



# ON THE MARK

THE NEWSLETTER FOR COACHES AND JUNIOR SHOOTERS © SPRING 2021

## Adjusting to the New Normal

CMP, Athletes Keep Life on the Range Moving Forward in the Latest Era

### Learn More:

- Olympic Shooting Events
- Competition Nerves: Pistol

### Featuring:

- New Camp Perry Open Lineup
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## ON THE MARK

<https://thecmp.org/news-media/on-the-mark/>

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**ON THE MARK** is published quarterly by the Civilian Marksmanship Program. It is dedicated to disseminating news and information about junior shooting activities to leaders and coaches of junior shooting clubs, teams and camps. Its primary purpose is to help youth shooting leaders teach firearms safety and marksmanship more effectively.

**Subscriptions:** One free **ON THE MARK** subscription is provided to each junior club that is affiliated with the CMP, JROTC unit with a marksmanship program and 4-H Shooting Sports Club. Individual subscriptions to **ON THE MARK** are available at \$8.00 per year. To subscribe to **ON THE MARK**, contact: 419-635-2141, ext. 724 or email [onthemark@TheCMP.org](mailto:onthemark@TheCMP.org).

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**ON THE MARK Wants Your Input:** We want your correspondence and opinions. **ON THE MARK** will dedicate space to publish letters from readers. Though we may not be able to publish them all, we will make every effort to provide comments that will be beneficial to the broadest audience. If there is a story you feel we should cover, notify us. Send your comments or questions to: Letters to the Editor, CMP Headquarters, P.O. Box 576, Port Clinton, OH 43452 or email your letters or comments to [abrugnone@TheCMP.org](mailto:abrugnone@TheCMP.org).

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The **Civilian Marksmanship Program** is a non-profit organization chartered by the U. S. Congress to promote marksmanship training and firearm safety, with a primary emphasis on youth. The CMP is authorized to receive and sell surplus government rifles and ammunition that are suitable for marksmanship. Proceeds from these sales are dedicated to CMP programs. CMP enabling legislation requires that its highest priority must be given to "activities that benefit firearms safety, training and competition for youth." **ON THE MARK** is a vital part of CMP efforts to fulfill its mission to serve and develop junior shooting in the United States.

Information about the CMP may be viewed on the CMP web site, [www.thecmp.org](http://www.thecmp.org) or on the CMP online newsletter, **The First Shot**, at <https://thecmp.org/news-media/the-first-shot/>.

## © Sighting Shots ©

### © Talladega Marksmanship Park Events.

The CMP is excited to announce new developments at its Talladega Marksmanship Park in Alabama. Over the last year, Talladega's staff members have taken the time to carefully consider fantastic improvements to the facility, with guest satisfaction in mind. In 2021, take a visit to the park to discover the facility's new Unknown Distance Range, its monthly Basic Rifle, Pistol and Shotgun courses, Youth Outreach opportunities and so much more! Find all of Talladega's 2021 offerings by visiting the CMP website at <https://thecmp.org/ranges/talladega-marksmanship-park/>.

### © CMP Podcasts.

Did you know that CMP now has its very own podcast series? CMP Podcasts, introduced in 2021, is the organization's own digital series of interviews and conversations for listeners to enjoy. The podcast episodes cover a variety of topics, including in-depth looks into CMP departments and upcoming competitions, along with insight directly from the voices of professionals within the marksmanship industry. CMP Podcasts are available on a number of platforms, including Apple Podcasts, Spotify, Google Podcasts, and more! Discover more on the CMP website at <https://thecmp.org/news-media/cmp-podcasts/>.



### © Upcoming CMP Events.

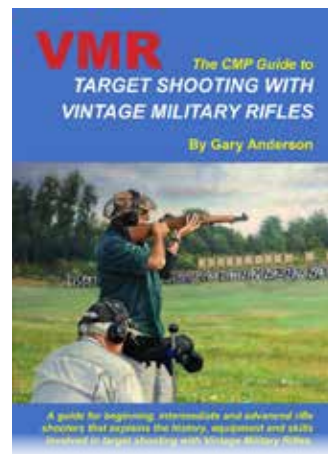
The CMP has several rifle and pistol competitions and learning opportunities on the 2021 event schedule, including the annual Eastern Games (April/May), Talladega D-Day matches (June) and National Matches (July/August). The events are scattered across the United States to expand our exciting offerings to a wider audience of firearm supporters. Visit the CMP website at <https://thecmp.org/>

[competitions/cmp-travel-games/](https://thecmp.org/competitions/cmp-travel-games/) to view all of the events ready to tour the country in the coming months.



### © Target Shooting With Vintage Military Rifles.

Vintage military rifle competitors and collectors alike will be excited learn the CMP has released a new book, entitled **The CMP Guide to Target Shooting With Vintage Military Rifles**, authored by Gary Anderson, Director of Civilian Marksmanship Emeritus and two-time rifle Olympic gold medalist. The 284-page, soft-bound, fully-illustrated first edition is likely the most comprehensive manuscript ever written about the methods of training and competing with popular American and foreign vintage military rifles. The CMP E-Store has several publications available to purchase here: <https://estore.thecmp.org/Catalog/Item/792>. Place your order today!



**On the Cover: The impact of COVID-19 in 2020 has changed the face of marksmanship. The CMP, with compassion and cooperation from our supporters, has stayed true to its commitment to safety, which now includes a dedicated stance on masks, social distancing and other procedures. We will continue to recognize the well-being of all of our staff and guests in 2021 as we maintain our passion for marksmanship activities.**

# CMP's 2021 Monthly Air Gun Match Schedule

CAMP PERRY, Ohio; ANNISTON, Ala. – As we ring in the New Year, the Civilian Marksmanship Program (CMP) looks forward to welcoming competitors each month at our indoor air gun ranges. A full lineup for the CMP Monthly Matches, featuring a series of air rifle and air pistol events, is scheduled for 2021. The Monthly Matches are open to the public and designed for all ages and experience levels.

The CMP Monthly Matches are held at both CMP Competition Centers (located in Anniston, Alabama, and at the Camp Perry National Guard Training Facility in Port Clinton, Ohio). Both facilities are equipped with 80 electronic targets which allow competitors to view their shots instantly on the monitor at their firing point. Since spectators are limited at this time (one coach/parent allowed for each competitor), the CMP's innovative technology allows anyone to view targets in real time on our website (<https://thecmp.org/competitions/live-targets/>).

## Monthly Matches currently scheduled for the 2021 season include:

- March 20                      • September 18
- April 10                      • October 9
- May 8                         • November 13

During the Monthly Matches, competitors have the opportunity to be ranked amongst match participants from around the nation as competitions fire simultaneously in Alabama and Ohio. Staple events of the Monthly Matches include a Junior 3×20, Junior 3×10, 60 Shot Air Rifle Standing and 60 Shot Air Pistol. Top scorers at each range are presented special Monthly Match medals.

A Monthly Match League that combines the scores of repeat competitors adds even more competitive fun and the chance to cultivate match experience on the firing line. Prizes are awarded to the overall winners from both Ohio and Alabama during the 2021 season. Eligible events for the Monthly Match League include: Pistol 60 Shots (No PPP), Rifle 60 Shots, Sporter 3×20 and Precision 3×20.

Along with cash prizes based on League participation, the first three places in each category will receive a CMP plaque. Additional prizes will be given to fourth and fifth place overall winners, along with recognition of the High Junior in Pistol and Rifle and the Most Improved competitors.

For more on the Monthly Matches and registration info, visit <https://thecmp.org/ranges/cmp-competition-centers/>



[monthly-air-rifle-and-air-pistol-matches/](https://thecmp.org/competitions/live-targets/).

Although it is CMP's hope to hold our upcoming events, please keep in mind that we may have to cancel due to COVID-19 issues. For those events that we do conduct, we will follow the appropriate state's guidelines and recommendations. We continue to monitor the venue states' guidelines and adjust our procedures based on those guidelines and common sense. As always, the safety of our customers and employees is our priority.

## About CMP Competition Centers:

Each of CMP's indoor air gun facilities holds an 80-point range, featuring innovative electronic targets, and regularly hosts local, state and national competitions. Open marksmanship, offered weekly for public use, allow visitors of virtually any age and experience level to test out air rifles or air pistols, with the guidance of qualified CMP staff members. Rental equipment is available and pellets may be purchased at range. To schedule your range time, please call 419-635-2141, ext. 704.

The South Competition Center in Alabama includes the CMP South Store, which is fully stocked with equipment and memorabilia needs. The Gary Anderson CMP Competition Center in Ohio features cases of authentic Olympic and other memorabilia from the career of celebrated American marksman, Gary Anderson, for observers to enjoy. To learn more about the CMP Competition Centers, visit <https://thecmp.org/air/cmp-competition-centers/>.



# CMP Highlights Top Scorers of 2020 Aces Postal

One of the Civilian Marksmanship Program's (CMP) competitive opportunities which allow competitors to participate remotely from their home range in 2020 was the annual Aces Postal air gun match – which ran from January through December 2020.

Open to both adult and junior competitors, the Aces Postal is a satellite air gun match, offering a variety of indoor events throughout the year (Quarter 1: January-March; Quarter 2: April-June; Quarter 3: July-September; Quarter 4: October-December).

For the event, participants register for the air gun competitions in which they'd like to compete and carry out the courses of fire at their home ranges on CMP-provided Orion paper targets or electronic targets. The targets are then returned to CMP staff for recording.

The matches are a unique opportunity for individuals to compete against others from around the nation without ever having to leave their home ranges. Events in the Aces Postal lineup include 3x20 Junior Sporter and Precision Air Rifle, 3x20 Adult Sporter and Precision Air Rifle and 60 Shot Rifle and Pistol matches. Results are combined into CMP's Competition Tracker database for viewing each Quarter.

Para events, such as SH1 Standing, SH1 Prone, SH2 Prone and SH2 Standing for air rifle and Progressive Position Air Pistol competitions, are also offered – allowing any athlete the chance to compete.

Participants who fire in the Aces Postal not only gain valuable experience on the firing line but also collect a specially crafted CMP poker chip, given each quarter to all participants.

Top performers of the 2020 Aces Postals are listed below, according to event. Congratulations to all!

A complete list of results from each quarter can be found on the CMP's Competition Tracker page:

- Q1: <https://ct.thecmp.org/AcesPostalQ1results>  
 Q2: <https://ct.thecmp.org/AcesPostalQ2results>  
 Q3: <https://ct.thecmp.org/AcesPostalQ3results>  
 Q4: <https://ct.thecmp.org/AcesPostalQ4results>



Registration for Quarter 1 of the 2021 Aces Postal is now open! To sign up or to learn more, visit the CMP website at <https://thecmp.org/youth/aces-postal/>.



# RESULTS

**3x20 Junior Sporter:**

Q1: Shelby Carr, 17, of Alliance, Nebraska – 553-25x  
 Q2: Shelby Carr, 17, of Alliance, Nebraska – 555-21x  
 Q3: Shelby Carr, 17, of Alliance, Nebraska – 558-22x  
 Q4: Shelby Carr, 17, of Alliance, Nebraska – 570-24x

**3x20 Junior Precision:**

Q1: Katrina Demerle, 16, of Hamilton, Ohio – 586-38x  
 Q2: Katrina Demerle, 16, of Hamilton, Ohio – 591-40x  
 Q3: Katrina Demerle, 16, of Hamilton, Ohio – 587-41x  
 Q4: Katrina Demerle, 16, of Hamilton, Ohio – 593-43x

**3x20 Adult Precision (19+):**

Q1: Julie Klusmeier, 25, of Cincinnati, Ohio – 580-40x  
 Q2: Wesley Shumaker, 65, of Los Alamos, New Mexico – 574-29x  
 Q3: Wesley Shumaker, 65, of Los Alamos, New Mexico – 575-29x  
 Q4: Julie Klusmeier, 25, of Cincinnati, Ohio – 575-29x

**3x20 Adult Sporter (19+):**

Q1: James Edwards, 52, of Tabor, Iowa – 531-17x  
 Q2: James Edwards, 52, of Tabor, Iowa – 530-15x  
 Q3: James Edwards, 52, of Tabor, Iowa – 522-11x  
 Q4: James Edwards, 52, of Tabor, Iowa – 532-15x

**60 Shot Air Rifle:**

Q1: Chance Cover, 29, of Oak Harbor, Ohio – 624.4  
 Q2: Kenlee Ewton, 16, Soddy Daisy, Tennessee – 617.6  
 Q3: Lucas Kozeniesky, 25, of Colorado Springs, Colorado – 633.0  
 Q4: Katrina Demerle, 16, of Hamilton, Ohio – 624.5

**60 Shot Air Pistol:**

Q1: David Aglietti, 48, of Colorado Springs, Colorado – 570-18x

Q2: David Aglietti, 48, of Colorado Springs, Colorado – 579-23x  
 Q3: Susan Jones, 66, of New York, New York – 553-9x  
 Q4: David Aglietti, 48, of Colorado Springs, Colorado – 572-16x

**Progressive Position Air Pistol (PPP):**

Q1: George Turbes, 14, of Redwood Falls, Minnesota – 508-6x  
 Q2: Lilliana Holland, 16, Hampton, Virginia – 504-4x  
 Q3: Lucy Perkins, 15, of Touchet, Washington – 542-3x  
 Q4: Lucy Perkins, 15, of Touchet, Washington – 541-5x

**PPP – International Unsupported:**

Q1: George Turbes, 14, of Redwood Falls, Minnesota – 508-6x  
 Q2: Lilliana Holland, 16, Hampton, Virginia – 504-4x  
 Q3: Kayley Hullender, 19, Seaford, Virginia – 506-5x  
 Q4: Only one participant

**PPP – Standing Support:**

Q1: Matthew Turbes, 16, of Redwood Falls, Minnesota – 443-2x  
 Q2: Only one participant  
 Q3: Lucy Perkins, 15, of Touchet, Washington – 542-3x  
 Q4: Lucy Perkins, 15, of Touchet, Washington – 541-5x

**PPP – Basic:**

Q1: Seth Hopkins, 12, of Lee, Massachusetts – 491-4x  
 Q2: No participants  
 Q3: No participants  
 Q4: No participants

**Adaptive Prone, Adaptive Standing (Rifle):** Only one participant (Q1)

**Adaptive Pistol:** Only one participant each quarter.





## OLYMPIC SHOOTING EVENTS

### THE OLYMPIC SHOOTING EVENTS:

*An explanation of what they are and why they are so prestigious and difficult to win*

By Gary Anderson, DCM Emeritus



One of the great moments in Olympic shooting history occurred during the 2012 London Olympics when the USA's Kim Rhode won the **Skeet Women** gold medal with a score 99 x 100 (74 qualification + 25 final). Her amazing score established Olympic and World Records and was eight points ahead second place as she won her fifth consecutive Olympic medal. This photo shows Rhode scoring her 99th hit on her last target (upper right).

The world's most prestigious shooting title is to be an Olympic gold medalist. Olympic Games Shooting events are also the most difficult competitions in the world to win. Every four years 15 new Olympic Shooting gold medalists are crowned. The last time this happened was in the 2016 Rio de Janeiro Olympic Games. It should have happened again in the 2020 Tokyo Olympic Games, but those Games were postponed to 2021, due to the covid pandemic. The next Olympic Games Shooting competitions are now scheduled to take place in the summer of 2021.

### WHY OLYMPIC SHOOTING IS SO PRESTIGIOUS AND DIFFICULT

There are at least seven unique factors that make winning Olympic Shooting medals so difficult and prestigious:

1. **Universality.** In the Olympics, athletes truly are competing against the best athletes from the whole world. There are more than 150 countries in the world with organized target shooting competitions and all of

them practice the Olympic Shooting events. No other shooting sports activity boasts such universal, worldwide participation.

2. **Tradition.** Olympic Shooting events trace their history back to the late 19th century and the first Modern Olympic Games in 1896. Thanks to the connection modern Olympics founder Baron Pierre de Coubertin had with shooting (he was a seven-time French national pistol champion), Shooting became a founding sport in the modern Olympic Games. Shooting has been in every Olympic Games except two, 1904 and 1928.

3. **Gender Equality.** Olympic Shooting is fully gender equal. Everyone in the world, woman or man, has an equal chance to become an Olympic medalist. In Tokyo, six gold medals will be awarded for women's events, six gold medals for men's events and six gold medals for three mixed team events (teams consist of one woman and one man). Moreover, women and men both have the same number of Olympic participation quotas. Starting in 2018, Shooting event courses of fire were changed so that women and men now fire the same numbers of shots in all Olympic events.

4. **Difficulty.** Olympic Shooting events are renowned for their difficulty. Rifle and pistol targets are extremely demanding. For example, a 7.7 (decimal score) on the 50m international rifle target is proportionately equal to the 10-ring on the 200-yard USA highpower rifle target. An international trap target has to launch fast enough to fly 83 yards, an American trap clay target only has to fly 50 yards. Since Olympic events are more difficult and the level of competition higher, the training demands for athletes who pursue the Olympic dream are much greater. The development of an Olympic medal contender typically takes eight to 12 years of daily training, with multiple hours each day devoted to shooting, physical and mental training.

5. **National Support.** A growing list of nations regard sports participation as essential to public well-being and health. Many nations also see sports victories, especially in the Olympics, as a measure of national prestige. Nations like China, India, Russia, Korea, Germany, Italy and many others allocate significant national resources to developing Olympic shooting athletes through government, sports ministry, National Olympic Committee or private funding.

6. **Television.** Olympic Shooting *finals* are televised live all over the world. During the 2016 Olympics, Shooting finals amassed 312M (M = million) total viewer hours with the two most popular events being 10m Air Rifle Women and 10m Air Pistol Women. Shooting finals had an average worldwide TV audience of 48.1M; this ranked above the



*Universality. The flags of 108 participating nations flew over the London 2012 Olympic shooting venue.*

average Olympic sport (40.9M) and compared favorably to the sport with the highest average audience (62.4M). The countries with the highest TV viewer audiences for Shooting were, in this order, China, Germany, Great Britain, Italy, Brazil, USA and Korea.

## OLYMPIC SHOOTING TRIVIA...

**Which nation's Queen met her future husband, who is now that nation's King, at an Olympic shooting venue?**

**Answer on page 10**



## OLYMPIC SHOOTING EVENTS



*One of the realities athletes who compete in international shooting championships must cope with is the close presence of TV cameras, cameramen and the knowledge that they are performing on live television productions that are viewed all over the world.*

It was also interesting to note that Shooting also attracts huge worldwide audiences through internet searches and social media. No shooting sports activity comes even remotely close to the television and electronic media audience numbers that Shooting attracts through the Olympic Games.

7. **Spectators.** Some people who don't know much about Shooting claim it is not a spectator sport, but Olympic Shooting absolutely renders that assertion false. Modern Olympic Shooting ranges must have spectator seating. The 1996 Atlanta Games rifle-pistol finals range had a seating capacity of 2,466 spectators. The 2012 London Games Finals Hall had 2,000 seats. In each recent Games, Shooting tickets were sold out and spectators were NOISY



*A small part of the spectators who watched one of the 2012 Olympic finals. Their enthusiasm is clearly obvious. The TV network commentator position (purple table coverings) is in the left center.*

and enthusiastic. Spectators at the 2016 10m Air Pistol Men final will never forget how loud the crowd's "WU!! WU!! WU!!" cheers were for Brazil's Felipe Wu as he fought his way to a silver medal. Shooters who think they have to have a quiet range to concentrate and perform their best will never become Olympic champions.

### THE OLYMPIC SHOOTING EVENTS

Shooting is one of 48 Summer Olympic sports recognized by the International Olympic Committee, the governing body of the Olympics. Shooting's 15 gold medal events are divided into three different **disciplines** according to the type of gun used: Rifle, Pistol and Shotgun.

**Qualifying.** Participating in the Olympic Games is strictly limited to nations and athletes that qualify to participate. A complex qualifying system allocates **quota places** among the 15 events that must be won in Olympic qualifying competitions during the two years before each Games. A quota place is an authorization for a nation to enter one athlete in an Olympic event. Shooting has 360 quota places that are divided equally between women and men. Qualifying for the 2020 (now 2021) Games started at the 2018 World Shooting Championship. Shooting qualifying competitions also take place in World Cups and Continental Championships. Nations may earn a maximum of two quota places per event. Plus, all athletes who are entered must demonstrate that they are international-class athletes by firing a minimum qualifying score (**MQS**) in an Olympic qualifying competition.

### Olympic Shooting Terms in this article...

- |                |                   |
|----------------|-------------------|
| • finals       | • qualification   |
| • disciplines  | • eliminations    |
| • quota places | • decimal scoring |
| • MQS          | • hit zone        |

The first time the term appears it is shown in ***bold italics***



**Qualifications and Finals.** Olympic shooting events are structured to have a qualification, for all athletes entered in the event, and a final. After all athletes complete the **qualification**, the top eight or six qualifiers advance to a final. Scores in the qualification do not carry forward; finalists start from zero. Individual event finals have progressive **eliminations** that end with two athletes remaining to fire the last shot or shots to decide the gold and silver medal winners.

**Targets.** Rifle and pistol targets are stationary targets with concentric scoring rings that score each shot. Since 1992, Olympic rifle and pistol events have been fired on electronic targets that score shots instantly and display them on competitor monitors, on electronic scoreboards for spectators and for television graphics. Three kinds of scoring are used in rifle and pistol events. Integer or whole ring scoring is used in most qualification stages. **Decimal scoring** where each scoring ring is broken down into 10 sub-rings is used for most finals. Hit/miss scoring where shots must be within a defined **hit zone** to score a point is used in the 25m pistol finals. Hit/miss scoring is, of course, also used for all clay target events.

**Doping and Equipment Control.** One of the biggest threats to the integrity of Olympic sports is cheating. When winning an Olympic shooting gold medal can be worth \$1 or \$2 million dollars in some countries, the incentive to cheat is high. There are two primary ways to cheat in shooting, by doping or by using illegal equipment. Beta-blocker drugs are the primary means of boosting shooting scores through doping, but a rigorous anti-doping testing program now ensures that all athletes in the Olympics and Games qualifying competitions are subject to testing.

Shooting is a sport where equipment design and quality can boost scores so there are many possibilities to cheat by using illegal equipment. Prior to the 2008 Games, rifle athletes tried to have the stiffest possible jackets and trousers



*All Olympic shooting events conclude with start-from-zero finals that decide the final rankings for the top eight or six athletes. This photo shows the start of the 2018 World Championship 50m 3x40 Rifle Women's final.*

to gain more support for their firing positions. However, strict no tolerance post-competition equipment testing now limits how stiff rifle clothing can be. Similarly, pistol athletes can expect to have pistol trigger pull weights checked after competitions while shotgun athletes will have shotshells randomly selected and tested for over-weight shot charges.



*The 10m Range at the start of the 2016 Games 10m Air Rifle Men qualification. The LCD panel (lower right) is one of five that displayed individual shots and scores for spectators. The screen (upper left) displayed ranked average per-shot scores of all athletes throughout the 60-shot course of fire.*



## OLYMPIC SHOOTING EVENTS

# OLYMPIC RIFLE AND PISTOL EVENTS

### 10m AIR PISTOL M&W



**Top left: 10m Air Pistol M & W.** These events are fired with air pistols powered by compressed air (note the cylinder below the athlete's pistol barrel). In pistol events, athletes must stand and hold the pistol with one outstretched arm. The athlete in this photo is **Sevval Tarhan, Turkey**. She was the 2018 World Champion in the 10m Air Pistol Women Junior event.

### 10m AIR RIFLE M&W



**Top right: 10m Air Rifle M & W.** These events are fired with precision air rifles like the one shown here. Athletes in rifle events are allowed to wear stiff, supportive jackets, trousers and boots that increase their stability. The athlete in this photo is **Virginia Thrasher, USA**, 2016 Olympic Gold Medalist in the 10m Air Rifle Women event.



**Lower left: 50m 3-Position Rifle M & W.** In this event, athletes fire 22 rimfire single shot target rifles in a qualification competition consisting of 40 shots each in three different positions: kneeling (shown here), prone and standing. The final for the top eight "qualifiers" consists of 15 shots in each position with eliminations starting after finalists have fired 10 shots standing. The athlete in this photo is **Nicco Campriani, Italy**. Campriani has won three individual Olympic gold medals, more than any other rifle athlete in history.

### OLYMPIC SHOOTING TRIVIA Answer:

Silvia Renate Sommerlath was working as an Olympic Organizing Committee Hostess during the 1972 Munich Olympics when the Chief Range Officer of the 25m Pistol Range asked her to escort a young Swedish Prince who was visiting the shooting venue. In 1973, the Prince became King Carl XVI Gustaf of Sweden. They were married in 1976 when she became Queen Sylvia of Sweden.

### 50m 3x40 RIFLE M&W



# OLYMPIC RIFLE AND PISTOL EVENTS

## RAPID-FIRE PISTOL MEN



## SKEET MEN & WOMEN



## TRAP WOMEN & TRAP MEN



**Top left: Rapid-Fire Pistol Men.** Athletes in this event use semi-automatic pistols to shoot five shots at five different targets in 8, 6 or 4 seconds. The visible black area of the target is 500 mm (19.7"), but the hit zone finalists' shots must strike is only 124 mm (4.9"). The athlete is **Christian Reitz, Germany**, shown here shooting in the 2016 Olympic final where he won the gold medal. Note the TV cameraman behind him and the two overhead cameras in front of him.

**Top right: Skeet M & W.** In SKEET events, athletes fire 12 gauge shotguns at targets thrown from "high" and "low" houses on the sides of a shooting range that is arrayed in a semi-circle. Athletes rotate through eight shooting stations while shooting at single targets thrown from one of the houses or doubles thrown simultaneously from both houses. Athletes start from a ready position (top photo) to call for their targets. The athlete in these photos is **Vincent Hancock, USA**, Olympic gold medalist in 2008 and 2012.

**Bottom left: Trap M & W.** In TRAP events, athletes fire 12 gauge shotguns at clay targets launched from one of three traps in a pit 15m in front of the athlete's shooting station. In each 25 target series, athletes rotate through a succession of five shooting stations, each with different trap settings for target throwing angles and heights. The athlete in this photo, **Catherine Skinner, Australia**, is shown breaking a "straightaway" target. She won the 2016 Olympic gold medal in the Trap Women event.

## OLYMPIC SHOOTING EVENTS

### OLYMPIC RIFLE EVENTS

There are five Olympic rifle events, 10m Air Rifle, with separate events for women and men: 50m Three-Position Rifle, with events for women and men, and a 10m Air Rifle Mixed Team event. The 4.5mm air rifles used in 10m events cannot exceed 5.5 kg in weight. The .22 rimfire rifles used in 50m events cannot exceed 8.0 kg. Rifle athletes are allowed to wear special shooting jackets, trousers and boots that contribute significantly to the high scores now fired in these events, but their thickness, stiffness and designs are controlled by testing. In contrast with the 3-position air rifle events that now dominate junior rifle shooting in the USA, international air rifle events are fired exclusively in the standing position. Shooting in the 50m rifle events is done in the same three positions used in 3-position air rifle, except that the international firing order is kneeling, prone, standing. The chart to the right explains the rifle event courses of fire.

### OLYMPIC PISTOL EVENTS

The five Olympic pistol events are 10m Air Pistol, with separate events for women and men, 25m Pistol Women, 25m Rapid-Fire Pistol Men, and a 10m Air Pistol Mixed Team event. 4.5mm air pistols used in the Air Pistol events must have 500 g minimum trigger pulls and a maximum weight of 1,500 g. .22 rimfire semi-automatic pistols used in 25m events have a maximum weight of 1,400 g and a minimum trigger pull of 1,000 g. Athletes shoot while standing and holding their pistols with one outstretched arm. Athletes in the 25m events must start rapid-fire shots or series from a ready position where the pistol is held down at a 45-degree angle. The pistol cannot be raised until firing times start. The chart to the right explains pistol event courses of fire.

#### OLYMPIC RIFLE COURSES OF FIRE

Event	Qualification	Final
<b>10m Air Rifle</b>	60 shots standing 75 min. time limit Decimal scoring	2 5-shot series, 250 seconds per series. 14 single shots, 50 seconds per shot. <b>Eliminations</b> start after shot #12 (8 <sup>th</sup> place) and continue after every 2 shots until 1 <sup>st</sup> and 2 <sup>nd</sup> places are decided after shot #24.
<b>50m 3x40 Rifle</b>	40 shots kneeling 40 shots prone 40 shots standing 2 hours, 45 min. time limit Integer scoring	3 5-shot series, kneeling, 200 sec. per series. 3 5-shot series, prone, 150 sec. per series. 2 5-shot series, standing, 250 sec. per series. 5 single shots, standing, 50 sec. per shot. Eliminations start after the 2 <sup>nd</sup> 5-shot standing series and continue after each single shot until 1 <sup>st</sup> and 2 <sup>nd</sup> are decided after shot #45.
<b>10 Air Rifle Mixed Teams</b>	Stage 1: All teams 30 shots standing per team member 30 min. time limit Decimal scoring Stage 2: Top 8 teams in Stage 1 20 shots standing per team member 20 min. time limit	Teams ranked 3 <sup>rd</sup> and 4 <sup>th</sup> in Stage 2 compete for the bronze medal. Teams ranked 1 <sup>st</sup> and 2 <sup>nd</sup> in Stage 2 compete for gold and silver medals. The two members of each team shoot single shots within a 50 sec. time limit; decimal scoring is used; the team with the highest two-person score receives 2 points (1 point each if there is a tie). The first team to reach 16 points wins.

#### OLYMPIC PISTOL COURSES OF FIRE

Event	Qualification	Final
<b>10m Air Pistol</b>	60 shots 75 min. time limit Integer scoring	2 5-shot series, 250 seconds per series 14 single shots, 50 seconds per shot Eliminations start with shot #12 (8 <sup>th</sup> place) and continue after every 2 shots until 1 <sup>st</sup> and 2 <sup>nd</sup> places are decided after shot #24.
<b>25m Pistol Women</b>	Precision Stage: 30 shots on 25m precision target; 5 shot series, 5 min. time limit Rapid-Fire Stage: 30 shots on 25m rapid-fire target (for each shot, 7 sec. with the pistol down, 3 sec. to lift the pistol and fire the shot)	10 5-shot rapid-fire series (7 sec. down/3 sec. to lift the pistol and fire each shot). Eliminations start after the 4 <sup>th</sup> series (8 <sup>th</sup> place) and continue until the 10 <sup>th</sup> series when 1 <sup>st</sup> and 2 <sup>nd</sup> places are decided.
<b>25m Rapid-Fire Pistol Men</b>	4 5-shot series in 8 sec. 4 5-shot series in 6 sec. 4 5-shot series in 4 sec.	8 5-shot 4 sec. series Eliminations start after the 4 <sup>th</sup> series (6 <sup>th</sup> place) and continue until the 8 <sup>th</sup> series when 1 <sup>st</sup> and 2 <sup>nd</sup> places are decided.
<b>10m Air Pistol Mixed Teams</b>	Stage 1: All teams 30 shots per team member 30 min. time limit Integer scoring Stage 2: Top 8 teams in Stage 1 20 shots standing per team member 20 min. time limit Integer scoring	Teams ranked 3 <sup>rd</sup> and 4 <sup>th</sup> in Stage 2 compete for the bronze medal. Teams ranked 1 <sup>st</sup> and 2 <sup>nd</sup> in Stage 2 compete for the gold and silver medals. The two members of each team shoot single shots within a 50 sec. time limit; decimal scoring is used; the team with the highest two-person score receives 2 points (1 point each if there is a tie). The first team to reach 16 points wins.



**continued...**

## OLYMPIC SHOTGUN COURSES OF FIRE

Event	Qualification	Final
<b>Skeet</b>	5 x 25 target series 9 single targets; 8 doubles Stations 1-8	6 athletes advance to final 6 x 10 targets consisting of: <ul style="list-style-type: none"> <li>• Double and reverse double on station 3 (4)</li> <li>• Double on station 4 (2)</li> <li>• Double and reverse double on station 5 (4)</li> </ul> Eliminations begin after 2 x 10 targets (6 <sup>th</sup> place); continue after every 10 targets until 1 <sup>st</sup> and 2 <sup>nd</sup> places are decided after 60 targets.
<b>Trap</b>	5 x 25 target series Every athlete receives the same number of left-right and center randomly sequenced targets 2 shots allowed per target	6 athletes advance to final 1 shot only per target in the final 2 x 25 target series with eliminations after 25, 30, 35 and 40 targets (6 <sup>th</sup> to 3 <sup>rd</sup> places); after 50 targets, 1 <sup>st</sup> and 2 <sup>nd</sup> places are decided
<b>Trap Mixed Teams</b>	3 x 25 targets for each team member (150 targets) 2 shots allowed per target	1 <sup>st</sup> four teams advance to final. 3 <sup>rd</sup> & 4 <sup>th</sup> place teams compete for the bronze medal. 1 <sup>st</sup> & 2 <sup>nd</sup> place teams compete for the gold and silver medals. 1 x 25 targets for each team member; decision is based on total score.

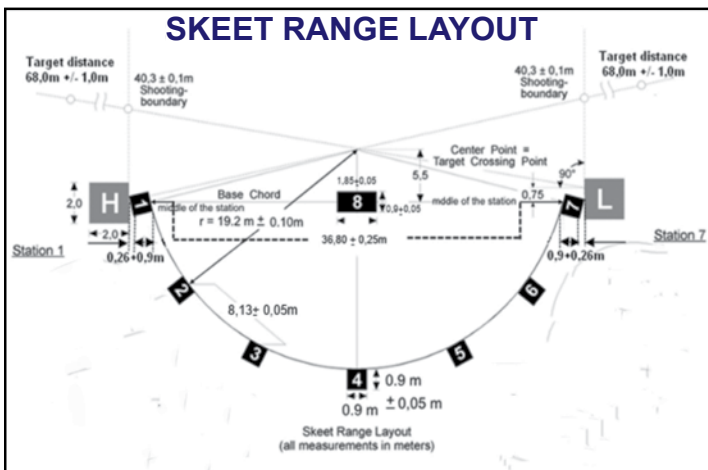
## OLYMPIC SHOTGUN EVENTS

The five Olympic shotgun events are Skeet, with separate events for women and men, Trap, also with events for women and men, and a Trap Mixed Team event. Only over-under, two-barreled, 12-gauge shotguns are used because only over-under shotguns are sufficiently robust to keep performing through the tens of thousands of shots these athletes fire in training and competition. Shotshells are limited to relatively light 24.0 g lead shot charges. Modern shotgun ranges must have lead shot recovery systems to prevent depositing lead in the environment (*note the green netting in the foreground of the first photo in this article*). In the Skeet events, athletes must call for their targets with the shotgun held down

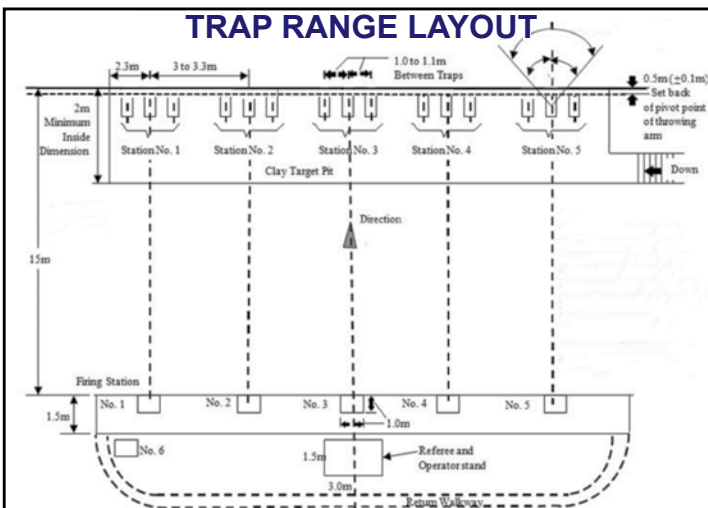
out of the shoulder in a ready position. In Trap events, athletes shoulder their shotguns before calling for their targets. The chart explains the clay target courses of fire.

These are the Olympic Shooting events that hundreds of millions of shooting enthusiasts worldwide will follow this summer on television, the internet and social media during the 2021 Tokyo Olympic Games. These 15 Olympic events are also poised to attract a whole new generation of youth participants in countries all over the world who will conceive new Olympic dreams and commit to doing the training and competitions demanded by their pursuits to become future Olympic gold medalists.

## SKEET RANGE LAYOUT



## TRAP RANGE LAYOUT



## About the Author

Gary Anderson is the Director of Civilian Marksmanship, Emeritus, and is the holder of two Olympic gold medals, seven World Championships and 16 National Championships. Mr. Anderson served as a Technical Delegate for Shooting during the 2012 and 2016 Olympic Games as well as for the 2014 and 2018 World Shooting Championships.

In 2012, the International Olympic Committee awarded Gary Anderson with the Olympic Order, its highest honor “for outstanding services to the Olympic Movement.”



# University of Kentucky's Mary Tucker Chronicles Impressive 2020 Successes

Though 2020 was disruptive to many lives, it turned out to be an exceptional year for the career of Mary Tucker – a talented 19-year-old USA Shooting National Team rifle athlete.

The year capped her freshman season as a collegiate competitor at the University of Kentucky, where she earned numerous awards and titles including Great American Rifle Conference First Team, Rookie Shooter of the Year and the National Rifle Association's Collegiate All-American and Shooter of the Year.

In early February 2020, Tucker earned a spot on the USA Air Rifle team set to compete at the Tokyo Olympic Games in 2021. The following November, Tucker recorded a perfect score of 600 and fired a NCAA record aggregate score of 1195 in a match against Murray State and Morehead State.

Her perfect score was the first fired nationally for the season and the first recorded in University of Kentucky history.

Marking her final event of the year, Tucker claimed the High Junior honor at the USA Shooting Winter Airgun event – fired at the Civilian Marksmanship Program's North and South air gun ranges in December.

Tucker was no stranger to the event, placing second overall and earning the top junior spot in 2018 and returning in 2019 to overtake both the Junior and Open titles.

"Going into WAG (Winter Airgun) 2020, I'm not going to lie – I did not have any expectations for myself," she said, candidly. "All I wanted to do was go in, do my process like I always do, and see how it goes."



*Mary Tucker of the University of Kentucky will represent the USA at the 2021 Tokyo Olympics. Photo courtesy of UK Athletics (Kentucky Rifle Photo Day Portraits. Photo by Eddie Justice | UK Athletics)*



*In 2020, Tucker fired a perfect score of 600 during a NCAA match against Murray State and Morehead State. Photo courtesy of UK Athletics (Kentucky vs Morehead State rifle. Photo by Eddie Justice | UK Athletics)*



Typically, Tucker puts in extra practice leading up to a big match (with her Pardini GPR1 Evo with Centra Spy rifle), but because of everything going on in her life and around the world, she hadn't shot for nearly a month before she arrived at Winter Airgun.

"I knew I still wanted to do well, but I didn't put any pressure on myself," she admitted. "It went well. I didn't have a plan and just went with it, so I think I learned how to adapt."

A local, national and international-level athlete, Tucker is a self-taught markswoman – absorbing skills by training in her family's garage in Sarasota, Florida, while in high school. She used the internet to give her tips, such as through YouTube videos and other resources, and joined her school's club team. It was there that she received the harsh criticism that gave her just enough motivation to push harder.

"I was getting a lot of negative comments, telling me I wouldn't make it," she explained. "I decided to keep going so I could prove those people wrong and show everyone and myself that anything is possible."

Soon, Tucker found retribution through hard work and perseverance.

She found a new team and a new coach who helped her set goals and achieve them – keeping her eye on advancing her career onto bigger stages. After receiving nearly a dozen recruitment emails from college programs, she enrolled as a member of the University of Kentucky NCAA rifle team in 2019, where she is studying equine finance.

In stark contrast to her first experience with the sport, the one thing that Tucker now finds most rewarding about being a part of the rifle community is the support she has found from her fellow athletes.

"We are all competing against each other, but we also all want to see each other succeed," she said. "On my NCAA team, everyone helps everyone, and we all get better collectively. I think that's something that is growing in the overall community and will push the U.S. to new heights."

For 2021, Tucker will maintain her focus on her career. As she wraps up her sophomore year at Kentucky, she hopes to be able to represent her school on the National stage at the NCAA Championship event in March, which was cancelled in 2020 before winners could be determined.

Of course, the core of her mind is set on the international stage as she prepares to compete in her first Olympic games in Tokyo. Her principal



*Tucker earned the High Junior title at the 2020 Winter Airgun event.*

goal is to reach and uphold scores that are competitive enough to win against the rest of the world.

"The thing that motivates me the most is knowing that I will never be the best," she said. "This is a sport that changes all the time, and scores are progressively getting higher and higher internationally. Even if I do win something, there will always be more to work on and someone else who is doing it just that little bit better."

No matter the outcome in Tokyo, Tucker has certainly achieved the goal she set out to conquer when she started her marksmanship journey – she showed everyone that anything is possible.

*By Ashley Brugnone, CMP Writer*



*Tucker was also named her conference's Rookie Shooter of the Year for her successes.*

# CMP Junior Rifle Camps Return to Ranges in 2021

After going virtual in 2020, the Civilian Marksmanship Program's (CMP) Junior Rifle Summer Camps are returning to an in-person format in 2021.

Running from May to August, the 10-week schedule includes an assortment of camps and clinics for high-school age (9-12 grade) junior athletes and their adult leaders on intermediate and advanced marksmanship skills through various exercises and demonstrations.

New in 2021, the CMP Summer Camp lineup will also include the addition of instructional smallbore camps – set to be held in Florida, Ohio and Minnesota.

Registration for all of the 2021 Summer Camps and Clinics is open. Classes fill quickly, so be sure to sign up early!

## About CMP Junior Rifle Camps:

Athletes in the CMP Summer Camps are coached directly, one-on-one, by qualified student-athletes from the top NCAA rifle teams in the country. During the week-long camp sessions, juniors learn tips for both the physical and mental aspects of competition shooting, such as:

- Positioning
- Goal setting
- Anxiety control
- Optimizing equipment performance
- Building self-confidence on the firing line
- Many other meaningful lessons to use on and off the range



Outside of the week-long curriculum, there are other options for juniors, including Advanced Standing Camps (designed to be a follow-up program for those who have attended one or more of the three-position camps or clinics) and Outreach Clinics (nearly identical to the full-length course, with a compressed three-day format).

For a list of dates and more detailed camp information, visit the Junior Rifle Camps and Clinics page on the CMP website at <https://thecmp.org/camps>.





## Junior Distinguished Badge Program

The National Three-Position Air Rifle Council established the Junior Excellence-In-Competition Award Program to provide incentives for junior three-position air rifle competitors to improve and excel.

This program awards prestigious badges of distinction to the most outstanding junior shooters. Junior shooters earn EIC credit points by placing in designated competitions in accordance with the requirements of this program.

The Junior Distinguished Badge is awarded to school-age junior three-position air rifle shooters who attain a series of high rankings in designated major junior air rifle championships that include the State Junior Olympic Qualifiers, CMP Cup Matches, National Junior Olympic Championships and other National Council Three-Position Air Rifle Championships.

Congratulations to the juniors listed here who recently earned their badges. **ON THE MARK** will recognize all juniors who achieve this outstanding goal in each issue.

For more program info, log onto <https://thecmp.org/youth/junior-distinguished-badge/> or email CMP Competitions at [3PAR@TheCMP.org](mailto:3PAR@TheCMP.org).



Badge #	Name	Hometown
#1500	Victoria Leppert	Burke, VA
#1501	Allison Buessler	Stacy, MN

Badge #	Name	Hometown
#1502	James Hart	Oak Harbor, WA
#1503	Julianna Hays	Maplewood, MN

## CMP, JROTC THREE-POSITION *Air Rifle Postal Results Now Online!*



The results are in for the CMP and JROTC Three-Position Postal Championships! Top scorers of the Postal event will now move on to the Virtual Championships, which replace the usual Regional and Service events.

The **Virtual Championships** are set to be held from **Feb. 22 to April 20**.

**NOTE: The Virtual Championships will serve as the final round in the JROTC Three-Position series.**

No in-person National Championship will be held in 2021, though the same recognitions will be awarded by service.

The **CMP Three-Position National Championships** are still scheduled for the summer: June 24-26 (Sporter) and July 17-19 (Precision) at both of CMP's air gun range locations (Ohio and Alabama)!

**Good luck to all athletes!**

*View results:* **CMP 3P Matches:**  
<https://thecmp.org/youth/national-three-position-air-rifle-championships/>

**JROTC 3P Matches:**  
<https://thecmp.org/youth/jrotc-air-rifle-national-championship/>

# COMPETITION NERVE CONTROL FROM THE EXPERTS:

## Pistol

*When it comes to marksmanship competition, skills can only go so far – having a strong mental game is also a key part of reaching success. In an effort to gain tips on better regulating the psychological aspects of competitive shooting, the Civilian Marksmanship Program (CMP) asked respected athletes to share their personal experiences from the firing line on what they do to control their emotions when nerves creep in and the pressure is high.*

### JIM HENDERSON

Jim Henderson, 53, of Marengo, Ohio, is a retired member of the U.S. Army Marksmanship Unit (USAMU), having served for over 30 years. He earned his Distinguished Pistol Badge in 1989 and went on to earn several honors, including recognition as a nine-time winner of the President's Pistol Match (a prestigious event held at the annual Camp Perry National Matches) and is the National Record holder of the event.



Henderson is also the National Record holder and a four-time winner of the National Trophy Individual Match, a two-time National Rifle Association National Outdoor and Indoor Pistol Champion and a nine-time Pistol Inter-Service Champion and record holder. He has held positions as a member of the USA Shooting Board of Directors, Pistol Athlete Representative and has successfully realized a number of training programs within the Army over the course of his tenure. Currently, Henderson serves as the director of pistol and rifle ranges at Cardinal Shooting Center in Marengo and is also CMP's pistol program coordinator.

"I get asked about match pressure all the time. How do I manage it? How does a person go about not feeling it? What can I do to combat it?

In my opinion, match pressure comes from what I call 'future thinking.' Let me preface that by saying that I believe there is only one goal in shooting: to apply your proven shot process to the best of your ability on that given day.

When I'm shooting, I simply have a 'Yes' or 'No' tally sheet visualized in my mind. That's all anyone should be thinking about within the match time limit. For me, I know exactly what a good shot feels like. It doesn't vary much from day to day. I know, without a doubt, if I follow that proven shot plan to the letter, I will get a dramatically greater number of 'YES' in my head than I will 'NO.'

What do I mean by 'Yes' and 'No' thinking? When I

deliver a process to the tee, I call it a YES. I don't care where the shot is on the target, per say (Easy now – let me finish before you start asking questions...).

Of course, we are talking training at the moment. In training, I shoot for groups. Yes, I'm going to get a solid zero before a match, but that's not what we're talking about here. Here, we are addressing the best way to alleviate the mental gymnastics some shooters put themselves through during a match. When I get a NO, it's because I didn't do some part of the process correctly and either ignored the warning signs or didn't see them until too late.

How many times have you seen indicators that the current shot is shaping up to be a real disaster, but instead of putting it down, you grabbed a gear and hammered down because you just knew you could save that shot and MAKE it an 11?!

With that, how many of you have a plan if a sustained fire string starts poorly or something happens during the string? That is definitely something that should be addressed in training and not during a match.

I have an instance in my shooting career that brought this home harder than Mom telling me not to touch the hot stove and I did it anyway.

It was the 2015 World Cup at Fort Benning, where I was shooting Free Pistol. I shot a decent qualifier round and made it to the Final. Everyone was there – all the top shooters in the world, and I went in to the Final in sixth place. Everybody was patting me on the shoulder and telling me how great I did. I didn't really pay attention to it. My inner talk was, 'just do what you KNOW how to do... that will be enough.'

So, we get going in the final, and I'm just following my plan – shooting my match and my shots and not worrying about anyone else...right up until I wasn't.

The announcer said, 'Now we are down to only four shooters! Let's see who will win a medal, who will make it to the medal round!' For the first time in the match, I heard the words instead of the welcomed staccato of the range commands. Just like that, this little knucklehead in the back of the auditorium that is my visualization space in the center of my mind stood up and screamed at the top of his lungs, 'I'm going to win a medal!!!'



A split second later, I heard, 'Load.' All I could see was me, standing on the podium, getting a medal hung on my neck. I picked a bullet out of the box, and my hand was shaking. I had trouble getting the bullet in the chamber... struggling...then I hear, 'Start!'

For those that don't know, I now have 50 seconds to shoot this shot. I get the chamber closed and do my best to slow down. Breath. I raise the gun, and it's all over the place. I say to myself, 'Just squeeze through it – it's not that bad.' I trained to be able to lift the gun twice in the 50 seconds for a Finals shot, but certain criteria have to be met to make putting the gun down a viable solution.

Long story short, I held way too long on the first shot and finally put it down – only to look at my clock and realize I had 11 seconds to shoot this shot and get it on paper. I threw my arm up, took a breath and sent it.

Well, emergency parameter met. I hit paper. I shot a 6.2...let's just say that wasn't what I needed to shoot to stay in the hunt for a medal. In this stage of the Finals,

you shoot two shots, and then the low shooter sits down. Well, after some very clear mental math and the fact that the monitor now said I was behind by more than I could make up, unless one of the other guys shot a miss, a great wash of release fell over me. I hadn't realized just how hard I was 'trying.'

The announcer said, 'Load...Start.' I brought the gun up in my normal process with nothing going on in my head, other than what was supposed to be going on. I settled and broke a yes – 10.5...at least I didn't go out on a low note.

All of that is to say, the second you deviate from your proven process, either in mind or body, you are rapidly sailing into dark water.

So, how does this all relate to match pressure? Match pressure comes from thinking about the result of your actions instead of focusing on the action itself. 'I'm going to win' takes a great deal away from, 'How am I going to win?' You must focus on the how, the now and the process – that is all that matters."

## PHILIP HEMPHILL

*Philip Hemphill, 68, of Meridian, Mississippi, is a retired captain with the Mississippi Highway Patrol. Distinguished in both Service Pistol and .22 Rimfire Pistol, Hemphill has accumulated several notable accolades throughout his precision pistol career. Some of those titles include World Bavarian Match Champion (Marsberg, Germany, 1995), National Rifle Association (NRA) National Pistol Champion, Camp Perry, Ohio (2011-2016), 13-time NRA High Law Enforcement at Camp Perry, 10-time NRA National Police Shooting Champion (PPC) and CMP National Trophy Individual Pistol Champion (2008). He is also the current record holder for PPC Revolver (1500-118X) and PPC Semi-Auto (1498-122X).*



"If you were to ask me, 'How do you handle match pressure'...Well, I pick up the gun, put the dot in the middle of the target and pull the trigger. Repeat the process..."

No, friend – it is more involved than that.

Match pressure, I believe, is self-induced from 'what if' thinking. The first year I made the Mississippi Highway Patrol Pistol team, I was in Des Moines, Iowa, competing in Practical Police Combat (PPC) Nationals. We had shot matches 1-4 the first day. Distances ranged from seven to 50 yards, with different positions.

After the conclusion of the first day, I was only down five points. The leader was only down three points. That night, trying to sleep, I kept thinking, 'What if...what if I win my class, or better yet, win the Nationals?'

After hours of tossing and turning, with little sleep, it was time to go to the line and shoot match 5 – the final match for the win. Now, right here is where I would love to tell you that I held my emotions in check and shot one of my best scores ever.....NOT.

First, I went to the line without my earmuffs and had to borrow some earplugs from a referee. Second, I was lucky to have hit the target. I wound up dropping 14 points in that match where I would normally drop four or five points. I cannot explain to you how devastated I was. I had walked into a mine field of emotions that I had never experienced before.

Where did I fail? How do I correct it?

The first thing I realized is that I did not have a check list or concrete plan – just to get to the line. From then on, I would double check my equipment...firearm, ammo, smoker, screwdriver and so on.

I made a solemn vow to not be in that same mine field of emotions as well. How do I do that?

Again, have a plan of execution to make an accurate shot on demand. When you walk to the line, have your game plan laid out from the first command of your three-minute prep time to your last command of rapid fire.

If you do not have a shot process, get one, make one up. It can be as in-depth as you need it to be or as vague as you want, BUT STICK TO IT. This keeps you from having to make one up at the last minute and keeps you focused on the 'now' of the moment. (Continued on next page)

# COMPETITION NERVE CONTROL FROM THE EXPERTS:

# Pistol

## PHILIP HEMPHILL

## CONTINUED...

Having a game plan will keep you in the 'now' and not the 'what if.' You can be friendly but focused, hospitable but determined. Don't listen to any negative remarks about, 'I hope I don't...'

Replace the negativity with positive thoughts. "I will make a good shot because I have a process."

Shooting has to be a conscious and subconscious act. You practice and practice until you;

(1) know the courses of fire;

(2) know the time limits;

(3) have worked hard on getting your timing down to perfection.

When you step to the line, hear the command to load when given, switch to that subconscious mind or autopilot.

Block any distractions out which would pull your performance down.

Focus on your plan – follow through.

Don't let outside distractions set the pace for your performance.

Have a process/game plan, then stick to it.

We all know some fast shooters. They are the ones who shoot their slow fire in three minutes, leaving you to think you are behind and rushed. Pay no attention to the man behind the curtain. Shoot your game.

You don't have to be rude by not talking to people, but keep it light and engaging. Subconsciously, keep thinking about your plan or process. You are looking for the perfect shot, one shot at a time, for 90 shots."

## DR. JUDY TANT

*Dr. Judy Tant, 70, of East Lansing, Michigan, has always been a determined athlete. She began her nearly 30-year precision shooting career while in college, where she quickly found she enjoyed the challenge of the sport. Originating from Canada, Tant (a clinical psychologist) moved to the United States in the late 1970s for a position at Michigan State University.*



*Laws of the time left her unable to bring her guns across the border during her move as well as unable to purchase new ones while in the United States – essentially ending her involvement in pistol.*

*A two-decade break from competitive marksmanship ended for Tant when a new law was passed in 1997 that allowed Green Card holders to once again own firearms. Eager to return to the firing line, she swiftly joined a local club and even imported her old pistols to get back to the sport she loves.*

*Since her return, she has received local, state and national honors, including three outdoor and six indoor pistol shooting state championships and 18 women's pistol titles. She also holds eight women's national pistol championships and is a 10-time title holder of High Woman*

*at the National Trophy Pistol Matches, held annually at Camp Perry in Ohio. In 2019, Tant was inducted into the Greater Lansing Sports Hall of Fame (the first precision athlete to have done so) for her accomplishments.*

"Match Pressure...A Mostly Boring Subject

So, you want to know how to deal with match pressure? In three easy steps? Right! Don't we all.

When I've been asked about the subject, it almost always is by new shooters or sometimes even by shooters who are considering trying out the competitive scene and are worried about looking bad (of course, you're going to look bad). They're hoping for an answer that will ease the process along, but, sorry, there are no quick fixes.

As I've come to say to folks who are very new to my sport (bullseye/conventional/precision or whatever it is being called now), 'If you can't handle humiliation, this sport is not for you,' followed by, 'Nothing worth having is easy to get,' and maybe even, 'If this sport weren't so hard, it wouldn't be half as much fun.'

The sad pedestrian solution to match pressure is match preparation, including preparation for match pressure. Match preparation covers all the training, equipment prep, nutrition, exercise, goal setting and other planning that goes into any serious competitive undertaking. If you haven't done the prep, expect to be anxious about the outcome, since it is completely reasonable to think it will be less than ideal.



If you find yourself in this situation, as we all do at some point, you can still have a lot of fun doing your best and may in fact shoot better than you would otherwise if you are smart enough to cut yourself some slack and put less pressure on yourself.

The problem with this approach is that, long-term, it won't produce the best results for you. It's a bit like the shooter who needs to start badly to take the pressure off in order to shoot well, trying to catch up. This is fine if it happens on its own, but if it becomes an unconscious strategy, the results will be suboptimal. The same goes for the shooter who shoots best after they get mad at himself or herself. I've never encountered such a competitor who wouldn't do better bypassing their own chewing out and keeping a positive focus and positive intensity from the outset.

There are some features of match preparation which are more important than others, however.

First is having a solid shot plan branded into your brain, a shot plan being a sequence of actions and thoughts that precedes every shot (or sequence of shots for sustained fire) and is fine-tuned through massive repetition. Under pressure, we humans revert to what is most familiar and most often enacted in everyday life. Like a well-engrained habit, a good shot plan is your touchstone in times of stress and uncertainty. It will carry you through when strange things happen (an endless list) and when you are having a crummy time of it.

As an aside, from bitter experience, I strongly recommend that a shot plan include reminding yourself of the target number you are shooting on!

Secondly, a kit list of items you need to take to the match is invaluable as you prepare for the event. This must be written down in detail, especially for multiday competitions. It will save untold stress due to forgetting your scope or not having enough ammo. I know, boring, yada yada. But the stories I've heard from guys who've forgotten important items go on and on. Like camping in the rain, these stories make for hilarious listening in direct proportion to the agony of the moment.

Related to this, I'm a firm believer in backups: backup guns, backup ammo, backup pens and pencils, you name it. Even if you don't use them, it's fun to bail out a fellow shooter who's run into some trouble when you just happen to have a spare whatever on hand.

(I've been rescued too, like recently when it was so cold that my ammo wouldn't function, but the guy

next to me had some hotter stuff that did the trick. I should have foreseen this possibility. The following week, in similar weather, I brought along stiffer backup ammo and a hot water bottle for my regular stuff. All went well.)

Thirdly, there is nothing like match practice to help with garden-variety match pressure. To this end, the experts encourage us to attend as many matches as we can, and, I would add, try to shoot with others who are doing better than you are. It helps to get used to handling humiliation! If you can add stress to the match experience by trying new match locations, including venues where you don't know the other shooters, this will help you build match resilience and give you confidence when you enter yet another new situation.

OK, enough of the boring stuff. What do I do when the pressure is really on? How can a shooter pull the rabbit out of the hat, so to speak, come crunch time? Well, that is where the lid of your gun box comes in. (If you don't use a gun box, tattoos on the non-shooting forearm will do.)

On the inside lid of my box are the things I want to have in my head (besides my shot plan) for just these moments. They include central aspects of my shot plan (e.g., 'paint the black'), key positive words (e.g., 'smooth') and reminders that are more like mantras, such as 'One shot at a time; never give up', 'Don't count your money sitting at the table (from the Kenny Rogers song, 'The Gambler')' and my favorite, 'There are no surprises.'

Recently, I ran into one from Jeff Bezos that I'm thinking of adding to my short list: 'Gradatim Ferociter.' While it sounds like some type of dinosaur, it translates as, 'Step by step, ferociously.' For me, it is perfect because it pulls in the determination, perseverance and intensity that harness a good shot plan and good match preparation to make them withstand match pressure."



*Judy Tant received the National Women's Pistol Trophy for her scores in the President's Pistol and NTI matches.*

# Junior Marksmen Stories...

## Shelby Carr Sweeps Sporter in CMP's 2020 Aces Postal Air Gun Event



*Besides sporter, Carr also participates in precision standing as well as shotgun.*

Shelby Carr, 17, of Alliance, Nebraska, earned overall wins in all four quarters of the Civilian Marksmanship Program's 2020 Aces Postal event – competing in sporter air rifle.

A senior at Alliance High School and a member of the Guns R Us 4-H Club, Carr began competing in the Aces Postal since Quarter 1 of the 2018 season and hasn't missed a session since.

In 2020, Carr improved her score during each quarter and finished the last session with a score nearly 20 points above her first quarter showing. She was able to reach the feat by staying mindful of a piece of advice she has been reminded of from almost everyone she has ever shot with – and one that, she says, has never let her down.

"The only thing that matters is the next shot," she said. "If I spend too much time focusing on the shot before, the odds of my next shot being good are slim."

Carr's draw to marksmanship competition began almost a decade ago, at 8 years old, when her mom mentioned a few local 4-H shooting clubs. She quickly became interested and a year later was practicing weekly and even shot at the county fair. It wasn't long before she

became emersed in the sport and was competing in 4-H competitions around the panhandle of Nebraska.

"I met a lot of people who had lots of experience, and they introduced me to the more competitive side of shooting," she said. "Since then, I have strived to be as good as the people who helped me through the whole process."

Her commitment to a variety of activities in her life, like being president of her local Future Farmers of America chapter and taking part in several contests and goat shows (along with shooting trap with the nearby Box Butte Blaster 4-H club), has made fitting in practice with air rifle one of her biggest challenges. Still, she dedicates time in the basement of her home with her Crosman air rifle roughly twice a week – working one day on three-position and the next concentrating entirely on standing precision.

Set to graduate in the spring of 2021, Carr says she'll most likely take a break from her air rifle career at the end of the summer. She also plans to continue on at her current place of employment, the Thompson Seed Potatoes, Inc. (a potato farm near her hometown).



Despite ending her time as a competitor, Carr assures that marksmanship will remain a large part of her life through her love for hunting and trap shooting. She has been grateful for all of the memories she's gained from being a part of the air rifle community, remarking that her favorite part of competing has been, "all the places it takes you and the people you meet."

"I have met people from all over the United States," she went on. "Everyone is always really nice and easy to work with."

### What is the CMP Aces Postal?

The CMP's Aces Postal is a satellite air gun match, offering a variety of indoor events over four separate quarters. The Postal allows athletes to compete against others from around the nation, from the convenience of their home ranges. If you'd like to learn more about the Aces Postal competition or register to compete, visit the CMP website at <https://thecmp.org/youth/aces-postal/>.

*By Ashley Brugnone, CMP Staff Writer*



*Carr, who swept the 2020 Aces Postal sporter air rifle category, began marksmanship through her local 4-H.*

## Texas Hill Country Juniors Place First at American Legion Postal Precision Round 1

*Submitted by Vickie Stuart, Texas Hill Country Shooting Team*

The Texas Hill Country Shooting team earned first place overall in the precision team competition for the Round 1 Qualifier during the 2020-2021 American Legion Postal Competition. Results were announced on Feb. 1, 2021, with all individuals firing a 3x20 course of fire. Their combined score of 2,355.0 – 167x edged out Patriot Shooting Club of Virginia 4-H, whose members recorded a score of 2,342.0 – 155x, and Lincoln Rifle Club Junior Division 1, which earned a score of 2,340.0 – 143x.

Along with the team score, Texas Hill Country team member and high school freshman, Elizabeth Probst (15), brought home first place Individual for the State of Texas and earned second place National Individual honors, firing a 595 – 50x.

Other firing members of the team also brought home individual awards. Freshman Kayla Riewe fired a 588 – 39x, earning a third place Individual for the State of Texas and 13th Nationally. Sophomore Braden Peiser (587 – 42x) was fourth Individual for Texas and 14th Nationally, and Freshman Meredith Stuart, (584 – 36x) earned sixth



**Elizabeth Probst**

place Texas Individual and 29th Nationally.

A total of 49 teams competed with 247 competitors from across the Nation. The team will compete for the second round of competition on April 1, 2021.

Round 2 of the American Legion Postal runs from Feb. 15 to April 1, with the top 15 athletes from each discipline competing at the National Championship in July. To learn more, visit the CMP website at <https://thecmp.org/youth/american-legion/> or the American Legion site at <https://www.legion.org/shooting>.

# UNIVERSITY OF AKRON

*The University of Akron Zips made their first NCAA Championship appearance as a team in March 2020 – topping a record-setting season that came to an abrupt halt when the pandemic emerged. The team was ranked in the Top 10 all season and reached a program-high No. 4. The team also achieved its highest finish in the Great America Rifle Conference since joining the league in 2015.*

*In 2016, the University of Akron played host to the first NCAA National Championship to include both smallbore and air rifle competitions at the same range. The range built for that inaugural championship now travels to the NCAA host site each year.*

*Zips athlete Andre Gross was the runner-up in the 2019 NCAA Rifle Championship smallbore competition. Head coach Newt Engle has been with the team for over 40 years – beginning as an athlete before taking his current position in 1977. Engle took over for Nancy Worsencroft, who coached the team from 1968 to 1977 and was the university's first female coach as well as the first female head coach in the USA, with an all-male team.*

*The Zips began the 2020-2021 season with a fifth place ranking and have so far tallied a record of 5-1 for the season. In their most recent match against Army, the Zips reached a team total of 2365 out of 2400 – two points shy of the school record.*

## REBECCA SPENCER



**Hometown/Junior Team:** Avella, Pennsylvania, Frazier Simplex Rifle Club

**What is your major?** I'm majoring in Psychology, with a minor in Spanish. I chose psychology because I love the complexity of the mind. I also chose to minor in Spanish after learning about a study abroad opportunity where I ended up going to Spain in June of 2019. My favorite class so far has been positive psychology.

**Favorite junior match?** My favorite junior match was JOs (Junior Olympics) in Colorado Springs. I loved being able to travel to Colorado and having the opportunity to shoot at the Olympic training center.

**Do you have a lucky charm?** I have several sticky notes attached to my stand that act as reminders for me throughout my Match, such as "trust my hold" and "trigger."

**What is a practice day like for you?** Practice days are always different for me. I mainly try to focus on things that may not have felt right either during the previous match or even the day before. However, I always make sure to focus on having the right mentality during every single training session.

**What has rifle taught you?** Rifle has taught me to work hard and have patience. When you put in the time and effort to this sport, it will eventually pay off. Also, with this being my senior year on the team, I learned to have gratitude for everything rifle has brought me.

**Final thoughts?** My advice to shooters would be to surround yourself with people who want to see you succeed. They'll help push you to be the best you can be. Also, don't be afraid to ask for help, no matter what level of shooting you may be at.



# Q&A WITH ATHLETES AND COACHES

## JEANNE HAVERHILL



**Hometown/Junior Team:** Coopersburg, Pennsylvania, Ontelaunee Junior Rifle Team

**What is your major?** I am a Public Relation and Sports Management double major. I have chosen Public Relation as my major because I enjoy advocating for things that bring me joy, and I just recently added my second major for my future plan of becoming a rifle coach. I love the sport of shooting and want to continue having it in my life. My favorite class I have taken so far is Intercultural Communications. I was able to use my past experiences during the class and learn how different cultures communicate.

**What other clubs/sports/hobbies did you have in high school?** In high school, I was a part of my school's rifle team and robotics club. My hobbies include hiking, kayaking and sleeping

**Do you have a mantra?** "Do not look where you do not want to go." This allows me to stay positive and only think about what I can control in the moment.

**What is a travel match like for you?** A travel match is a chaotic, organized mess. It is also a lot of time in the van with my teammates trying to occupy each other. I like to have a routine and make sure I have everything I need while traveling and make sure I will not be stressed looking for my butt plate or sling. During the match, I like to focus on every individual shot and make sure I can do anything I can on each shot.

**Advice for new competitors joining the sport?** My advice for new competitors is to try and shoot as many matches as you can, even if it's a prone match or 3P air rifle. All matches help you in a multitude of ways. I would use different matches to help with match pressure. I used outdoors matches to help with sight clicking and being put into stressful situations, like running out of time.

**Final thoughts?** A piece of advice I'd like to give is to make sure all your equipment is ready and is working properly. This is a mental check that you can use to relieve stress at a competition.

**STORY CONTINUED ON NEXT PAGE**



**NOTE:** The CMP website now has an entire page dedicated to College Resources. Located under the Youth dropdown, College Resources provides a full list of colleges with NCAA Rifle Teams, along with contact registries and other info on how to continue your career after high school.

# UNIVERSITY OF AKRON

## NEWT ENGLE

### University of Akron Head Coach



**Were you a shooter before coaching?** Coming from Canton, Ohio, with absolutely no previous rifle experience, I joined the UA rifle team in the fall of 1974. I won the Lake Erie Intercollegiate Rifle Championship (LEIRC), which was only smallbore back then, in 1975 as a sophomore, again in 1976 as a junior and finished in second place my final season of 1977. I was appointed team captain in 1976 and 1977.

My senior year in college (1977), my coach, Nancy Worsencroft, suffered an injury and asked me to take over as the team coach. Reluctantly, I agreed, but only until she came back. Still waiting... :)

**Favorite reason for coaching:** Selfishly, it keeps me young. Being around college students is invigorating and rejuvenating. I totally enjoy their excitement for our sport and for life in general. Watching my team members

(which has included my two daughters) experience collegiate life as a Division I athlete while they transform from high school kids to young adults ready to conquer the world is amazing. Then being appraised of how they are doing after graduating with jobs and families is equally wonderful. I received a long-awaited engagement notice just this morning.

**What is a day as your shooter like?** Wake up in the morning knowing your coach is actively interested and following your progress in the classroom. I have often said, "I don't know of any rifle athlete who has graduated with a degree in rifle." Thus, get up early and be darn good and ready for classes. Finish classes by early afternoon so you can get two to three hours of good trigger time on the range. Either Coach Newt or Coach Connor will be there to make sure things are going your way. Attend a team meeting (virtual of course) every day at 5:30. Don't be late or, God forbid, absent. Get a good meal, get in some physical conditioning and get some good sleep. Repeat tomorrow.

**What is your biggest challenge as a coach?** Head work. The recruits joining the team are coming to Akron with quite a bit of experience. They know where all the parts and pieces go and know how to rough in any of the positions. Some know how to think, some do not. But, all can use advice or training on what should be going on between their ears – sometimes for rifle related issues, sometimes for life in general.

Either way, Connor and I are here to help do what I call "load the hard drive." We spend considerable time giving advice on how to play the game. The challenge is everyone is playing the game differently and needs different advice. So, we give them what we have and then help them choose what works best for them. When it works, and it always eventually does, the results are simply magic – for both rifle and life.

**Advice for junior shooters wanting to compete in college?** Be the squeaky wheel! Referring to the old adage, "The squeaky wheel gets the oil." There are hundreds, if not thousands, of rifle recruits, and only a few dozen college rifle coaches. If you are really serious about shooting in college, do not be shy about contacting coaches. And, for goodness sake, earlier is better – no later than the very beginning of your junior year of high school. Secondly, be sure you want to compete in college. You have the choice of being on a club team or a NCAA team. If you don't know the difference, call a coach. Somehow or someday, it is more than likely possible for you to realize your dream. But, be heard!

**Advice for college athletes and graduating college seniors?** I know it is cliché, but remember from where you came. Be sure to give your parents a big hug, and say thanks. Be sure to thank your junior and college coaches. Live your life, enjoy your job and look for a junior or collegiate program that will benefit from your help. I know it is a really busy time of life for everyone, but try to find the time to stay hooked in the shooting sports just a little by offering to help. The rewards are remarkable.

**Final thoughts?** After 46 years with this team as an athlete or coach, anyone who knows me knows I have a



# Q&A WITH ATHLETES AND COACHES

## COACH ENGLE CONTINUED...

story for just about anything. So here is my Top 10...

Had you worried for just a minute there, didn't I? Well, I won't bore you with any long-lost episodes in my rifle life, but I will say it has been, and continues to be, one heck of a ride. I wouldn't change a thing.

## CONNOR O'MARA

**University of Akron Assistant Coach**



**Hometown:** Honeoye Falls, New York

**What did you do in college?** I competed for The University of Akron and also graduated from The University of Akron with my Bachelor of Science of Mechanical Engineering.

**Favorite reason for coaching:** My favorite reason for coaching is watching these athletes grow, both athletically and personally. Not only in the mechanical and mental aspects of shooting, but also watching them grow into being the best they can be for themselves in the world.

**What is a day as your shooter like?** On Monday through Thursday, training is rather open-ended, with a block time from noon to 5:30 p.m. Athletes are given the direction that they are to train for three hours during that time. Athletes are able to train at times that is convenient to their schedules this way. A short team meeting begins at 5:30 p.m. every day.

**What is your biggest challenge as a coach?** My biggest challenge as an assistant coach is trying to understand how to help each athlete. Every single one of them is different, needs different things and needs to be spoken to in a different way (sometimes multiple different ways). There is a bit of trial and error in understanding what each athlete needs and how to get them what they need efficiently. Stereotypically, engineers do not make the greatest of people-persons, but this position absolutely requires it.

**Advice for junior shooters wanting to compete in college?** Some advice for juniors wanting to compete in college would be to do what you can to make sure you know how to study effectively and can maintain decent organization. This will benefit you for the entirety of your collegiate career and into your professional career.

An additional piece of advice would be, while it may feel to you like you're pestering coaches with updates on your competitions during recruitment, you're not. We love to see the scores, and honestly, some stuff gets lost in the inboxes during the NCAA season. So, do your best to keep up the communication between a prospective coach/assistant coach.

**Advice for college athletes and graduating college seniors?** While college athletics is a full time commitment, don't forget to enjoy yourself in the moment. From the words of Ferris Bueller, "Life moves pretty fast. If you don't stop and look around once in a while, you could miss it."

As you leave the program, do your best to give back to the community that brought you up and molded you into the person you are now. To relate this to myself, after graduation, I went back to Rochester and helped out as a junior coach for the Rochester Rifle Club – the junior club that gave me the opportunities that led to my tenure at The University of Akron.

**Final thoughts?** All Gas, No Brakes. Go Zips.

# UNIVERSITY OF AKRON

## BRENDAN SEITZ



**Hometown/Junior Team:** Milford, Massachusetts, Maspenock Rod and Gun Club and Taunton Marksmanship Unit

**What is your major?** Biomedical Science. I have always loved learning about what happens in our bodies and how they work. My favorite class is most likely Biology right now. In the grand scheme of things, I would like to work in a hospital someday because I love helping people who are in need of care.

**What/who got you involved in rifle?** When I was younger, I was shooting BB Gun well, and my parents mentioned that there was a junior team at my club down the road. At the first practice, my coach said that he'd

get me a D1 rifle scholarship. We didn't believe him, yet here I am on Akron's team.

**How much do you practice?** Typically, I shoot four days a week and at minimum three hours each day. Then, I have a match each weekend, whether it is at home or away. Depending on what my training plan for the day is will determine which gun I train with that day.

**What is a week at college like?** A week at college is basically school, school, school, school, a little bit of rifle, school, some more rifle, a rifle match, school, then hopefully some relaxing – and sometimes I can put sleep in that busy schedule. Rifle creates a nice break in the week, and it honestly relaxes me. It allows me to pause my busy schedule and do something I enjoy.

**What is the biggest life lesson you have learned from rifle?** The biggest thing that rifle has taught me is patience and self-discipline. Throughout my rifle and school career, I have been taught to not worry about one bad day or one bad shot. The good days and good shots will come, with practice and patience. The more you practice, the easier it will be to have your very best performance. This transfers over to my schoolwork too.

## ANTONIO REMEDIOS



**Hometown/Junior Team:** Medina, Ohio, Ashland Eagles Junior Rifle Club

**What is your major?** I'm currently enrolled in two majors, Mechanical Engineering Technology and Homeland Security and Emergency Management. I am interested in both fields, particularly mechanical design within mechanical engineering technology, and the homeland security part of homeland security emergency management.

Currently, my favorite class is actually my physics courses. It's very satisfying to complete the physics equations and use math to display why or how things work the way they do. But, I have taken many great classes like introduction to terrorism, hazardous weather or introduction to counter terrorism.

**How old were you when you got involved in rifle?** I was about 13 years old when I got involved via my local 4-H club, and I just kept going from there.

**Favorite rifle and stage?** I love shooting smallbore. My favorite position is prone, as I have always been very good at it. I plan on continuing to shoot it after college, just for fun, and maybe even picking up 300-meter fullbore to boot.



# Q&A WITH ATHLETES AND COACHES

## REMEDIOS CONTINUED...

**What do you do outside of rifle to train and better yourself?** Outside of rifle, I like to work out, but I found it's equally, or sometimes more important, to rest and not overwork yourself. It's also important to help manage other aspects in your life to help deal with stress and things like that. Making a simple plan for your week helps with this a lot.

**Future plans?** I plan on continuing my competitive shooting career into 300 meter competition. Of course, competitive shooting will be much more of a hobby of mine by this point as I will be busy building my career in engineering as well as life and a family, but I plan on never stopping shooting.

**Final thoughts?** I encourage anyone with interest or goals to pursue competitive shooting. It's a wonderful hobby where all sorts of lessons can be learned and applied to all aspects of life. Great lifelong friends will be made, not to mention it's a lot of fun.



Throughout its history, the CMP has prepared an ever-growing number of shooters with firearm safety and marksmanship skills through its programs, clinics and other events. With the hope to spread the promotion of marksmanship and shooting sports, other organizations have joined CMP in its efforts by creating their own hometown clubs. Whenever possible, we recognize these clubs and their achievements in our publications. If you would like your club recognized, please email photos, captions and a short article to [abrugnone@thecmp.org](mailto:abrugnone@thecmp.org).

## Granbury Rifle Wins State!

*Submitted by LtCol Scott Casey, USMC (ret.)*

The Granbury Marine Corps JROTC rifle team of Granbury, Texas, claimed the STATE title at the 2020-21 Civilian Marksmanship Program Three Position Air Rifle Championships on January 30, 2021 hosted at the Granbury High School Marksmanship Center.

The state-winning precision team was composed of: Parker Haydin, Kaylynn Slaughter, Ashton Arlington, and Sarah Folsom. A second squad placed seventh in state and was comprised of: Sunnee Schumann, Caroline Martin, Kameron Wells and Alexis DeLaPena. Granbury's third team placed tenth in state and was comprised of Tye Foster, Julia Czernick, Cadince McGrath and Jonathan Hutchison.

Haydin lead the Pirates shooting a 591-46 out of 600-60 and took third in the individual competition, while Slaughter took home fourth place shooting a 590-44 and rounding out the top eight Arlington placed sixth and Folsom placed eighth.

"Our kids fought for every point in the competition taking home the state title with 14 points separating 1st and 2nd place in the team category above Texas Hill Country Shooters. Also, when you break it down, four of the top eight shooters in Texas are from Granbury – that is huge with such a young squad," commented Lt. Col. Scott Casey, Senior Marine Instructor and Coach. "The momentum we gained at this match should serve us well as we shoot in several national-level matches over the next few months."

The state contest featured over 150 shooters representing teams from across the state of Texas and Louisiana. In addition to claiming the state title the team received a bid to compete in the Regional Air Rifle Championships this spring.

If you'd like to find your local club, visit the CMP Competition Tracker Page at <https://ct.thecmp.org/app/v1/index.php?do=clubSearch> to become involved.



# State Director Stories

## State Directors Recognized for Service to Youth

The CMP State Directors are the attentive influencers of youth marksmanship programs in each of the 50 states. Their mission is to provide leadership, resources, program information, coordination, networking and publicity to juniors and their supporters as well as to serve as a local connection to the CMP and its opportunities.

Though all acting State Directors share a love of marksmanship and a commitment to safety, some have devoted a significant portion of their lives to the cultivation and expansion of the sport – coming back year after year to continue their work. Here, the CMP acknowledges and sincerely thanks the following State Directors who have reached notable years of service to the junior community.



### State Directors

## 5+ Years

- Andrea Miller, Maryland
- Yuji Hata, Hawaii
- Christopher Deming, Kentucky
- Gregg and Diane Rice, Indiana
- Joseph Mueller, California
- Harry Flynn, North Carolina
- Lisa Kelley, Georgia



### State Directors

## 10+ Years

- Randy Shikashio, Idaho
- Robert Tyler, Sr., Colorado
- Steve Knutson, Minnesota
- Terrence Pitts, Florida
- Jennifer Canfield Schmitt, New York
- Tim Morrissey, Kansas
- Thomas Monto, Michigan



### State Directors

## 15+ Years

- Bruce Bowler, Alaska
- Jonathon and Barbara Shew, Oregon



### State Directors

## 20+ Years

- James and Virginia McLemore, New Mexico
- Richard Whiting, West Virginia
- Dudley Irvine, Wyoming
- Russell and Vickie Evans, Ohio
- Tina and Raymond Odle, Illinois
- Paul Davis, South Carolina
- John Leinberger, Missouri
- Arnold Vitarbo, Utah

In order to maintain a positive connection to each of the State Directors and to preserve their foundations with one another during COVID, CMP has coordinated virtual meetings. CMP staff members and State Directors continue to discuss ongoing efforts and prospective new offerings for their state programs in the coming year.

Find out more about each CMP State Director by visiting the CMP website at <https://thecmp.org/training-tech/state-director/>. Feel free to contact your State Director at any time with questions, comments or concerns.

NOTE: State Director positions remain open for Tennessee and Delaware. Those interested in filling these positions may contact Lue Sherman at [LSherman@thecmp.org](mailto:LSherman@thecmp.org).



# Sign Up Now for the 2021 Camp Perry Open, Now Featuring Smallbore Rifle!

CAMP PERRY, Ohio – The Civilian Marksmanship Program's (CMP) annual Camp Perry Open indoor air gun match is fast approaching! Celebrating its 15th season, the 2021 Camp Perry Open will boast an exciting new schedule, including a smallbore rifle match (featuring modern scoring technology) and an educational pistol clinic – led by one of the country's most renowned marksmen!

Traditionally held in January, the 2021 Camp Perry Open will return May 21-23, to the Gary Anderson CMP Competition Center in Ohio. Capacity is limited, so sign up now to save your place on the firing line!

The popular event features a junior 3x20 air rifle match as well as 60 Shot air rifle and pistol competitions for adults and juniors. Welcoming athletes of all experience levels and capabilities, an adaptive shooting category is also offered under the World Shooting Para Sport classification system.

For the first time, the 2021 Camp Perry Open will include a corresponding 3x40 smallbore rifle match on May 21. The match will take place on Camp Perry's Petrarca Range, conveniently located next to the air gun facility, and will utilize the Orion Scoring System electronic app technology.

Offering more than competition, the Camp Perry Open will host a rifle and pistol clinic in Camp Perry's Hough Auditorium. The rifle portion will be led by current NCAA



athletes, while pistol will be headed by retired Army Marksmanship Unit member and CMP pistol program coordinator, Jim Henderson.

To register for the Camp Perry Open or to learn more, visit <https://thecmp.org/cmp-matches/camp-perry-open/>. We hope to see you there!

## About the Gary Anderson CMP Competition Center:

The Gary Anderson CMP Competition Center at Camp Perry houses an 80-point indoor air gun range – equipped with a full line of electronic targets, powered by Kongsberg Target Systems. The targets instantly return shot scores on an LED display monitor located next to each competitor. The Competition Center is open five days a week for open public marksmanship and also offers Monthly Matches throughout the year. Rental equipment and pellets are available for a small fee.



*For the first time, a smallbore match will be offered during the Camp Perry Open.*

# ON THE MARK

Corporation for the Promotion of  
Rifle Practice and Firearms Safety  
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