smallbore and service rifle shooting.

NOTE: The CMP website now has an entire page dedicated to College Resources. Located under the “Youth” dropdown, College Resources provides a full list of colleges with NCAA Rifle Teams, along with contact registries and other info on how to continue your career after high school. See more at https://thecmp.org/youth/college-resources/.
On the weekend of Nov. 12-13, 2022, the Civilian Marksmanship Program (CMP) State Directors assembled at Talladega Marksmanship Park in Alabama to exchange ideas, discover more about the organization’s latest endeavors and socialize. A total of 27 State Directors attended the meeting, which was the first time the group was able to gather since 2018.

The CMP State Directors are appointed in each state to provide leadership, coordination, net-working, motivation and publicity for shooting sports in their geographic areas. They work directly with coaches and individuals to provide enjoyable, informative and fun opportunities for competitors across their states and help lead them in positive directions.

“It was great getting everyone together again – many things have changed within the CMP since 2018,” said Dana Lynd, assistant programs chief. “We were able to update everyone on all the great things we are doing.”

During the weekend, State Directors were able to meet with new Board Chairman and CEO, Jerry O’Keefe, who took over the position in September after the retirement of former Chair-man, Judy Legerski.

Attendees also heard from Mark Johnson (Director of Civilian Marksmanship), Christie Sewell (CMP programs chief), Shannon Hand (competition manager), Steve Cooper (training and edu-cation training manager), Greg Raines (assistant chief operating officer), Gina Johnson (CMP South general manager) and Ryan Hinson (program coordinator). Each spoke on their respec-tive departments such as pistol, air rifle, smallbore, summer camps and, of course, the CMP State Director program.

Ashley Jackson with the MidwayUSA Foundation was also on hand to discuss the non-profit organization’s important relationship with the CMP. The event was facilitated by Sylvia Schoewe, State Director support staff.

“Everything went well!” said Schoewe. “I’ve had quite a few State Directors reach out and say that they enjoyed the meeting – that it was put together very well and that they learned a lot.”

The State Directors also had the chance to stand, introduce themselves and explain a little about what their state has been involved in with marksmanship programs.

“The new State Directors thought that was really helpful,” Schoewe added. “It also gave exist-ing State Directors fresh ideas.”

After the classroom portion of the workshop was over, the group was able to tour the 500 acres of Talladega Marksmanship Park.

A complete list of CMP State Directors, including their individual bios and contact information, can be found by visiting https://thecmp.org/training-tech/state-director/.

They are always happy and willing to answer any questions about shooting sports or marksmanship opportunities available in your area.

### CMP State Director Openings

The CMP is currently taking applications for the following states: Delaware, Maine, Nevada, Tennessee, Vermont and Washington.

For more information on re-quirements on applying for a State Director position, visit http://thecmp.org/training-tech/state-director/ or contact Sylvia at (419) 635-2141, ext. 726 or email sschoe-we@thecmp.org.
CMP Western Games Return to Arizona in 2023 with New Pistol Bundle Offer

PHOENIX, Ariz. – The Civilian Marksmanship Program’s (CMP) Western CMP Games and Highpower Matches is set to return to the Ben Avery Shooting Facility in Arizona, March 10-19, 2023. This recreational marksmanship event is comprised of a full lineup of friendly, challenging competitions on the range as well as educational opportunities. The event is open to anyone with an interest in the sport—regardless of experience.

The Western CMP Games and CMP Highpower Matches present a mix of marksmanship opportunities for guests to enjoy. CMP Games events like the Garand, Springfield, Vintage Military, Rimfire Sporter, Carbine and Vintage Sniper will again fill the rifle competition schedule, while those wanting more educational experiences may sign up for the Pistol or Rifle Basic courses, which teach firearm fundamentals in a one-on-one classroom setting.

A series of pistol opportunities like the Pistol 2700, .22 Rimfire Pistol, EIC Pistol, 1911 and Military & Police Service Pistol events will also resume for the second year. New for 2023, the CMP has added a Service Revolver EIC Match to the schedule.

Competitors firing in all five individual pistol matches (.22 Rimfire EIC Pistol, EIC Service Pistol, EIC Service Revolver, 1911 As-Issued Pistol and Military & Police Pistol) will be able to register for the Individual Pistol Match Bundle for a discounted price! Slightly augmented entry fees over all Western Games events for 2023 makes the Bundle even more appealing, though competitors shouldn’t expect any major upsets to their pockets with the increases.

Another add-on to the Western Games schedule for 2023 is a 3x600 Rifle Match. This competition includes sighting shots, followed by three 20-shot strings for record in slow-fire prone from 600 yards. Competitors may use Match Rifle, Service Rifle, F-Open, F T/R or AR Tactical Rifles during the 3x600 event.

Outside of the Games schedule, the CMP Highpower Matches include three days of 800 Aggregate competitions with additional recognitions given for the culminating 2400 Aggregate event. The Highpower events also include 4-Man Team and Service Rifle EIC matches that create even more exciting possibilities on the firing line.

Additionally, a CMP Advanced HP Clinic (featuring live fire training and practice), will be conducted by CMP Instructors. The clinic offers lectures and demonstrations by some of the world’s leading civilian Highpower service rifle competitors. Those signed up for the course will need to bring their own shooting equipment, rifle and ammunition to participate.

To further ensure a safe environment for all competitors and spectators, trained CMP staff members will be present at every match. Both youth and adults are welcome, so join in on all the competition, new experiences and fun!

Registration is now open! More information about the Western CMP Games and registration forms can be found on the CMP website at https://thecmp.org/cmp-matches/western-cmp-highpower-cmp-games-matches/.
Throughout its history, the CMP has prepared an ever-growing number of shooters with firearm safety and marksmanship skills through its programs, clinics and other events. With the hope to spread the promotion of marksmanship and shooting sports, other organizations have joined CMP in its efforts by creating their own hometown clubs. Whenever possible, we recognize these clubs and their achievements in our publications. If you would like your club recognized, please email photos, captions and a short article to abrugnone@thecmp.org.

Congratulations to Summerlin Academy AJROTC from Bartow, Fla., whose members defeated Powhatan AJROTC during a weekly national team league three-position air rifle match, sponsored by the Orion Scoring system. During the match, each cadet fired 10 shots from prone, standing, and kneeling positions. The Summerlin team is coached by SFC (R) Lamonte Munns.

Summerlin Academy cadets kneeling are Jacob McGuire, Abigail Ramirez-Martinez and Keegan Salm. Standing left to right are Zachary Pickren, William Ausmus, Alondra Diaz, Isabella Tedeschi, Italia-Franchesca Lopez and Hendrix Adams.

The Granbury High School Lady Pirates from Texas competed in the 2022 JROTC Postal on Tuesday, Nov. 15, in the hopes of qualifying for the JROTC Service Championships match in February. The event is facilitated by the CMP.

Granbury MCJROTC has fielded two teams the past two years for this competition and won the first place spot five years in a row, since 2018.

Seven athletes auto-qualified for the event: Caroline Martin, Ashton Arlington, Kameron Wells, Sunnee Schumann, Mataya Turner, Kennedy Wells, and Julia Czernik with scores of 298, 296, 295, 290, 289 and 287, respectively.

The rest of the team, including Cadince McGrath, Ainsley Milligan, Viola Allen, Caylynn Price, and Kaylenn Jackson, shot scores of 283, 281, 280, 272, and 266 respectively.

The Marine Corps Service Championships will be at the Judith Legerski CMP Competition Center in Anniston, Ala., Feb 2-3, 2023.
On Nov. 18-19, 2022, 112 air rifle athletes from Anchorage, Mat-Su Valley and Fairbanks, Alaska, participated in the 2022 Jordyn Durr Memorial CMP Cup Match.

Cadet Petty Officer 3rd Class Jordyn Durr was tragically killed by a drunk driver while walking home on Aug. 9, 2013. She was a member of Robert Service High School’s Navy Junior Reserve Officers Training Corps and the school’s air rifle team.

“Her smile was infectious, and she worked hard at looking her best as a cadet,” said Jordyn’s former teacher, GySgt Tom Foust. “She found a way to balance school, teams, all while supporting unit scheduled community service and school support.”

Foust, who now coaches Robert Service High School’s air rifle team, assembled the CMP Cup match to honor Jordyn’s memory while also providing opportunity for current youth athletes.

“I started hosting this match years ago to give more Alaskan athletes an opportunity to earn EIC points,” Foust said. “There aren’t many chances in state to do that.”

Outside of air rifle, Jordyn was known to help with many school and community service activities. Her NJROTC Awards consist of the Distinguished Unit Award, Exemplary Personal Appearance with bronze star in lieu of second award, the Physical Fitness Ribbon with bronze lamp, Participation Ribbon with two silver stars in lieu of 6th award, the Unit Service Ribbon, and the Community Service Ribbon. Jordyn was also posthumously promoted to C/PO3.

Participants in the November air rifle event in her honor received a t-shirt with “Don’t Drive Drunk” imprinted on the back – a stark reminder to the costly effects of operating a vehicle while intoxicated.

The 2022 Jordyn Durr Memorial CMP Cup Match ended with Evelyn Golden of West Valley Marine Corps JROTC earning four Civilian Marksmanship Program (CMP) EIC points toward a coveted Distinguished Badge. Eagle River Blue received
first in the precision class, with a score of 2229 (Isabelle Greidanus 569, Wyatt McDonald 556, Dawson Cox 554, Aviana Bierl 550).

South Anchorage Wolverines took second with 2198 (Dane Kersten 566, Alexandria Kincaid 552, Bella Anderson 545, Claire Hemstreet 535), while Service Cougars took third with 2196 (Sophie Wilts 565, Mylee Flatt 549, Ahren Peterson 545, Sage Kontny 537).

In sporter, West Valley Wolf Pack Marine Corps JROTC dominated, earning first overall with a score of 2095 (Evelyn Golden 547, Ebin Arzac 526, Amy Roberts 521, Joseph Finniko 501).

Second Place went to South Anchorage Air Force JROTC Team Alpha, with 1960 (Elodie Bennett 507, Rachael Foster 498, Kristina Huffaker 485, Katrina Marshall 470). Colony Army JROTC Team 1 reached 1832 for third (Ercilia Trevino 477, Nate Mayfield 458, Elijah Baker 454, Kayleigh Brager 443).

Leading overall individuals:

**Sporter Class:**
- **First Place:** Evelyn Golden of West Valley Marine Corps JROTC – 619.3
- **Second Place:** Amy Roberts of West Valley Marine Corps JROTC – 604.9
- **Third Place:** Ebin Arzac of West Valley Marine Corps JROTC – 604.4

**Precision Class**
- **First Place:** Dane Kersten of South Anchorage High – 663.1
- **Second Place:** Sophie Wilts of Robert Service High – 662.8
- **Third Place:** Isabelle Greidanus of Eagle River High – 660.0

For all results of the 2022 Jordyn Durr Memorial CMP Cup Match, visit [https://ct.thecmp.org/JordynDurrMemorial2022Results](https://ct.thecmp.org/JordynDurrMemorial2022Results).
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